

MENTAL HEALTH CENTER (MHC) ADVISORY BOARD
Monday, October 23, 2017
Olathe

MINUTES

Members Present: Commissioner Jim Allen, Roger Cooper, Gordon Docking, Erin George, **Jane Fletcher**, Nancy Ingram, Judge Michael Joyce, Tom Keary, Michele Lockwood, Janice Love, Marilyn Scafe, Michael Seitz, and Scott Tschudy (**absent**)

Staff Present: Tim DeWeese, Susan Rome, Maury Thompson, Megan Clark and Donna Berry

Guest(s) Present: Harry and Mary Bognich and Tom Gottschalk

Call to Order/Adoption of Agenda/Public Comments –

The meeting was called to order by Mr. Seitz at 5:30 pm. Guests were welcomed. There were no public comments. Mr. Seitz announced that November 7th is Election Day and everyone is urged to vote.

Ms. Scafe moved to approve the agenda. Mr. Docking seconded. Motion carried.

Meeting Minutes Approval –

Ms. George moved to approve the minutes of September 25th. It was noted that the date at the top needs to be changed from August 28th to September 25th. Mr. Tschudy seconded. Motion carried to approve minutes as amended.

BOCC Liaison Report –

- Commissioner Allen reported that Johnson County Parks and Recreation was selected as the gold medal program in the country for communities over 400,000. He also updated on other activities happening county-wide and other national recognitions for county departments. The final design for the new courthouse has been chosen and should be announced in the next few weeks.

Program Report(s) –

- *Johnson County Suicide Coalition Overview* – Ms. Rome introduced Megan Clark and her work with the Suicide Coalition. She reviewed her presentation and shared that the Coalition will soon be celebrating their five year anniversary. The annual “report out” event will be held on Thursday, November 30th from 8-9:30 am at the Arts & Heritage Center. She distributed a list of resources highlighting services available for those in need. She then introduced Tom Gottschalk, parent of a child who committed suicide, who shared information about the “Flippin Sweet Disc Golf” tournament and how it came to be. Coalition meetings are held on the 4th Thursday of every month at the Olathe offices (1125 W. Spruce St.) and she invited anyone interested to attend. A list of agencies involved the coalition will be sent to the group.

Dashboard/Financial Update –

- Mr. DeWeese shared the report and stated fee-for-service revenue is expected to be approximately \$2 million over original projections. He also reported the fund balance is predicted to be 7-8% over original projections and all clinical outcomes are positive as well.

Action Items –

- *Request for Addl Resources – Immediate Action Request (IAR)* – Mr. DeWeese reviewed his presentation as distributed which outlines the reasoning behind the needed request to the BOCC. Discussion took place for clarification on why the request is not bigger.

Mr. Docking moved to approve making the request of the BOCC, Mr. Keary seconded. Motion carried.

Director's Report –

- Mr. DeWeese asked the group to read his report as distributed (see attached) and highlighted the JoCo magazine article and excellence in community service award that will be given to JCMHC by UCS. He also reported on giving a keynote address at the Pathway to Hope gala.

Board Member(s) Concerns/Comments –

- Ms. George reported the staff picnic held on October 20th was fun.
- Mr. Cooper reported he and another gentleman went to Gardner to observe the Strengthening Families program. They are working have the program start in northern Johnson County in the fall or early the next year.

Ms. Love moved to adjourn at 7:01 pm. Mr. Tschudy seconded. Motion carried.

Meeting adjourned at 7:01 pm.

The next MHC Advisory Board meeting will begin at 5:30 p.m. Monday, November 27, 2017, at the Olathe office (1125 W. Spruce St).

Submitted by:

Donna Berry

Director's Report

October 2017

1. Announcements

JoCo Magazine Story: Addressing suicide in our community

JoCo Magazine Story: Co-Responder Program

UCS Excellence in Community Service Award

Keynote Address at Pathway to Hope's 2017 "Night of Hope" Gala

2. Brief Solution Focused Therapy Training Initiative

Solution Focused Brief Therapy (SFBT) - A two day training that serves as an introduction to a brief therapy approach that utilizes solution-building rather than problem-solving. Participants will learn how to engage in a collaborative therapeutic relationships, discover exceptions to problems, help clients find the "answers within," develop useful goals, and facilitate lasting changes. In order to sustain the learning experience the training will be followed up by six consultation meetings. During the 2 hour face-to-face sessions, clinicians will role play skill sets to effectively translate theory into practice.

3. Brief Jail Mental Health Screens (BJMHS)

In November 2016, the Johnson County Sheriff began conducting Brief Jail Mental Health Screens (BJMHS) for all arrestees booked into the jail. Individuals that are in need of mental health services are now identified and the information is provided to the Mental Health Center. As a result, 42% of potential clients are now located and contacted within the targeted 72-hour period following release. Of those, 30% are successfully referred and/or connected to services.

Unfortunately, we do not have adequate staff to engage and begin serving clients prior to release from custody. In order to improve our impact, Johnson County Mental Health Center intends to employ two grant funded, full-time care coordinators to engage clients, assess their immediate needs, and connect them with needed treatment and community services. The addition of these staff will help stabilize these individuals and will likely deter many of them from secure jail detention in the future.

The proposed project falls under corrections and community corrections programs and addresses the top priority of the Kansas Criminal Justice Coordinating Council's Kansas Statewide Strategic Plan for FY 2015-2015: "To allocate resources to evidence-based practices that improve the criminal justice response to mental illness." We believe that our impact will be greatly improved by engaging individuals before they are released from custody.

4. Johnson County Suicide Prevention Coalition's - Free Gun locks Initiative

"Research suggests that reducing the availability of highly lethal and commonly used suicide methods has been associated with declines in suicide rates of as much as 30% –50% in other countries. This means impeding access to a highly lethal means such as guns through the use of gun locks and bridge barriers saves lives. We appreciate the Johnson County Suicide Prevention Coalition's efforts to curb the increasing number of suicides within our community and providing access to free gun locks at Mental Health facilities is a small but hopefully impactful measure."

Reducing the availability of highly lethal and commonly used suicide methods has been associated with declines in suicide rates of as much as 30% - 50% in other countries. The theory and evidence underlying means restriction is outlined. Most evidence of its efficacy comes from population-level interventions and natural experiments. In the U.S., where 51% of suicides are completed with firearms and household firearm ownership is common and likely to remain so, reducing a suicidal person's access to firearms will usually be accomplished not by fiat or other legislative initiative, but rather by appealing to individual decision, for example, by counseling at-risk people and their families to temporarily store household firearms away from home or otherwise making household firearms inaccessible to the at-risk person until they have recovered. Providers, gatekeepers, and gun owner groups are important partners in this work.

5. County-wide Positive Behavior Support (PBS) Project

The MNH Department is Partnering with the Corrections Department, Johnson County Developmental Supports and the University of Kansas on this county-wide Positive Behavioral Supports (PBS) initiative. The purpose of this county-wide project is to increase both the quality of life and the likelihood that youth and adults with challenging behavior related to mental health, substance use, or intellectual or developmental disability will be able to remain successfully in their home, school, work and community settings. Recently members of the County-wide PBS Leadership Team were asked to present at the 2018 Positive Behavioral Supports Annual Conference

6. One Mind Campaign - Improving Police Response to Persons Affected by Mental Illness

International Association of Chiefs of Police (IACP) has launched The One Mind Campaign which seeks to ensure successful interactions between police officers and persons affected by mental illness. To join the campaign, law enforcement agencies must commit to implementing four promising practices over a 12-36 month time frame. To join the campaign, law enforcement agencies must commit to implementing four promising practices over a 12-36 month time frame.

Four Strategies:

- Establish a clearly defined and sustainable partnership with one or more community mental health organization(s)
- Develop and implement a model policy addressing police response to persons affected by mental illness
- Train and certify 100 percent of your agency's sworn officers (and selected non-sworn staff, such as dispatchers) in Mental Health First Aid for Public Safety
- Provide Crisis Intervention Team training to a minimum of 20 percent of your agency's sworn officers (and selected non-sworn staff, such as dispatchers)