

Health Assessment

Name: _____ Date of Exam: _____

ID#: _____ Sex: M F Date of Birth: _____

Physical Assessment

Weight: _____

Height: _____

Temp: _____

Pulse: _____

BP: _____

Nutritional Assessment

Diet: Regular Restricted: Type/Amount

Type Amount Type Amount

NPO: _____ Sodium: _____

Soft: _____ Calories: _____

Diabetic: _____ Caffeine: _____

Cholesterol: _____ Other: _____

REVIEW OF SYSTEMS: Please make comments and check all that apply.

Cardiovascular Conditions

Heart tones:

- Strong
- Regular
- Irregular
- Murmur
- Other: _____

- High Cholesterol
- High Blood Pressure
- Low blood Pressure
- Heart Defects
- Heart Disease
- Other: _____

Genito-urinary Conditions

- Bladder
- Incontinent
- Kidney
- Neurogenic Bladder
- Prostrate
- Renal
- UTI (4+/year)
- Other: _____

Allergies

- Type: _____
- Drug: _____
- Treatment for allergies: _____

Gastrointestinal Conditions

- Acid Reflux
- Chronic Constipation
- Chronic Diarrhea
- Colitis
- G-Tube
- Gall Stones
- GERD
- Hepatitis
- Hiatal Hernia
- IBS
- Liver Difficulties
- Malabsorption Diseases
- Pancreatitis
- Ulcers
- Other: _____

Respiratory Conditions

- Asthma
- Chronic Bronchitis
- COPD
- Dyspnea
- Emphysema
- Fibrosis
- Pulmonary Edema
- Sleep Apnea
- Cystic Fibrosis
- Other: _____

Psychiatric Conditions

- Psychosis
- Depression
- Bi-Polar
- ADD
- ADHD
- Insomnia
- Other: _____

Neurological Conditions

Speech

- Verbal
- Non-verbal

- Seizures
Type: _____
- Dementia: _____
- Other: _____

Musculoskeletal Conditions

- Arthritis
- Joint pain
- Muscle pain/cramps
- Difficulty walking
- Work limitations
- Stand: _____
- Lift: _____
- Other: _____
- Other: _____

Name: _____

Reproductive Systems

- STD
- Perimenopausal
- Postmenopausal
- Other _____
- _____

Endocrine Conditions

- Diabetes
- Thyroid
- Glandular
- Hormonal
- Other _____
- _____

Skin Conditions

- Skin Carcinomas
- Cysts
- Mole Mapping
- Skin Tumors
- Other _____
- _____

Recommendations for Follow-up

- | | | |
|--------------------------------------|--|---------------------------------------|
| <input type="checkbox"/> OT | <input type="checkbox"/> Psychological | <input type="checkbox"/> Speech |
| <input type="checkbox"/> PT | <input type="checkbox"/> Immunizations _____ | <input type="checkbox"/> Dietician |
| <input type="checkbox"/> Dental | <input type="checkbox"/> Hearing _____ | <input type="checkbox"/> Labs _____ |
| <input type="checkbox"/> Eyes | <input type="checkbox"/> Mammogram | <input type="checkbox"/> Colonoscopy |
| <input type="checkbox"/> Neurologist | <input type="checkbox"/> TB Test | <input type="checkbox"/> Bone Density |
| <input type="checkbox"/> Podiatrist | <input type="checkbox"/> Dermatology | <input type="checkbox"/> Gynecologist |
| <input type="checkbox"/> Pap Smear | <input type="checkbox"/> Other: _____ | <input type="checkbox"/> Other: _____ |

Disability:

_____	_____	_____
_____	_____	_____
_____	_____	_____

Present Diagnosis:

_____	_____	_____
_____	_____	_____
_____	_____	_____

Current Medications:

Medication	Dosage	Purpose

Physician's Signature

Date

Printed Name of Physician