

PROCEDURE 501-4
WELLNESS PROGRAM

Effective 01-01-2020, Resolution No. 044-19

Employees/officials and spouses enrolled in any County medical coverage plan may earn incentives that will be applied to reduce their monthly medical coverage contribution. All incentive requirements must be completed within prescribed deadlines. The amount of and the requirements for the incentives are subject to review and adjustment each year prior to open enrollment. Participation in the wellness program is voluntary.

Tobacco Incentive

Eligible employees/officials may earn an incentive by declaring whether they or their covered spouse use tobacco and, if yes, by the person(s) using tobacco completing a County-approved cessation program.

Wellness Incentive

Eligible employees/officials and their spouses may each earn an incentive by meeting certain requirements designed to improve their health.

Fitness Programs

The County has fitness facilities available at various locations for use by benefits-eligible employees and officials. The County also subsidizes external fitness programs for benefits-eligible employees and officials. Enrollment in a County medical coverage plan is not required.