

MENTAL HEALTH CENTER (MHC) ADVISORY BOARD

Monday, March 25, 2019

Olathe

MINUTES

Members Present: Commissioner Becky Fast, Roger Cooper, Gordon Docking, Erin George, Nancy Ingram, Judge Michael Joyce, Michele Lockwood, Marilyn Scafe, Michael Seitz, Fabian Shepard, Anne Timmons, Scott Tschudy, Mike Walrod and **Ken Whiteside (absent)**

Staff Present: Tim DeWeese, Tanner Fortney, Susan Rome, Joe Connor, Maury Thompson, John Bergantine and Donna Berry

Guest(s) Present: Harry and Mary Bognich

Call to Order/Adoption of Agenda/Public Comments –

The meeting was called to order by Mr. Seitz at 5:30 pm. Member introductions were made as we have four new board members.

Mr. Docking moved to approve the agenda as amended. Ms. Ingram seconded. Motion carried.

Board Member Comments/Concerns –

The following comments were made by the members:

- New knee is doing great
- Discussed Olathe schools partnering with the rotary club to support students with mental health needs. Very powerful presentation.
- Grass growing outside and no snow!
- The three larger Johnson County school districts have advocated well for their students needing MH assistance. JCMHC has never hesitated to work tirelessly to provide this assistance. However, the need grows daily.

Meeting Minutes Approval –

Mr. Seitz entertained a motion to approve the January meeting minutes.

Ms. George moved to approve the minutes of January 28, 2019. Judge Joyce asked that a correction be made in a word used in Member Comments (thing to think). Mr. Gordon seconded approval as amended. Motion carried.

BOCC Liaison Report –

Commissioner Fast briefly discussed the BOCC budget meeting, noting that she has requested an increase in crisis funding. It was suggested that Mr. DeWeese attend a BOCC study retreat to prioritize crisis support. She also reported that the budget retreat is beginning this week with housing one of the priorities.

Program Report –

- *CARF Update* – Ms. Rome presented on the Commission on Accreditation of Rehabilitation Facilities (see attached). She remarked that we have been discussing obtaining this accreditation for several years and our visit will take place April 24-26, 2019.

Performance Metrix Update –

Mr. Fortney reviewed the performance metrics and presented the 2018 annual report. He also reviewed the new organizational score card and data included. Discussion took place regarding the metrix goal for suicides and it was agreed to show that item as yellow rather than green.

Director's Report –

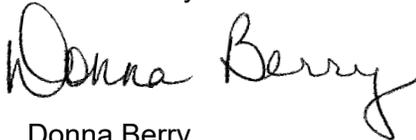
Mr. DeWeese reviewed the director's report as distributed (see attached).

Mr. Seitz entertained a motion to adjourn the meeting. Mr. Docking moved to adjourn. Ms. Lockwood seconded. Motion carried.

Meeting adjourned at 6:30 pm.

The next MHC Advisory Board meeting will begin at 5:30 p.m. Monday, May 20, 2019, at the Olathe offices (1125 W. Spruce, Olathe, KS).

Submitted by:

A handwritten signature in cursive script that reads "Donna Berry". The signature is written in black ink and is positioned to the left of the printed name.

Donna Berry

CARF

Commission on Accreditation of Rehabilitation Facilities



Mission of CARF

- To promote quality, value, and optimal outcomes of services through a consultative accreditation process and continuous improvement services that center on enhancing the lives of persons served.

Vision and Values

- Vision: Serve as a catalyst for improving the quality of life of the persons served.
- Moral Ownership belongs to our clients.
- Values: All people have the right to be treated with dignity and respect; have access to needed services that achieve optimal outcomes; should be empowered to exercise informed choice.

Benefits of Accreditation

- Funding
- Business improvement
- Accountability
- Positive visibility
- Peer network
- Potential insurance discounts

Deemed Status

- K.S.A. 39-2008(e). Programs and treatments provided by a community mental health center that have been previously licensed by the secretary for aging and disability services and that have also been accredited by the commission on accreditation of rehabilitation facilities or the joint commission, or another national accrediting body approved by the secretary for aging and disability services, shall be granted a license renewal based on such accreditation.

Programs & Service Seeking Accreditation

Case Management

Therapy

Crisis Recovery Center

Adolescent Center for Treatment

ASPIRE

- Assess the environment
- Set Strategy
- Persons served and other stakeholder input
- Implement the plan
- Review results
- Effect change

Preparation

- 2017 - Review of CARF standards and processes; began review and revision of procedure manual
- 2018 - Completed revision of procedure manual and continue to make continuous improvement; core CARF committee began, expanded in December
- 2019 - Committee completing tasks for preparation (3/10), core group finalizing

CARF Standards

- 1.A. Leadership
- 1.C.Strategic
- 1.D. InputClients.Stakeholders
- 1.E. Legal
- 1.F. Financial
- 1.G. Risk Management
- 1.H. Health and Safety
- 1.I. Workforce Dev
- 1.J. Technology
- 1.K. Rights of Persons Served
- 1.L. Accessibility
- 1.M. Performance Measurement.Mgmt
- 1.N. Performance Improvement
- 2.A Program Structure
- 2.B. Screening.Access
- 2.C. Person-Centered Plan
- 2.D. Transition.Discharge
- 2.E. Medication Use
- 2.F. Promoting Nonviolent Practices
- 2.G Records of Persons Served
- 2.H. Quality Records Mgmt
- ACT
- CRC
- Showcase

Survey Visit

April 24-26

Wednesday, April 24 - 8:45-9:30 am

Orientation Conference (all welcome)

Wednesday - Thursday: Standards review,
interviews, site/location visits, chart
reviews

Friday, April 26 -2:30 pm

Exit Conference

Director's Report

March 2019

1. **The Attachment and Bio-behavioral Catch-up (ABC)** - is an intervention to help caregivers provide nurturing care and engage in synchronous interactions with their infants. Young children who have experienced early maltreatment and/or disruptions in care can often behave in ways that push caregivers away. ABC helps caregivers re-interpret children's signals so that they provide nurturance even when it is not elicited. Additionally, many children who have experienced early adversity are dysregulated behaviorally and biologically. ABC helps caregivers provide a responsive, predictable environment that enhances young children's behavioral and regulatory capabilities.

ABC sessions are implemented by parent coaches who provide parenting training in the parent's home for weekly one-hour sessions over a period of ten weeks. Although session content is guided by a manual, the parent coach's primary role is to provide "in the moment" feedback about the parent's interactions with his or her child. Throughout all sessions, the parent coach observes the parent's behavior and makes comments on behaviors that relate to the intervention targets. This frequent "in the moment" feedback focuses attention on the target behaviors, which is expected to enhance the parent's understanding of the content and support the parent in practicing the target behaviors.

2. **The National Council's Addressing Health Disparities Leadership Program** - Supports mid-level managers to develop their voice, agency, and power to advance health equity within their organization and across their broader communities by:
 - a. Bolstering the development of their and others' skills to advance health equity within their organizations and communities.
 - b. Leading organizational and community efforts that advance health equity within a broader context of community diversity, inclusion and social justice

Josh Reese, who is the our supervisor for Prevention and Training, was selected in a highly competitive process as one out of twenty participants in the 2019 Addressing Health Disparities Leadership Program. This is an eight month program led by National Council staff and consultants who are nationally recognized experts in leadership development and health equity.

3. **EVERFI** - Mental Wellness Basics is a comprehensive blended-learning course designed to foster mental health and wellness in middle and high-school students. Grounded in evidence-based approaches, four self- paced digital lessons provide students with the knowledge and tools needed to take care of their mental wellness, develop and maintain a healthy mindset. Sponsorship of this course would allow accessibility to all public high schools in Johnson County, as well as all non-public high school institutions.
4. **Fund Balance Below 8%** - Mental Health staff met with Budget and Financial Planning staff on Monday, March 18, 2019 to discuss the Mental Health Department's fund balance, which has fallen below the 8%. In accordance with county policy, Mental Health staff was instructed to create a plan to bring the fund balance back to the required levels and present this proposal to the BOCC within 90 days. After reviewing the situation and considering several options, Mental Health has prepared the plan below.
 - I. Utilize the anticipated Community Mental Health Center Contract (CMHC) increase to back-fill lost revenue.
 - II. Reduce the residential program of the Adolescent Center for Treatment (ACT) program by approximately one third and provide an Intensive Outpatient Program (IOP).

- III. Restructure the Adolescent Center for Treatment (ACT) facility by eliminating the residential component and provide an Intensive Outpatient Program (IOP).
- IV. Delay filling vacant positions.

I would also note that while the policy indicates Mental Health staff shall present a plan to the BOCC within 90 days, it does not specify a timeframe in which the fund balance shall be restored to 8%. This seems to provide us with some flexibility and we could extend the deadline for the fund balance restoration beyond December 2019, if the BOCC is supportive. This would help to mitigate the impacts of any reductions as they could occur over a longer period of time.

- 5. **2020 Budget and Personnel Review Committee (PRC)** – Below are the positions we moved forward as part of the 2020 budget process.

Dept	FTE	Title	Est Revenue	Net County Tax Impact FY 2020	FY 2021 Ongoing Tax Impact	PRC Ranking (1 High)	H M L
MNH	1.00	After Hours Clinician	\$ -	\$ 97,204	\$ 96,804	1	M
MNH	1.00	Mobile Crisis Response Team (MCRT) Clinician		\$ 97,744	\$ 97,344	1	L
MNH	1.00	Deaf Services Clinician	\$ -	\$ 98,204	\$ 95,904	1	L
MNH	3.00	Case Manager	\$ 154,796	\$ 93,364	\$ 92,164	3	L
MNH	1.00	Pediatric Team Leader		\$ 122,668	\$ 120,368	4	L
MNH	2.00	Case Managers - Brief Jail Mental Health Screen (BJMHS)		\$ 165,840	\$ 161,240	5	L
MNH	1.00	Positive Behavior Support (PBS) Team Leader		\$ 122,668	\$ 120,368	5	L

Mental Wellness Basics Program Components



Digital Lessons

Through engaging interactive content and real-life scenarios, students are empowered to improve their own mental health as well as the mental health of others.



Turnkey Implementation in Schools

EVERFI's locally-based implementation team provides dedicated support for educators in target markets to ensure broadscale adoption and program success.



Robust Measurement and Assessment

Embedded student surveys and assessments illustrate program reach and impact on attitudes, behaviors, and knowledge gain.



Marketing and Event Support

EVERFI is committed to helping our partners share the impact of their mental health initiative through in-school and community events, video vignettes, and other campaigns.

Course Overview

Mental Wellness Basics is a self-guided course that aims to reduce the stigma associated with mental health conditions while supporting students in identifying and addressing mental health needs for themselves and others.

Example Topics

- The science behind mental health
- Overcoming the stigma of mental health disorders
- Establishing effective coping strategies
- Seeking help from others and supporting friends in need

Quick Facts

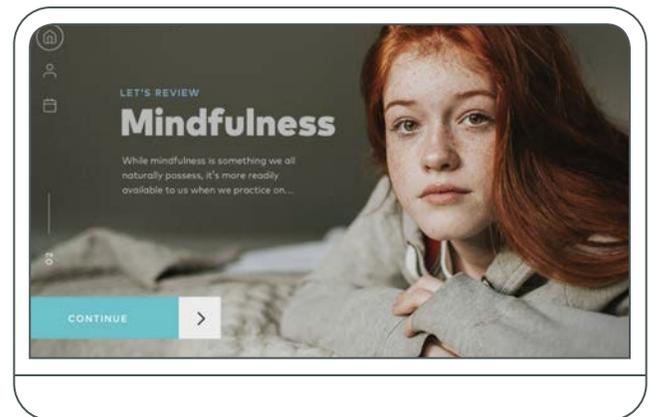
Grade Level: 8th - 10th

Total Lessons: 4 lessons, ~10 minutes each

Subject Fit: Health

Standards Alignment: National Health Education Standards (NHES); State Academic Health Standards

Learn more about EVERFI at everfi.com/k12



EVERFI is the leading education technology company that provides learners of all ages education for the real world, through innovative and scalable digital learning.

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