

Menu Descriptions-Menu Cycle April 1, 2022- June 30, 2022

 AREA AGENCY ON AGING NUTRITION PROGRAM		In an effort to improve customer satisfaction, we are excited to provide you with meal descriptions. These meals are offered from April through June. It is our hope this information will be helpful and NO RESPONSE IS NEEDED.		
Monday	Tuesday	Wednesday	Thursday	Friday
Breaded Chicken Tenders- Breaded chicken tenders baked until golden brown and crispy.	Homestyle Beef Casserole- Savory beef casserole with cheese. Ingredients: ground beef, cream of chicken soup, cream of tomato soup, onions, green peppers, oregano, garlic, penne pasta, cheddar cheese	Confetti Chicken-A chicken breast baked with gravy and peppers. Ingredients: chicken breast, chicken gravy, red & green peppers, yellow peppers	Tomato Swiss Steak- Tender beef in a rich tomato gravy. Ingredients: Salisbury beef steak, onions, tomato sauce, diced tomatoes	Tuna Salad- Fresh and classic tuna recipe.
Sloppy Joe- Ground beef cooked in tomato sauce. Ingredients: ground beef, tomatoes, onions, green peppers, Worcestershire sauce, taco seasoning, garlic & chili powder, basil leaves	Marinara Turkey Meatballs- Flavorful turkey meatballs topped with a tomato marinara sauce. Ingredients: turkey meatballs, marinara sauce, diced tomatoes	Oven Fried Chicken- Chicken topped with cornflakes and baked until crispy. Ingredients: chicken leg quarter, cornflakes, garlic & onion powder, pepper, paprika, poultry seasoning	Beef Spaghetti Casserole- Pasta with beef and cheese. Ingredients: ground beef, spaghetti, onions, green peppers, tomatoes, garlic, basil, Worcestershire sauce, thyme, oregano, cheddar cheese	Potato Crusted Fish- Pollock filet breaded and baked until golden brown. Ingredients: potato crusted pollock fish
Chicken Fajita- Seasoned chicken cooked with peppers and onions. Ingredients: onions, green pepper, chicken fajita strips, red peppers	Beef Jardine- Flame-broiled beef patty served with a savory brown gravy. Ingredients: beef patty, onions, green peppers, carrots, peas, brown gravy mix	Sliced Turkey Breast w/ Gravy- A delicious cutlet of turkey served with gravy. Ingredients: turkey breast, chicken gravy mix	Hamburger Patty- An All-American flame broiled beef hamburger patty served with lettuce, tomato and onion.	Baked Chicken w/ Gravy- Our tender chicken with poultry gravy. Ingredients: chicken breast, chicken gravy
Creole Beef Steak- Delicious beef patty served with a Louisiana style creole sauce. Ingredients: beef patty, brown gravy, tomato paste, onions, green peppers, celery, garlic	Turkey Tetrazzini- Classic turkey casserole. Ingredients: penne pasta, green peppers, onions, mushrooms, pimiento, chicken soup base, parsley, diced turkey, cheddar cheese	Salisbury Beef w/ Gravy- Tender Salisbury steak topped with a beef gravy. Ingredients: Salisbury steak, brown gravy mix	Parmesan Chicken- Chicken breast baked with tomatoes and cheese. Ingredients: chicken breast, diced tomatoes, parmesan cheese	Egg Salad- Refreshing and creamy egg salad. Ingredients: celery, hardboiled eggs, sweet pickle relish, mayonnaise, mustard, onions
Lemon Pepper Chicken- Chicken breast baked with lemon pepper seasoning. Ingredients: chicken breast, lemon pepper seasoning	Beef Lasagna Bake- Cheesy beef lasagna. Ingredients: ground beef, diced tomatoes, tomato paste, onions, garlic, oregano, basil, penne pasta, cottage cheese, mozzarella cheese, cheddar & parmesan cheese	Sesame Chicken- Chicken in a savory sauce. Ingredients: chicken breast, apple cider vinegar, sherry cooking wine, soy sauce, mustard, sesame oil	Country Fried Steak w/ Gravy- A classic southern dish with a breaded beef patty smothered in a home-style cream gravy. Ingredients: chicken fried beef patty, biscuit gravy	Chicken Enchilada Bake- Layered enchilada casserole. Ingredients: pinto beans, diced chicken, corn, onions, green peppers, chili & garlic powder, wheat tortillas, cheddar cheese
Meatloaf w/ Tomato Gravy- Beef meatloaf with tomato gravy. Ingredients: beef meatloaf, brown gravy mix, tomato paste	Turkey A La King- Turkey casserole full of flavor. Ingredients: onions, red & green peppers, mushrooms, chicken soup, diced turkey	Balsamic Brown Sugar Beef- Beef patty with a tangy sauce. Ingredients: beef patty, brown sugar, Italian balsamic vinegar, soy sauce	Cheeseburger Macaroni- Cheesy pasta with hamburger. Ingredients: ground beef, diced tomatoes, tomato paste, onions, celery, oregano, basil, macaroni, cheddar cheese	BBQ Chicken- Chicken breast baked in barbecue sauce. Ingredients: chicken breast, smokey barbecue sauce