



**FRIENDS OF JCMHC ADVISORY BOARD**  
**Thursday, August 12, 2021**  
**Zoom Meeting**  
**MINUTES**

**Members Present:** Shana Burgess, **Tim DeWeese**, Tanner Fortney, Rodney Longhofer, Tony Medina, Kate Melton, **Starzette Palmer**, **Cathleen Panowicz**, Carol Roeder-Esser, Susan Rome, Anne Timmons

**Staff Support:** Beth Barbour, **Keith Davenport**, Melissa Harris, Debbi Naster, Whitney Dwyer

**Meeting began at 3:02 p.m.**

**Introductions and Updates:**

- Susan shared that the county will be implementing mandatory COVID testing for those people who have not reported being vaccinated.
- Kate Melton is new to our board and is a prevention coordinator for JCMHC. Kate does programming in the JoCo Schools (suicide prevention, substance abuse, etc.) She supports our clients and the community. She will be overseeing a dietetic intern for us who will begin this fall.

**Business Items:**

- Approval of Minutes
- Rodney made a motion to approve the minutes from the last board meeting, June 10, 2021 and Anne seconded the motion. All approved and the motion carried.

**Board Member Recruitment:**

- If you have suggestions for two openings, please send a note to Tim/Susan. We want to have a diversified Board.

**Financial Report (Melissa)**

- We are using our Covid grant down. Then, we will move to the mental health side.
- Donations are coming in and both Tim and Rodney are sending out thank yous: Rodney on-line donations and Tim for those mailed in. Rodney said he would like to send thank you notes to those who Tim is sending letters to.
- Collaborative donations are coming in to support the work going back out for training, etc. from Keep the Spark Alive, Speak Up.

- Finance is switching Quick Books on the cloud.
- We still do not have a final audit report from the firm we contracted with. It's been a month since we've heard from them; they will visit with us about their findings.
- Investment Manager – Rodney asked where we are. Tanner and Beth reached out to Vanguard with no reply. Also looked at the Greater K.C. Company who the Friends of the Library uses.
- Investment Policy was sent out to Board Members. .
  - Spending Policy – We will need a finance committee on this board to look for a funds manager. (Tanner, Beth, Rodney, and Cathleen had agreed.)
  - We are looking at a type of endowment. To make sure the organization always has funds; we invest some and keep some. We expect the market will continue to return about 8%, but we would always be able to reinvest and build the balance up.
  - Anne asked if we could put more money in if we made more, which can be done with board approval. Carol asked if we had an initial investment dollar amount. Tanner said we could probably start with \$100,000.00. Beth said we need to determine what amount do we not want to touch.
  - We need to be conservative since our investments will be long term.
  - Board voted on moving forward with the Financial Policy as written. A motion was made to approve by Rodney with a second by Anne. All members in attendance approved and the motion carried.
  - Kris Winegar and Bear the support dog, went to DHE on Thursday and brought some joy to their staff who are working so hard.

### **Updates on Current Activities (Shana)**

- Staff Update – Jo begins on Monday as a P-T JCMHC employee for Friends
- Ice Cream Update – Shana and Whitney shared pictures from Tuesday, Wednesday, and Thursday's events and everyone sends their "thank you" to Friends Board.
- Anne asked about other pathways of support for staff. Shana said that postcards were sent to staff's houses, Bear visits our offices, Kim Cosgrove was a part of our Quarterly Meeting last week and shared tips on self-care as well as did an exercise on relaxing. Kim also provided links to wellness.
- Susan asked that the Board share ideas of other support to staff.
- Profiles – Rodney has been working with Matt from Proxima with three questions for Board members to answer with the first being the most important: "Why are you involved?" He and Matt may rephrase slightly so all are about the same length. Debbi will send info to Kate for her to complete.
- Build profile stories – Lacey & Matt, Starzette, Rodney, and Shana all discussed gathering more ideas and potential opportunities. One idea was how Friends can support the Co-Responder program.
- The committee is also looking at our website to amplify the message to those who are making donations, i.e., to honor someone.
- Train staff regarding a call about donations – checks must be made to Friends of JCMHC, not programs such as Suicide Prevention Coalition.

- Committee is hoping for a Board Member and Community Member for profiles and any suggestions should be directed to any of the committee members.

**Next Steps and Opportunities: (Susan)**

- Rodney would like to see Friends assist with Court Fees for our clients. We do have a mental health diversion program, which is through the D.A.'s office. If client qualifies, he/she can participate in treatment for a minimum of 12 months. When the client completes the program, the charge is dismissed. There are still court fees because of the public defender. If this is their only barrier to completing diversion, can Friends assist? Susan said we will explore. Judge Wonnell sits on our Advisory Board and can offer feedback.
- Carol said we should look at our priorities and map them out. Susan said Strategic Planning for the Friends Board has been discussed.
- Anne and Rodney will research and look at the court fee costs.
- September is Suicide Prevention Month. A Proclamation will be done at BOC meeting and hopefully have a speaker present. Same for October's Mental Health Awareness month. Does Friends want to be a part of participating in either of these? Anne shared her Bible Group went to 3 B.V. High Schools and put personally made notes on cars in their parking lot. Maybe #Zero Reasons Why could reach out to all schools and maybe we can use grant dollars for these cards.

**Board Member Comments/Suggestions:**

- Kate said there is an upcoming comprehensive mental and physical health screening for MNH clients. Friends could have a table there to reach out.
- Jo, our new Friends staff member will be added to our upcoming meetings.

**Meeting adjourned at:** 4:21 p.m.

**The next Friends of JCMHC Advisory Board meeting will begin at 3:00 p.m. Thursday, October 14, 2021.**

Submitted by:

Debbi Naster

**Attachments for Meeting:**

- 7-2021 Board Agenda
- 7-2021 Friends Fund Balance
- 7-2021 Balance Sheet
- 7-2021 Profit and Loss
- 7-2021 Check Detail