

HEALTH CARE NAVIGATION

Looking for healthcare in Johnson County?

Here's a few highlights from the Explore Your Options service directory online:

- **WHO TO CALL FOR HOME VISITS?**

Home Health agencies on page 32 provide doctor-authorized care if you are on Medicare especially after a hospital visit or change in health. Start with your doctor, but also see the list of home health agencies in the area that provide in-home care.

KC Regional Home Care Association & Home Care Questions are also on p. 32

AAA In-Home Care Programs...contact the Area Agency on Aging 913-715-8861 and ask about housekeeping, attendant care (bath aide), respite care to give a caregiver a break, medication management to set up meds for a week, or home-delivered meals.

Doctors who make house calls...and nurses too See page 29-31 in the directory for Home Visits by Dr Golf, MD Home Care, and Visiting Physicians

Outreach Nurses from public health visit and do physical assessment, nutrition status, fall risk screening, disease education, & environmental safety checks. **913-826-1200**

- **HOW TO FIND HEALTHCARE**

Find a Physical Therapist by calling the American Physical Therapy Association or Genesis Rehab Services or Ask-a-Nurse on page 29-31.

Find a Hospital on p. 31 Olathe Health offers a Find A Doctor service.

File of Life A handy magnetized file for your Vital Health Information from Med-Act for your refrigerator or glove box. **913-715-1950**

Health Partnership Clinic for medical, dental, and behavioral healthcare for the uninsured. **913-648-2266**

Hearing, Vision, Dental See page 28 for Hearing and Vision, page 19 for Dental Care

Veterans Care – 2 VA Hospitals, Shawnee Clinic, Kansas Commission on Veteran's Affairs in Overland Park regarding benefits, Veterans Home-Based Primary Care...on page 77

- **WHERE TO FIND RELIABLE HEALTH INFORMATION**

- The National Institute of Health page 31 - National Library of Medicine page 31

- Centers for Disease Control page 29 - COVID-19 Hotline p. 29

- **HOW TO FIND MEDICAL EQUIPMENT & ASSISTIVE TECHNOLOGY** pages 50-52

Medicare.gov offers a way to search for Medicare supplies by zip code.

Kansas City Medicine Cabinet provides emergency help with medications, dental care, medical equipment, optical needs, hearing aids, diabetic supplies. **913-715-6653** Page 29

Donate or find affordable refurbished equipment at Accessibility Medical page 50 and Kansas Equipment Exchange page 51.

- **WHAT ARE MY HEALTH INSURANCE OPTIONS?**

Medicare contact Senior Health Insurance Counseling for Kansas page 55-56

Medicaid contact the Aging and Disability Resource Center page 53-54

Affordable Care Act contact Kansas Health Insurance Marketplace at healthcare.gov 1-800-318-2596 or the

Kansas Insurance Department 800-432-2484 <https://insurance.kansas.gov/health-life/>

- **ARE THERE SUPPORT GROUPS for MY HEALTH ISSUE?**

Alcohol abuse, alzheimers, dementia, stroke, arthritis, cancer, caregiver, grief support, and widowed person's support groups are listed on pages 69-70.

- **WHAT ABOUT SUPPORT AND TREATMENT FOR MENTAL HEALTH ISSUES?**

Find clinics, hospitals, counselors, & Johnson County Mental Health pages 57-59

Open Access 913-826-4200 Mental Health Crisis call 913-268-0156

- **WHAT IF I AM NOT SAFE AT HOME?**

Fall Proof Your Home on p. 61

Physical, emotional, financial abuse, self-neglect: **Adult Protective Services 800-922-5330.**

Police, fire, ambulance call 911 **Safe Home** for Domestic Violence **913-262-2868**