

# COMMISSION ON AGING

## MEETING MINUTES

July 13, 2022

~Hybrid~

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### OPENING AND WELCOME

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- Meeting called to order at 9:01 AM but was adjourned shortly after for the AAA Area Plan public hearing.

### 2023 AREA PLAN PRESENTATION, JAY LEAK, AAA DEPUTY DIRECTOR

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- Area Plan was approved by the board unanimously.
- After a short break, the COA meeting reconvened at 9:24

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### INTRODUCTIONS, COA CHAIR – PAM SHERNUK

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### APPROVAL OF MINUTES, COA CHAIR – PAM SHERNUK

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- John P. Smith moved to approve the May 2022 minutes. Dale Warman seconded the motion. Motion passed unanimously.

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### BOARD OF COUNTY COMMISSIONER LIAISON–SHIRLEY ALLENBRAND

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- Absent

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### AGING & HUMAN SERVICES REPORT, JAY LEAK, AAA DEPUTY DIRECTOR

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- Tim Wholf, AHS Director, was not in attendance due to attending the US Aging Conference in Austin, TX. Jay reminded the board Pat Wyle has started his new job duties in the position of Information & Referral Specialist.
- Angela Pelger, AAA Program Manager, reported a new job position has been posted to add an additional Eligibility & Options Specialist.
- Megan Laha, Director Administration, reminded the board that the nutrition program has added 3 new IHOP sites for CHAMPSS clients in addition to Hy-Vee. This is a valued benefit to allow for additional meal options to those clients.

Carol Colnar stated ARPA (American Rescue Plans Act) money (\$270,000) has been spent. This saved the department \$209,000 in match. Our fiscal years for 2020 through 2022 will end September 30. The kitchen ovens have yet to be purchased will be deducted from ARPA funds as well. Final plans have been submitted to facilities for review of the purchase of kitchen ovens. The new fiscal year for the State began July 1.

- Carol Colnar spoke on the completion of the first food distribution in which 810 CARE boxes were delivered to CARE clients. This includes all in-home service clients as well as home delivered and CHAMPSS congregate clients. The total cost for the distribution was approximately \$175,000, which came from ARPA funding. Each CARE package including delivery was valued at \$213.00. This included groceries (non-perishable items) and cleaning supplies to assist in the needs of older adults. There will be an additional food drop in the fall. The department received several phone messages along with notes, cards and emails expressing gratitude for this program. Some of these voice messages were replayed for the board to listen to. Pre surveys were mailed out asking about the nutritional health of clients and if they endured food insecurities or not having enough money for grocery items. Post surveys will be sent as well to see if these insecurities improved after receiving the donation.

We will join efforts once again with K-State Extension for another online cooking class, "Toaster Bags". Grilled cheese & Canadian bacon sandwiches, omelets, hash browns and french toast sticks will be on the list of recipes. Mini smoothie makers will be given to learn how to make smoothies. Several have already signed up

for this class. With a new food distribution to be scheduled for the fall, K-State Extension will consider what food is included in those boxes and will plan recipes accordingly for the next cooking class. Can openers and meat thermometers will also be included in the distribution.

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### **NOMINATING COMMITTEE – PAULA HURT, CO-CHAIR**

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- Vice-Chair, Paula Hurt along with board members Andrea Leavitt and Dale Warman who are members of the nominating committee gave their recommendation for Chair. Paula stated several people expressed interest in filling this roll. Experience in leadership and working with the Kansas Legislature were important contributors for this position especially being an election year. The committee selected Pam Shernuk for their nomination and Cindy Green as the Vice-Chair candidates. There were no additional nominations for Vice-Chair. John P. Smith moved to approve Cindy Green to be approved. Dale Warman seconded and the motion passed unanimously. There was a nomination from the floor that Rob Givens would like to be considered for the Chair position. Board members present in person and through Zoom were given a ballot to vote. Elections were tallied by Jill Zink and Jay Leak. Pam Shernuk was re-elected by a 7-1 result.

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### **COMMITTEE REPORTS**

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- John P. Smith advised the board to be thinking about the revision of the legislative platform for 2023 which will be discussed in late summer to early fall.

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### **REPORTS FROM THE CHAIR**

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- Pam Shernuk, informed the board that on July 19 at 3pm a BOCC Chair-elect forum will be held Johnson County Community College. Anyone interested will need to register through the Overland Park Chamber of Commerce to attend this free event.
- Pam provided an update on the health committee she served on through Advent Health. One of the priorities is nutrition amongst the older population. Advent Health is hoping to provide a mobile food pantry with fresh fruits and vegetables to be available to the county.
- Pam thanked Paula Hurt for serving as Vice-Chair as well as the nominating committee for their support.
- Cindy Green expressed how rewarding it is to volunteer and deliver meals to older adults. She encouraged others to give of their time as well.

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### **OLD BUSINESS**

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- None at this time.

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### **NEW BUSINESS**

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- None at this time.

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### **OPEN FORUM/PUBLIC COMMENTS**

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- None at this time.

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### **ADJOURNMENT**

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- Meeting adjourned at 10:03
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**Next COA meeting will be**  
**Wednesday, August 10, 2022 @ 9AM**  
**11811 S. Sunset Drive, RM 1070/1075**

**COMMISSION ON AGING**  
**ATTENDANCE**

**July 13, 2022**

~HYBRID~

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**COA BOARD MEMBERS**

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Pam Shernuk, Chair  
Paula Hurt, Vice Chair  
Robert Cantu

John P. Smith  
Cindy Green  
Andrea Leavitt

Dale Warman  
Chris Talarico

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**BOARD OF COUNTY COMMISSIONERS LIAISON**

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**AGING & HUMAN SERVICES**

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Megan Laha, Director, Administration

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**AREA AGENCY ON AGING**

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Jay Leak, Deputy Director  
Angela Pelger, Program Services Manager  
Carol Colnar, Operations Manager  
Jill Zink, Administrative Assistant

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**GUESTS**

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Chris Osborn, CEO, Evergreen Living Innovations  
Katy Hoffman, Silver Haired Legislature  
Greg Scott, Silver Haired Legislature  
Jerry Ireland, Silver Haired Legislature

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**ABSENT**

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Kim Mann, Board Member  
Jarrod Ousley, Board Member  
Rob Givens, Board Member  
Carol Feaker, Board Member  
Shirley Allenbrand, BOCC Liaison  
Tim Wholf, Aging & Human Services Director  
Stephany Ikpe, Nutrition Program Manager  
Jennifer Butterfield, AAA Finance Coordinator  
Joe Connor, Assistant County Manager