

Zoom meeting

Attendees: (did not capture attendee listing)

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| Welcome/Introductions | Barbara Mitchell, DHE |
| Update on COVID in Johnson County | <p>Jennifer Lowe</p> <ul style="list-style-type: none"> ● Reviewed JoCo Dashboard to update - jocogov.org/coronavirus ● Peak in cases/deaths/hospitalizations was in December ● Talked about how disparities have an impact on outcomes |
| Review of Community Health Improvement Plan (CHIP) Priorities | <p>Elizabeth Holzschuh, DHE</p> <p>Health Happens Here Dashboard - healthhappensherejoco.com</p> <ul style="list-style-type: none"> ● Life expectancy differences due to disparities based on where you live ● Nationally there is one suicide every four days ● Johnson County has had a slight decrease in suicides and a massive increase in people reaching out for help in the past year ● Isolation is having an impact/focus on how to build social connectedness <p>Megan Foreman, DHE</p> <p>Community Health Network</p> <ul style="list-style-type: none"> ● Showed ppt explaining network and how it is supposed to work moving forward |
| Suicide Prevention Coalition Update | <p>Megan Clark, Johnson County Mental Health Center, (JCMHC), JoCo Suicide Prevention Coalition</p> <p>Shared ppt, slides will be shared.</p> <ul style="list-style-type: none"> ● Identified goals to reduce suicides in our community ● Took from 13 national goals to find three goals to work on in our community <ol style="list-style-type: none"> 1. Provide trainings 2. Provide awareness with crisis lines/getting the message out 3. Integrate within our health care settings |

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| | <ul style="list-style-type: none"> ● 988 to be a national number, akin to 911 but as a mental health crisis line ● Magnet/sticker/coaster campaign, gun locks ● Training opportunities - Asist, applied suicide intervention skills training, QPR- question, persuade, refer ● Shared resources ● Coalition meets monthly on 4th Thursday, 3:00-4:30, currently via Zoom. Contact Megan Clark to be added to participant list ● suicideprevention.jocogov.org |
| <p>Housing Committee Update</p> | <p>Kristy Baughman, United Community Services (UCS) Shared ppt, slides will be shared Housing for All, Remove the Barriers - Johnson County Health Equity Network, focus with county and city partners, healthcare partners</p> <ul style="list-style-type: none"> ● Shared Housing Study ppt and timeline ● Launched survey, came out with listening session themes - public opposition, costs, types of services and housing that can be successful ● Shared goals and strategies toolkit ● ucsjoco.org/health-equity-network/ |
| <p>Updates and Announcements</p> | <ul style="list-style-type: none"> ● Added division of epidemiology to DHE ● SW Multi Service Center will be having an open house. Contact Cris Lowe, 913-715-6653 ● HPC will be offering therapy sessions on a sliding scale, call 913 730-3664 for an appointment ● Olathe will be conducting a needs assessment ● JCDHE is partnering with the Healthy Schools Sector Workgroup, as a part of the regional Kansas City Physical Activity Plan, to promote physical activity, biking and walking in the month of May as part of the national Bike Month and Bike to School Day (May 5th) |

Next CHN Meeting Dates

- July 27
- October 26

All meetings are held on Tuesdays, 8:30 am – 10:30 am currently via Zoom with hopes of having in person meetings beginning in July.

Johnson County Suicide Prevention Coalition



*To those who have lost their lives by suicide,
To those who struggle with thoughts of suicide,
To those who have made an attempt on their lives,
To those caring for someone who struggles,
To those left behind after a death by suicide,
To those in recovery, and
To all those who work tirelessly to prevent suicide
and suicide attempts in our nation.*

*We believe that we can and we will make a
difference.*

Identified Goals of the Coalition

- Implement research-informed communication efforts designed to prevent suicide by changing knowledge, attitudes, and behaviors.
- Provide training to community and clinical service providers on the prevention of suicide and related behaviors.
- Promote suicide prevention as a core component of health care services.

From the 2012 National Strategy for Suicide Prevention

Initiatives/Handouts

- Gun locks
- Stickers
- Coasters
- Car magnets
- Care map
- Postvention packets

The average person tells
4 lies a day. The most
common one...

"I'M FINE"

No matter what you're going through,
you don't have to do it alone.

Johnson County Mental Health Center
24/7 Crisis Line:
913-268-0156

Suicide Prevention Lifeline:
800-273-8255

JOHNSON COUNTY
SUICIDE PREVENTION COALITION

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Johnson County
Mental Health Center
Crisis Line
913-268-0156

Suicide Prevention
Lifeline
1-800-273-8255
Text: 741741

afsp.org
jocogov.org/suicideprevention
Suicide is preventable. Help is available.

YOU'RE NOT ALONE

Confidential help is available for free, 24/7.
If you or someone you know needs help:

TEXT: 741-741
CRISIS TEXT LINE

CALL: 913-268-0156
JOHNSON COUNTY MENTAL HEALTH CENTER CRISIS LINE

CALL: 800-273-8255
NATIONAL SUICIDE PREVENTION LIFELINE

JOHNSON COUNTY
SUICIDE PREVENTION COALITION

silence is ^{NOT} golden
help is ready. all you have to do is
#sayitoutloudkc

JOHNSON COUNTY
SUICIDE PREVENTION COALITION

TEXT: 741-741
CRISIS TEXT LINE

Johnson County Mental Health Center

Crisis Line

913-268-0156

JOHNSON COUNTY
SUICIDE PREVENTION COALITION

Gun Locks



- Received grant through Kansas Department of Health & Environment to distribute gun locks at vaccination clinics
- Promote training opportunities in the community

Trainings



Applied Suicide Intervention Skills Training

Two-day workshop for caregivers who want to feel more comfortable, confident and competent in helping to prevent the immediate risk of suicide. Training takes participants through a model to learn how to provide suicide first aid to someone in crisis.



Question, Persuade, Refer.

QPR is a three-step, life-assisting process to learn the warning signs of suicide, ask the tough question, persuade someone to get further help and assistance and make appropriate and timely referrals. A person does not have to be an expert in the field of mental health to learn these life-saving skills.

Johnson County Suicide Prevention Coalition

- Meets monthly on the fourth Thursday
- 3:00pm-4:30pm via Zoom
- Open to the community
- New website - suicideprevention.jocogov.org
- Please call (913) 715-7880 or email spc@jocogov.org

Resources



Crisis Resources:

- In an emergency, call **911**
- **Johnson County Mental Health Center**
 - 24 Hour Emergency Services **913-268-0156**
- **Suicide Prevention Lifeline- 1-800-273-TALK**
 - Text: **741741**

Other Helpful Resources:

- afsp.org
- thetrevorproject.org
- sprc.org

Questions?

Megan Clark, BA, CPP
Johnson County Mental Health Center
Prevention Coordinator
913-715-7880
Megan.clark@jocogov.org

Crisis Line: 913-268-0156



@JoCoMNH
@MNHDirector
@MNHDepDirector



jocogov.org/mentalhealth | 913-826-4200

