

# Suicide Prevention Update

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November 5<sup>th</sup>, 2013



# Suicide Rates

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- 91% increase in suicides in Johnson County between 2008 and 2012. Death by suicide rose from 45 to 86. (Johnson County Coroner Report)
- Suicide is the 10th leading cause of death, claiming more than twice as many lives each year as does homicide.
- Every 13.7 minutes someone in the United States dies by suicide.

# Timeline of Efforts

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- November 2012- Suicide Prevention Summit:150 people attended
- March 2013-Focus Groups: narrowed down to three goals
- May 2013-Key Leaders Event
- June 2013-Workgroups formed
- July 2013-Received \$13,000 award through KYSP (GLS Grant)
- August 2013-Suicide Prevention Panel (personal testimony of three panelists)

# Research Informed Communication Workgroup

- **WG Leader: Kyle Shipps**
- Meeting Dates: June 24<sup>th</sup> & July 25<sup>th</sup>, October 23<sup>rd</sup>
- **Strategic Direction 1: Healthy and Empowered Individuals, Families, and Communities**
- **Goal #2-Implement research-informed communication efforts designed to prevent suicide by changing knowledge, attitudes, and behaviors.**
  - Objective 2.1-Develop, implement, and evaluate communication efforts designed to reach defined segments of the population
  - Objective 2.2-Reach policymakers with dedicated communication efforts
  - Objective 2.3- Increase communication efforts conducted online that promote positive messages and support safe crisis intervention strategies
  - Objective 2.4- Increase knowledge of the warnings signs for suicide and how to connect individuals in crisis with assistance and care

# Research Workgroup Cont.

Two Subcommittees were formed:

- 1) Identify a team related to **adults** to discuss effective communication tools and techniques
  - Fact Sheet Developed with Facts, Warning Signs and Resources
  - Group will now work on best approaches to disseminate the information
  - Identify Target Locations
- 2) Identify a team related to **juveniles** to discuss effective communication tools and techniques
  - Event being planned with school personnel and partners/stakeholders

# Health Care Services Workgroup

- **WG Leader: Kimberly O'Connor-Soule**
- Meeting Dates: June 25<sup>th</sup>, August 6<sup>th</sup>, September 10<sup>th</sup>, October 29<sup>th</sup>
- **Strategic Direction 3: Treatment and Support Services**
- **Goal #8-Promote suicide prevention as a core component of health care services**
  - 8.3- Promote **timely access to assessment, intervention, and effective care** for individuals with a heightened risk for suicide.
  - 8.4- **Promote continuity of care and the safety and well-being of all patients** treated for suicide risk in emergency departments or hospital inpatient units.
  - 8.7- **Coordinate services** among suicide prevention and intervention programs, health care systems, and accredited local crisis centers.
  - 8.8- Develop collaborations between emergency departments and other health care providers to provide **alternatives to emergency department care and hospitalization when appropriate**, and to **promote rapid follow up after discharge**.

# Health Care Services Workgroup

- Priority is to promote the adoption of 'zero suicides' or every life has meaning/life is worth living
- Provide education to providers of crisis services and hotlines on HIPPA/Confidentiality
- App for suicide prevention – 'A therapist at your fingertips'
- Requesting data from MCOs to paint a picture of the fiscal impact of suicide to provide to legislators, doctors, hospitals, etc. to motivate in goal of every life has meaning

# Training to Community and Clinical Service Providers Workgroup

- **WG Leaders: Darren McLaughlin, Steve McCorkill, Bill Art, Dan Rasmussen**
- Meeting Dates: June 25<sup>th</sup>, July 23<sup>th</sup>, August 20<sup>th</sup>, October 29<sup>th</sup>
- **Strategic Direction 2: Clinical and Preventative Services**
- **Goals #7-Provide training to community and clinical service providers on the prevention of suicide and related behaviors.**
  - 7.1- Provide training on suicide prevention to **community groups** that have a role in the prevention of suicide and related behaviors.
  - 7.2- Provide training **to mental health and substance abuse providers** on the recognition, assessment, and management of at-risk behavior, and the delivery of effective clinical care for people with suicide risk.
  - 7.5- **Develop and implement protocols and programs** for clinicians and clinical supervisors, first responders, crisis staff, and others on how to implement effective strategies for communicating and collaboratively managing suicide risk.



# Training Workgroup Cont.

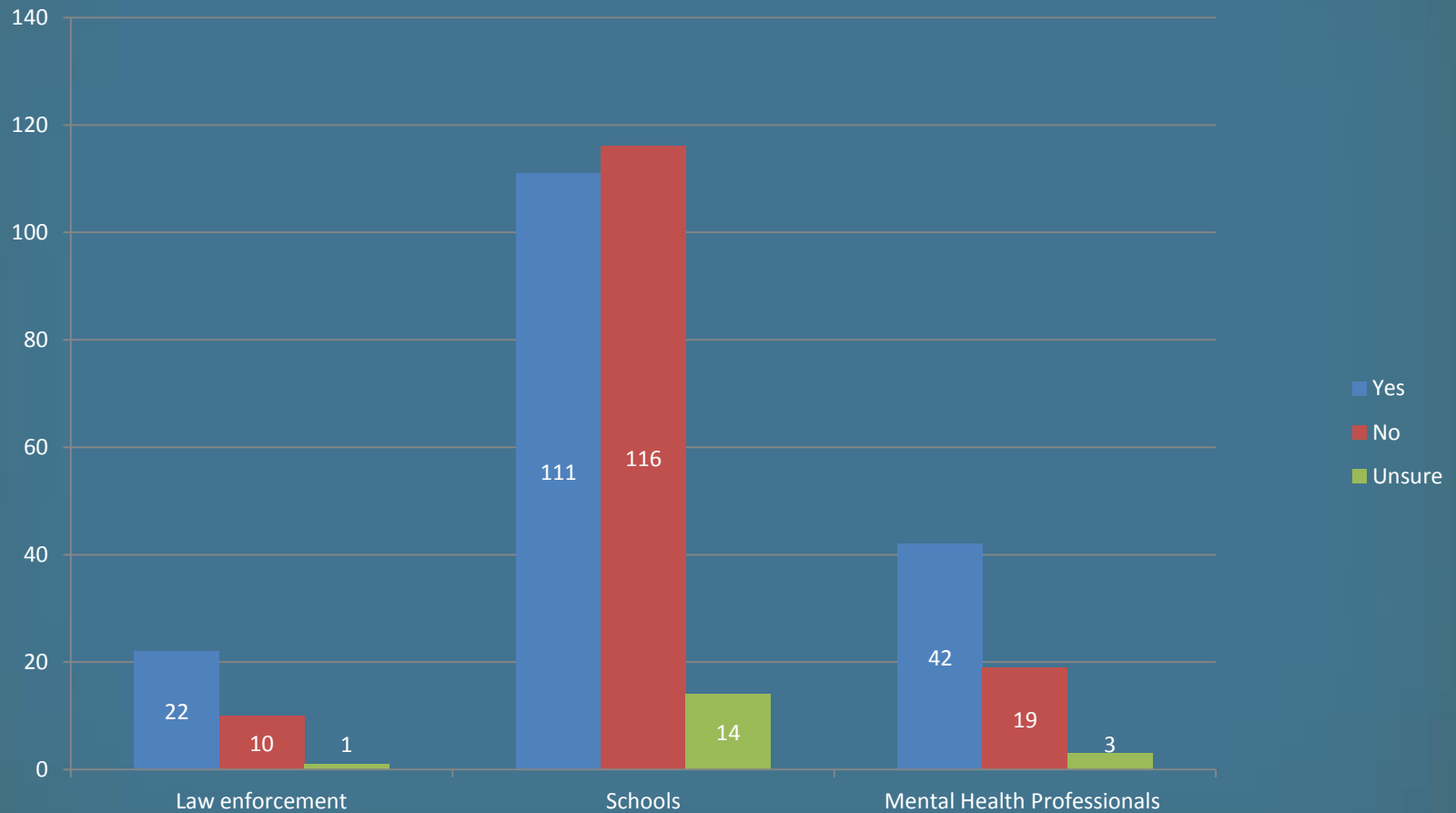
Three Subcommittees were formed:

- 1) Identify a team to create an online assessment tool to gauge training needs in our community
  - Utilize results to identify the target audience and training needs for our community
  - JoCo Mental Health awarded \$3,000 to host a local training (GLS Grant)
- 2) Identify a team to research common assessment tools-
  - What suicide risk assessment tools are available and currently being utilized in Johnson County?
  - How to provide recommendations of best practices to encourage a common language?
- 3) Identify a team to create list of resources-ex. crisis lines, MNH providers, services, etc.
  - Group will now work on best approaches to disseminate the information

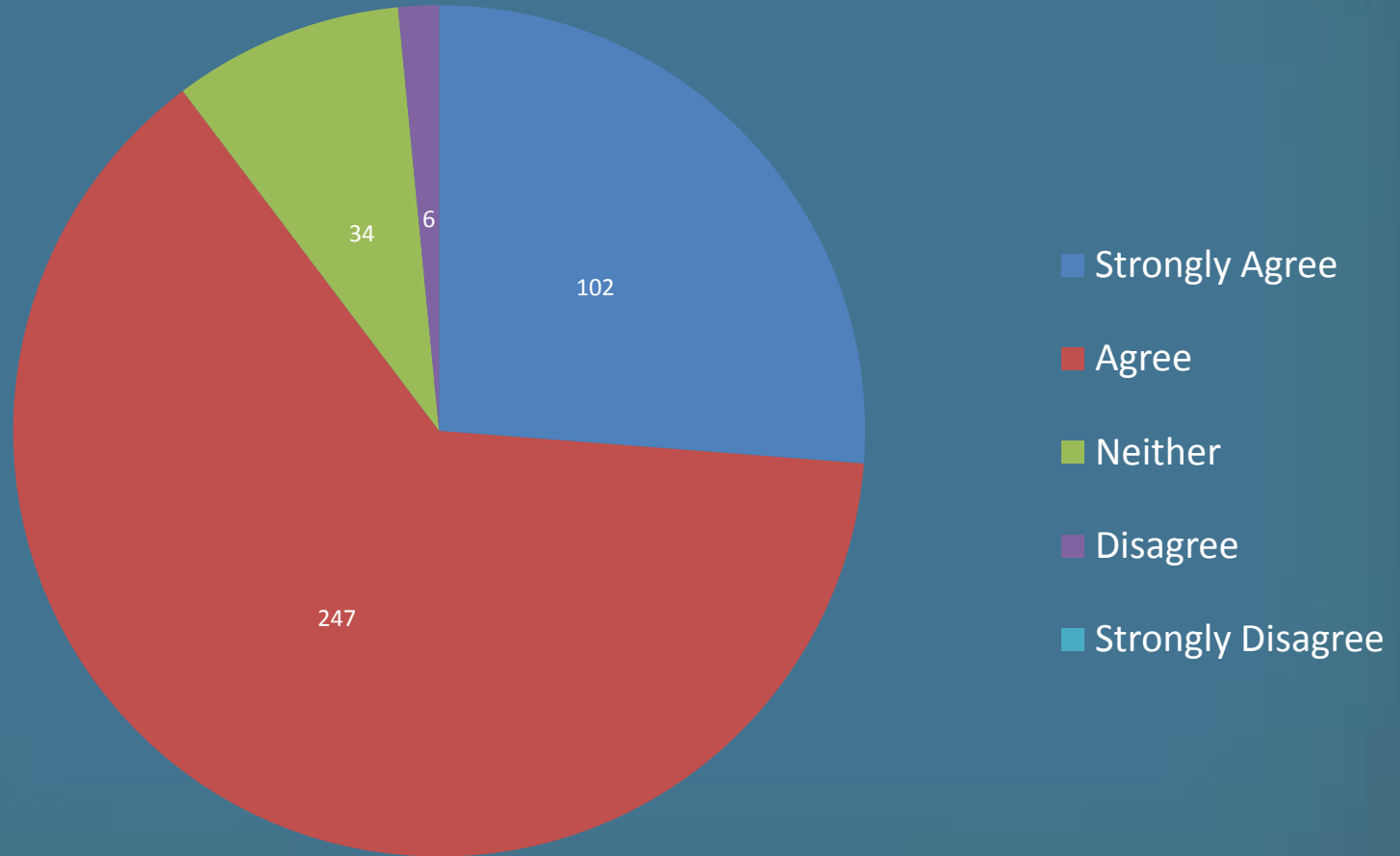
# Training Workgroup- Online Training Assessment

- Subcommittee created nine question survey in October
- Disseminated electronically through coalition contacts
- 401 responses to date
  - Includes responses from: Business, Healthcare, Religious, Youth Serving, etc.
- 61% from Schools/Education; 17% Mental Health; 8% Law Enforcement
- Data will be analyzed in November to identify training

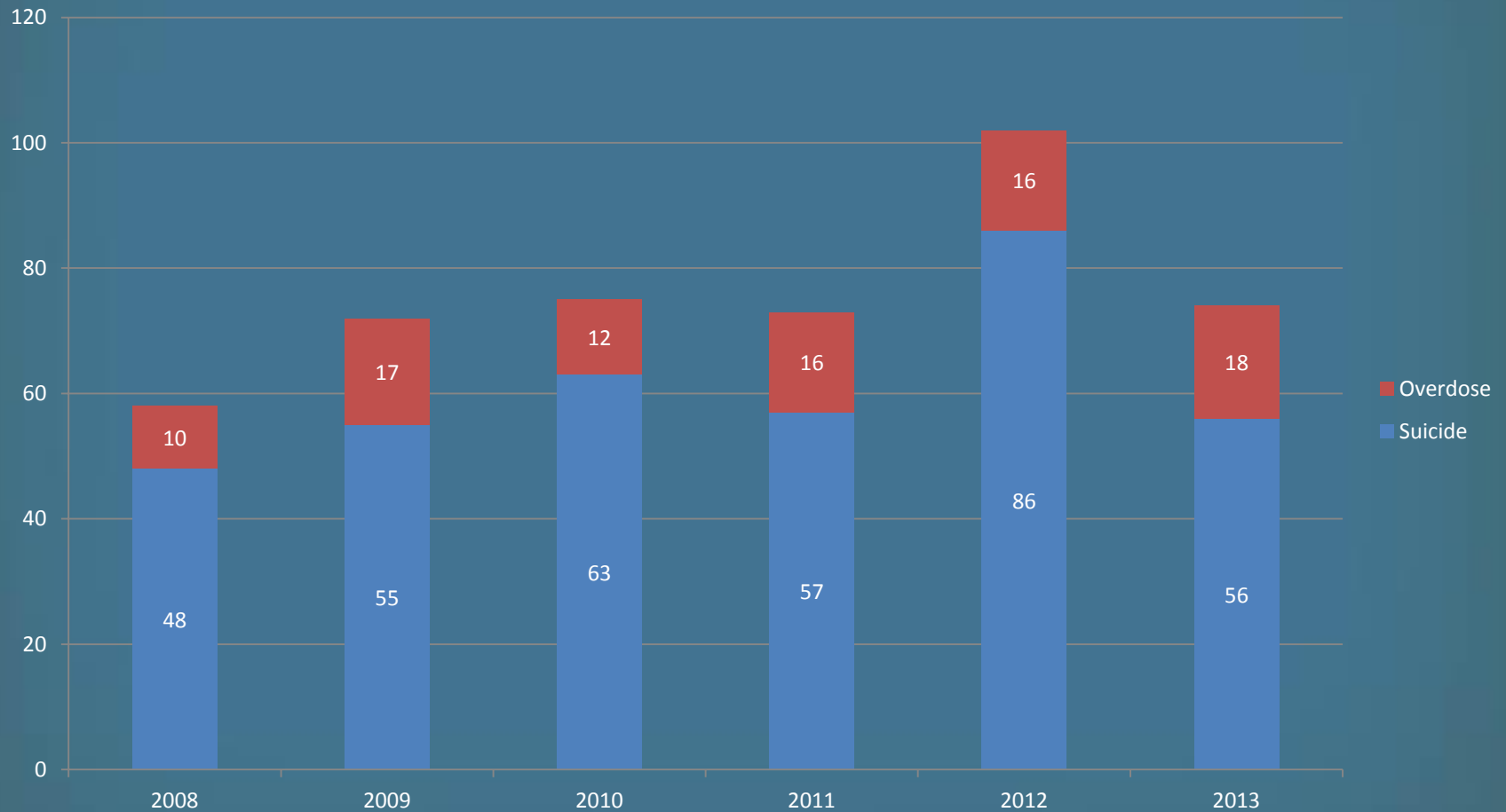
# Question: Have you participated in a training related to suicide prevention/intervention?



Question: I feel my sector/workplace would greatly benefit from additional training on suicide prevention/intervention.



# Suicide and Overdose

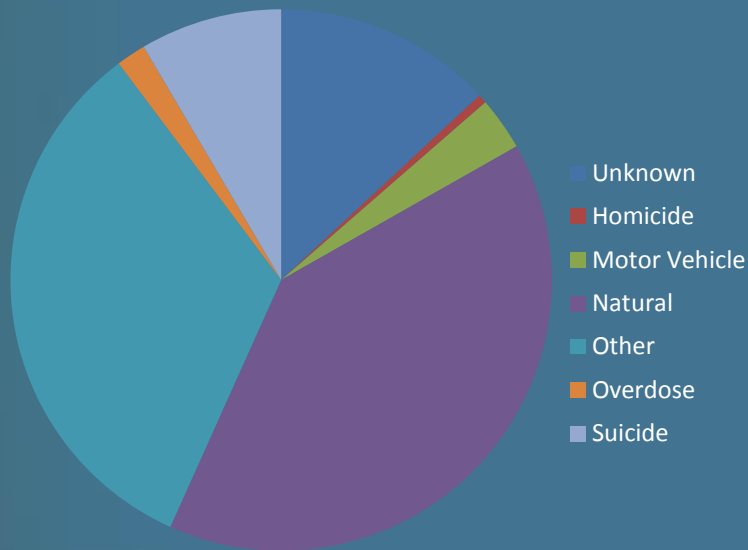


Data provided by Johnson County Coroner's Office

\*2013 data calculated through mid October

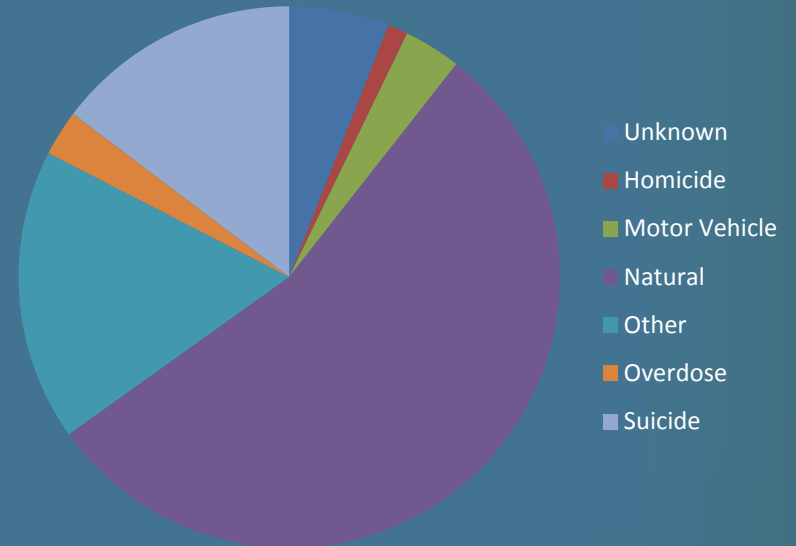
# Johnson County-Cause of Death

## Cause of Death 2008



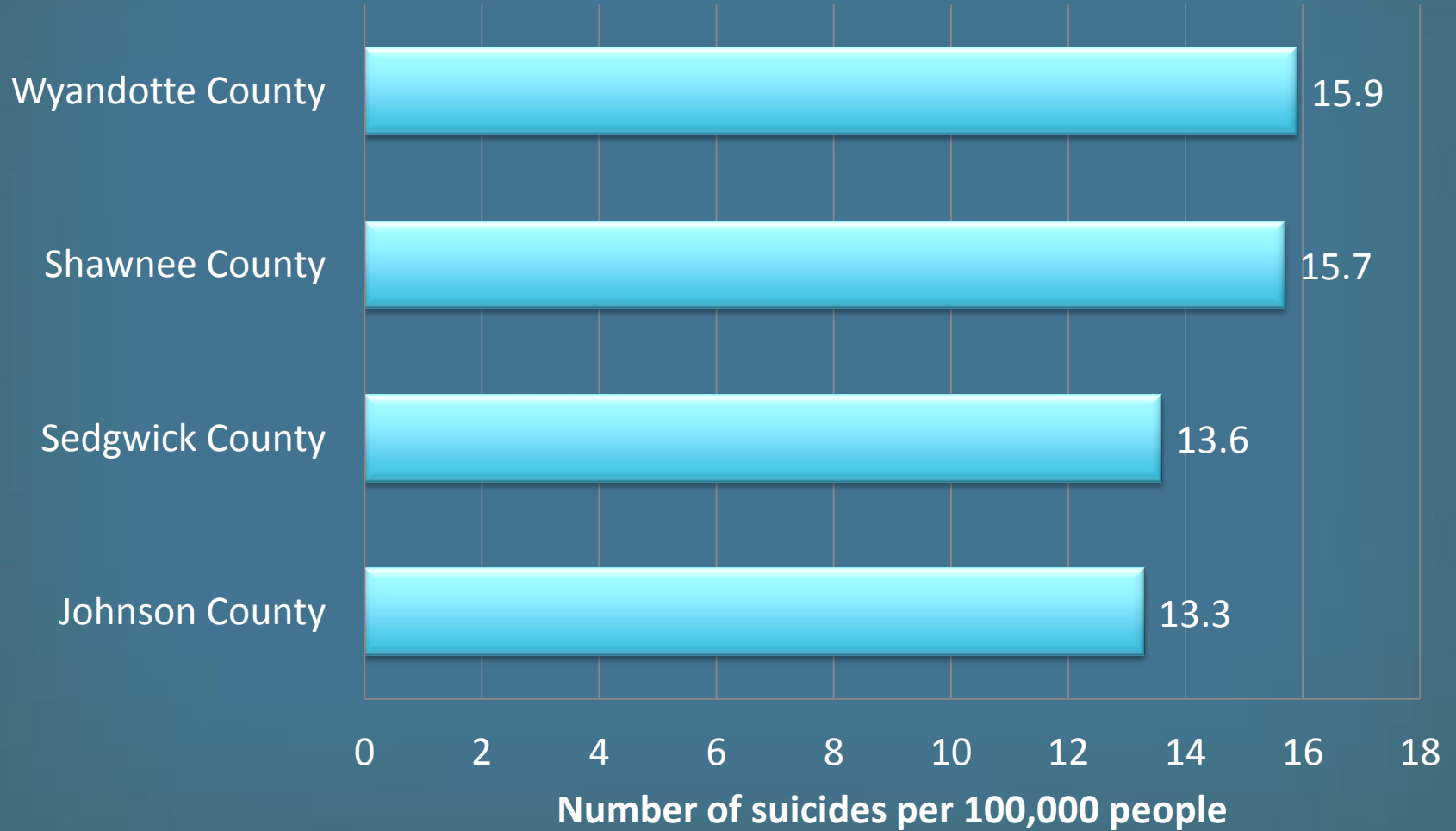
Suicide equals 8.48% of overall deaths

## Cause of Death 2012



Suicide equals 14.7% of overall deaths

# Suicide Rate by County 2008 to 2012



Data provided by KDHE-Kansas Information for Communities

# Years of Potential Life Lost by Common Health Issues in Johnson County: 2008 to 2012

Cause of Death	Years of Potential Life Lost*
Cancer	218,958
Heart disease	134,142
All other accidents & adverse effects	77,785
Motor vehicle accidents	68,402
Suicide	62,133
Chronic lower respiratory diseases	34,835
Diabetes	24,967
Cerebrovascular disease (Stroke)	24,751
Alzheimer's disease	2,056

Data provided by Johnson County Department of Health and Environment



# Johnson County Co-Responder

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- Brief History leading to the Olathe Mental Health Co-Responder Program
  - 2008: Formation of Criminal Justice Advisory Council
  - 2009: Received grant from the Health Care Foundation of Greater KC
  - 2010: CJAC voted to apply for the Justice and Mental Health Collaboration Program Grant
  - 2011 (July): Kimberly Rowlands began her role as Olathe Mental Health Co-Responder

# Johnson County Co-Responder Cont.

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- Role of Olathe Mental Health Co-Responder
  - Respond with Olathe PD to the scene on calls involving individuals likely suffering from mental illness
  - Review police reports and provide follow-up phone calls as relevant
  - Outreach
  - Trainings

# Johnson County Co-Responder Cont.

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- Results
  - 808 total interventions
    - Only 10 resulted in jail
    - 16 screened to the state hospital
    - 16 taken to an ER
    - 5 taken to a non-medical facility
  - Comparing data from the year before Kimberly started to data from her first year
    - Repeat calls for service dropped from 1.5 to .62
    - Transport to a hospital on mental health calls decreased from 54% to 17%

# Johnson County Co-Responder Cont.

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- Intangible Benefits
  - Higher quality service by providing a face to face intervention versus phone
  - Improvements in relationship between JCMHC and OPD
  - Measuring the negative: what might have happened if Kimberly had not been part of the intervention?

# Johnson County Co-Responder Cont.

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- Recognition
  - 2013 Award of Excellence in Government at the 2013 Transforming Local Government Conference in Atlanta, GA
  - 2013 “Civilian of the Year” Award from the City of Olathe
  - Accessible Community Award from Olathe’s Persons with Disabilities Advisory Board
  - City of Olathe has agreed to fully fund her position
  - Overland Park Police Department and JCMHC have has been awarded expansion grant to the Justice and Mental Health Collaboration Program

Thank you for your participation

Please fill out feedback form provided on table

For more information or to sign up for a workgroup,  
please contact Megan Clark at  
[megan.clark@jocogov.org](mailto:megan.clark@jocogov.org) or 913-715-7880

**National Suicide Prevention Lifeline (Headquarters Counseling Center)**  
**800-273-8255 (TALK) and 785-841-2345**

