**General Population Isolation and Quarantine Guidance**

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<th>Population</th>
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| Anyone, regardless of vaccination status, that is a lab confirmed or probable case | Stay home for at least 5 days  
Stay home for 5 days and isolate from others in your home. Wear a well-fitted mask if you must be around others in your home.  
After 5 full days in home isolation, wear a well-fitted mask indoors and outdoors when around others for an additional 5 days. Do not go to places where you are unable to wear a mask.  
If you cannot or will not mask  
Stay home for 10 days and isolate from others in your home. | Avoid travel  
Avoid being around people who are at high risk for developing severe disease |
| People who are fully vaccinated with Pfizer or Moderna over 5 months ago and no booster | Quarantine for at least 5 days  
Stay home and quarantine for at least 5 full days. Wear a well-fitted mask if you must be around others in your home. After 5 full days in quarantine, wear a well-fitted mask indoors and outdoors when around others for an additional 5 days. Do not go to places where you are unable to wear a mask.  
If you cannot or will not mask  
Stay home for 10 days and quarantine from others in your home. | Avoid travel  
Avoid being around people who are at high risk for developing severe disease |
| People who are fully vaccinated with Johnson & Johnson over 2 months ago and no booster | Get tested  
Even if you don’t develop symptoms, it is recommended that you get tested at least 5 days after you last had close contact with someone with COVID-19. | |
| People who are unvaccinated                                               | No quarantine  
You do not need to stay home unless you develop symptoms.  
Get tested  
Even if you don’t develop symptoms, get tested at least 5 days after you last had close contact with someone with COVID-19 | |
| People who are fully vaccinated and boosted                                | Watch for symptoms  
Watch for symptoms until 10 days after you last had close contact with someone with COVID-19.  
If you develop symptoms  
Isolate immediately and get tested. Continue to stay home until you know the results. Wear a well-fitted mask around others. | Avoid travel  
Avoid being around people who are at high risk for developing severe disease |
| People who are fully vaccinated with Pfizer or Moderna within the last 5 months |                                                                                                                                             |                                                                                                  |
| People who are fully vaccinated with Johnson & Johnson within the last 2 months |                                                                                                                                             |                                                                                                  |
| People who had confirmed COVID-19 infection within the past 90 days (you tested positive using a viral test) |                                                                                                                                             |                                                                                                  |

**Exceptions to General Population Guidance:**

In certain congregate settings that have a high risk of secondary transmission (such as correctional and detention facilities, homeless shelters, cruise ships, and long-term care facilities), CDC recommends a 10-day quarantine for exposed residents, regardless of vaccination and booster status. A 10-day isolation period is also recommended for confirmed and probable cases among residents. Staff are also recommended to follow this criteria; however, during periods of critical staffing shortages, facilities may consider shortening the isolation and quarantine period for staff to ensure continuity of operations after consulting with their local health department.

View the [Isolation & Quarantine Guidance FAQ](https://kdheks.gov/coronavirus) document for more information.