

MENTAL HEALTH CENTER (MHC) ADVISORY BOARD

Monday, March 22, 2021

Zoom Meeting

MINUTES

Members Present: Roger Cooper, Gordon Docking, Commissioner Becky Fast, Erin George, Nancy Ingram, Michele Lockwood, Michael Seitz, Fabian Shepard, Justin Shepherd, Robert Sullivan, B. Scott Tschudy, Anne Timmons, Mike Walrod, Judge Robert Wonnell (absent)

Staff Present: Tim DeWeese, Susan Rome, Tanner Fortney, John Bergantine, Debbi Naster

Guest(s) Present: Joe Conner, CMO, Harry and Mary Bognich (League of Women Voters)

Call to Order/Adoption of Agenda

The meeting was called to order by the Chairman (Chair), Mike Seitz at 5:31 p.m. Mike shared he continues to be amazed at the level of service JCMHC is giving to the community.

Public Comments

- None

Adoption of Agenda

Mike S. entertained a motion to adopt today's agenda. Michele moved to approve the agenda. Gordon seconded the motion. The vote was unanimous with all members present and the motion carried.

Board Member Comments

- Mike S. stated the May meeting is presently scheduled as remote, but we may revisit this as we get closer to May.
- Mike S. represents the schools, since he is a B.V. School Board Member, but he announced, for those who did not know, he will not be running in November 2021. It has been 11 years and he said it's time to give others a chance.
- Effective March 1st, Olathe schools are back full time IN the classroom. DeSoto has been back for some time. Spring Hill is back full time, S.M. goes back at end of Spring Break and B.V. will be full time 3-23-21. Blue Valley uses KS Department of Health and Department as adopted by Kansas Dept. of Education. As of today, B.V. is in the green.
- Michele has a question about Gardner. She has heard from parents who are upset. Mike does not know but will research and let everyone know. (Next day, we found out Gardner has been back full time since 3-08-21.)
- Mike reminded everyone to share information they have since we all come from different areas in our community.
- Erin said the Mental Health Center lobby is now open.
- Justin Shepherd said O.P.'s 3rd Co-Responder started and it's wonderful to see the expanding coverage to Overland Park.

- Mike S. asked Justin how many Co-Responders does JoCo need. Justin replied it would be great to have one person per shift, but at this time O.P. staff are juggling 3 to 5 circumstances at the same time. This is actually a complex answer because there is no particular formula.
- Tim said we need a multitude of resources in this arena, not just Co-Responders.
- There are 3 in O.P., 2 in Lenexa, 2 in Shawnee (looking for another), Olathe has 2, Leawood/P.V. share 1, and 1 shared in NE Johnson County Sheriff's has 1, but looking to add another. Total of 12 currently.
- Tim said we are looking at embedding some Co-Responders with Fire and Med-Act. The next big step would be to embed a Mental Health Professional in the 911 Call Center for best response to be sent.
- Anne said the Overland Park Task Force asked for 5 more for a total of 7. This was denied because of budgeting.
- Tanner discussed that cities might want their own. Gardner and Spring Hill were looking to partner with the Sheriff. Now, it looks like both are having budgeting trouble.
- Mike S. hopes Commissioner Fast will share this information with the BOC.
- Ellen W., Director of Emergency Communications and Maury Thompson with Tim have talked about having Dispatchers be Mental Health First Aid trained. Tim reminded the Board, we must build on what we have and where we are.
- 2020 – had 75 deaths by suicide, 4 less than 2019, and 12 less than 2018.

Commissioner Comments/Concerns

- Commissioner Fast would like to get stats from Police Chiefs about crisis calls.
- There is an interest in NE Fire District to get more support.
- The Housing Study done a year ago is coming back to BOC and UCS is going to be making recommendations. The Commissioner would like to see more Mental Health and Veteran housing support. There was 18 million funded from Federal Funding in the last year.
- As the county is moving into Budget Season, Commissioner Fast will strongly be pushing for Mental Health Funding.
- Mike S. thanked her for her continued support
- Gordon asked how the pandemic has impacted the counties revenues. She said, several positions were put on vacant; sales Tax is where it was; housing market has skyrocketed. County is not as far behind as they thought we would be.
- Anne said, the O.P. Task Force does not have official recommendations yet, but First Responders have tremendous trauma. We need Masters Level Clinicians for our first responders who are suffering. Anne asks that Commissioner Fast share this information.

Meeting Minutes Approval from January 25, 2021

Mike S. entertained a motion to approve the January 25, 2021 meeting minutes. Erin moved to approve the minutes and Gordon seconded the motion. The vote was unanimous with all members present voting to approve. The motion carried.

Announcements

- Roger Cooper accepted a reappointment to the Board
- New Board appointments: Judge Robert Wonnell, Robert Sullivan, Justin Shepherd

Business Item: 2021 Board Officers

- Chair – Mike Walrod
- Vice-Chair – Erin George
- Secretary – Anne Timmons
- All were voted in unanimously.

Strengthen Our Financial Position – presented by Tanner Fortney, Director of Operations

- JCMHC is above the county's maximum fund balance, which is remarkable, 13.7% at the end of 2020.
- Last Thursday was the BOC Budget Retreat. Chairman asked all to be fiscally responsible in their efforts the next two months.
- The BOC have been supportive of JCMHC the last few years, so we are hopeful we will continue to receive resources for 2022.
- May and June are when heavy lifting will begin, and decisions will be made late June.
- Anne gave kudos to Tim, Tanner, and team for going after the money available from the state and federal government during 2020 and the pandemic.
- Tim reminded all there is going to be an increased need for service. At the time the crisis began, we made tremendous adjustments. But now we are looking at recovery work from the pandemic; there is going to be a steady increase for services. We are going to need face-to-face work and community assistance. Tim will ask for an Immediate Action Request for 4 Case Managers and 2 Clinicians. The goal is to have these positions hired by July 1, 2021.
- We hope to be getting \$250,000 from the state in July + fee for service funds. If so, we won't need additional task dollars.
- We have 4 positions unfunded/held last year, but now we need the funds from those positions.
- We received funding from KS in 2020 and now we need to spend those dollars.
- We are going to be asking for 9 positions in 2022. We could get these without additional task dollars. We need the state funding from the last two years.
- Net Gain for 2022 Budget - 5 positions.
- Commissioner Fast asked if in the future, will positions have to be funded by the Mill Levy? Tanner replied, if we get the money from the state, then no. But, 7 or 8 years forward, we might have to ask.
- Community Behavioral Health Centers – Medicaid funding could be to our benefit in the future.
- Silver Lining of COVID pandemic is that Mental Health in our community is front and center.
- We are well below our 511 level of FTE count at 334 staff members.
- Gordon asked about the process of how we move this to BOC. The Personnel Review Committee makes a recommendation to the CMO. Then Tim talks to County Managers about the committee's recommendation. Tim may ask Board members to educate their

own area commissioners. Asking to do this without additional county tax dollars may work all the way through 2023.

- Anne asked Tanner where will funding come from if we don't have the money? Tanner said in the short term we can internally absorb. We try to look ahead three years at Merit Increases. We send to BOC and traditionally, they have approved.
- Tim said we look at other Grants (not including State contract) and we have eliminated positions over the last 6 years. We move someone into an opening and let the grant position fall away.

Advance Quality Care: presented by Susan Rome, Deputy Director.

- ABC – Staff has become certified and can help train future staff in Attachment Biobehavioral Catch-Up.
- Frontline Workers Support – From March through June, First Responders, Educators, Nursing Home Workers can get support through 16 virtual sessions.
- CCP Grant Postcards – gets the word out that we care about people 50+ who are living alone. Commissioner Fast said she received phone calls from her constituents saying they appreciate the postcards
- We've had different rounds of cards sent for different purposes. Cards send a positive message, especially to those isolated by the pandemic.

Building Community Partnerships - Tim

- Tim has been working for four months to kick off a new initiative called "Sounds-on" with Ambassadors Rotary Club. March 16th was the Kick-Off Rotary came to JCMHC because they feel parents need to be listening for the subtle and not-so-subtle signs that a child is struggling with their mental health. Tips and resources are at the [ZeroReasonsWhy.org/parent-resources](https://zeroreasonswhy.org/parent-resources) website. Rotary is encouraging people to donate money to Friends for #ZeroReasonsWhy initiative.

Maximizing Data and Information - Tim

- Kudos to Robert for encouraging the Sheriff's office to have a tool to connect with people in 72 hours of release. In most cases, we can connect with people even before they leave. It is our Afterhours Team and MCRT team who provide the outreach.
- County was the treatment group in the Notre Dame study.
- Numbers at the Jail when initiative began was 1,000 then dropped to 600 and last count was 500.
- There may be a press release about this.
- Commissioner Ashcraft likes to know how we are making an impact. We have the numbers to show him.
- Robert said there was great collaboration shown between the Sheriff's dept. and JCMHC.

Improving Staff Engagement - Tim

- Turnover Rate 19.17% - In 2020, JCMHC had 67 separations. This is the highest level of turn-over in 4 years.
- We have a work-force shortage.
- We are presently trying to fill 20+ vacant positions.

Mental Health

- Tanner, Susan, and Tim have elicited the help of the county auditor to look at the Onboarding and Recruiting processes. The audit will begin in the next month.
- Commissioner Fast asked if the audit will review levels of positions. Tim said the Case Management salaries are competitive. Clinical staff, however, are not competitive at all. He is working with HR to review this. H.S. only and Master's Level+ is where we are not competitive.
- Anne asked if we are looking just here in the Midwest. Tim said we are losing people to OK and MO. Wages are higher at those Community Health Centers. Susan said we also lose to schools, VA and MCO's in our areas as well.
- Erin said she sees different people every time she comes to the MHC. Tim says we are really looking for more continuity. The Return to Work plan began on 3-15-21. We are being thoughtful of vaccinations for both employees and clients. There are multiple layers that we continue to do to see people safely face to face, including spacing.
- EAL Spring session is going on - 14 sessions. "Lead from where you are.?" Corrections and the Medical Examiner's Office are invited to join when we have space.

Directors Report

- Certified Community Behavioral Health Clinics (CCBHCs) are leading a bold shift to increase access to high-quality mental health and addiction treatment. Clinics receive an enhanced Medicaid payment through a daily or monthly Prospective Payment System (PPS) rate intended to reimburse expected cost of care.
- Tim provided testimony to the House Committee on Health and Human Services for:
 - Reducing certain requirements for licensure by the behavioral sciences regulatory board.
 - The Kansas Communities That Care Student Survey
 - Certified Community Behavioral Health Clinics (CCBHCs)
- Tim provided testimony to the Senate Commission on Public Health and Welfare for: Certified Community Behavioral Health Clinics (CCBHCs)

Upcoming Calendar

- At this time we will meet by Zoom in May, but will make that determination as we get closer.

Mike S. –

- Wished all three new Board members congratulations!
- Gordon thanked Mike S. for his great leadership.
- Commissioner Fast thanked Mike S. for his vision.

Meeting adjourned at 6:49 pm.

The next MHC Advisory Board meeting will begin at 5:30 p.m. Monday, May 24 by Zoom.

Submitted by:

Debbi Naster

Handouts:

Agenda and Power Point 3-22-21

House Bill 2208 Reducing Certain Requirements for Licensure

LEO Research Brief – Johnson County BJMHS and Outreach

MNH Advisory Board Agenda

March 22, 2021
Via ZOOM Meetings

5:30 pm to 7:00 pm – Advisory Board Meeting

Item:

Call to Order / Introductions
Public Comments
Adoption of Agenda
Board Member Comments
Commissioner Comments
Meeting Minutes Approval
Announcement
Business Item:

- 2021 Board Officers

Strengthen our Financial Position
Advance Quality Care
Enhancing Client Satisfaction
Building Community Partnerships
Capitalizing on Technology
Maximizing Date and Information
Improving Staff Engagement
Director’s Report
Upcoming Calendar
Adjournment (at or before 7:00 pm)

Next meeting – May

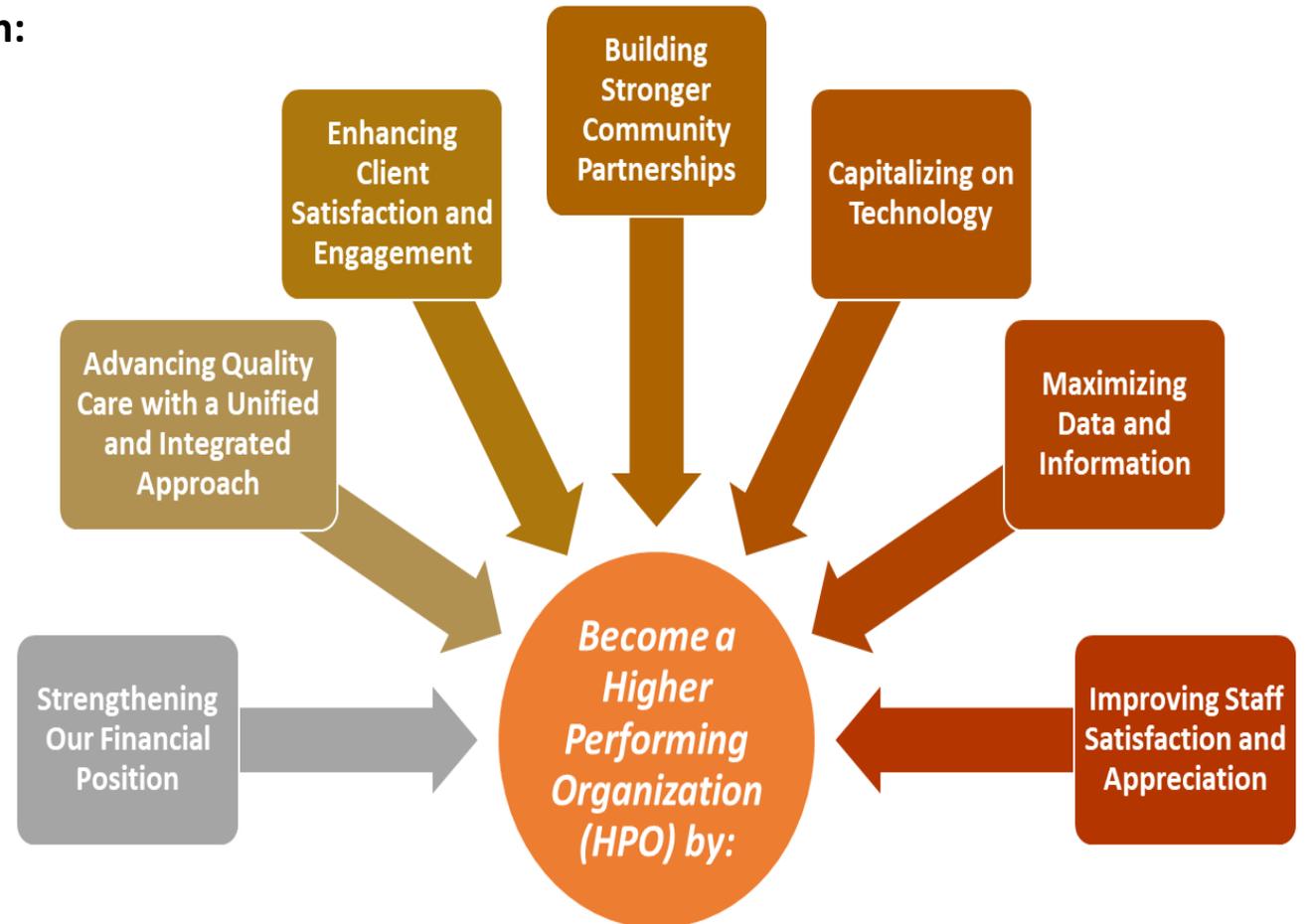
Responsible Person:

Mike Seitz
Mike Seitz
Mike Seitz
Mike Seitz
Commissioner Fast
Erin George
Tim DeWeese

Mike Seitz
Tanner Fortney
Rob MacDougall

Tim DeWeese
Tim DeWeese
Mike Seitz

MNH Strategic Vision



Announcements:

- Advisory Board Reappointment (Reappointments)
 - Roger Cooper

- Advisory Board New Appointment
 - Judge Robert Wonnell
 - Robert Sullivan
 - Justin Shepherd

Our Financial Position

Budget Update

- The fund balance at the end of 2020 year for Mental Health was 13.7%, This is very positive as it is slightly higher than the county's maximum fund balance requirement.
- We will be making an Immediate Action Request (IAP) prior to our next board meeting to request additional positions to meet the immediate demand in services as result for the pandemic.
 - Four (4) Case Managers
 - Two (2) Clinicians

Our Financial Position

2022 Budget –RARs with 2021 Unfunded Positions

Division	Position	Status	Budget Wages/ Benefits		Grade	Division	Position	Budget Wages/ Benefits after FFS Revenue	Difference	2019 - 2021 PMHC Increase being allocated	Total increase applied to Fund Balance	Amount to fall to fund balance in 2022
Adult	Clinician - DRC (Wright)	Vacant - (Klotz)	\$77,726.58	→	18.18	Emergency	Co-Responder Team Leader	\$117,657.00	(\$39,930.42)	\$39,930.42	480,134.00	
Adult	CM (Clark)	Vacant (Cannon-Miles)	\$77,953.99	→	17.16	Emergency	AH Clinician	\$54,501.00	\$23,452.99	(\$23,452.99)		
Adult	Supported Employment (Stepp)	Vacant (Finch)	\$75,752.72	→	17.16	Residential	ACT OP Clinician	\$25,443.00	\$50,309.72	(\$50,309.72)		
Kids	CMA (K. Ross)	Vacant (Pixton)	\$55,808.10	→	13.13	Operations	Medical Records Clerk	\$52,227.00	\$3,581.10	(\$3,581.10)		
					16.15	Prevention	Prevention Coordinator	\$84,888.00		\$84,888.00		
					17.16	Kids	Kids Clinician	\$59,676.00		\$59,676.00		
					15.15	Adult	Homeless Outreach CM	\$85,745.00		\$85,745.00		
					12.12	Operations	Admin Assistant (2)	\$122,006.00		\$122,006.00		
										\$314,901.61	480,134.00	165,232.39

Quality Care

- **Attachment Biobehavioral Catch-Up (ABC)**

ABC is an evidence-based parenting intervention for caregivers of infants and toddlers who have experienced early adversity. Staff have gained Toddler and Infant Certification.

- **Frontline Workers Support – Virtual Sessions**

Another initiative as part of the (CCP) Grant (Kansas Stronger Together – SAMHSA/FEMA grant) was to contract Kim Colegrove, Author and Founder of Pause First Academy, to provide 16 (1)hour virtual sessions (TIC, Stress Management, Meditation, Mindfulness, Self-Care, etc..) to frontline workers starting in March and running through June.

- **CCP Grant 50+ Postcards**

As part of our (SAMHSA/FEMA) Crisis Counseling, Assistance and Training Program (CCP) Grant through KDADS, we mailed postcard to Johnson County residents 50+ years and who live by themselves. This list was purchased through BURDISS and represent a of 32,765 households. This is a strategy is geared to reach individuals who may be disproportionately impacted by the pandemic and isolated.

Building Community Partnerships

- **Ambassadors Rotary Club “Sound On” Initiative – March 16th Kick-off**

Now more than ever, as parents, we need our sound on. We need to be listening for the subtle and not-so-subtle signs that our child is struggling with their mental health. Get the tips and resources you need to be prepared at zeroreasonswhy.org/parent-resources. This video was produced by the Ambassadors Rotary Club in partnership with @MBB Agency. Thank you to @ZeroReasonsWhy teen leaders for participating and for their work to prevent teen suicide in our community.

Maximizing Data and Information

- **Brief Jail Mental Health Screen (BJMHS) Outreach**

The BJMHS is an effective quick, simple, and is a powerful booking tool to screen incoming detainees in jails and detention centers for the need for further mental health assessment. The MNH Department's Afterhours Team and Mobile Crisis Response Team provides outreach to Johnson County residents who have screened as needing a further mental health assessment within 72 hours of release. The University of Notre Dame – Lab for Economic Opportunities (LEO) to conducted an impact evaluation of the Brief Jail Mental Health Screen and the outreach efforts associated with the screen.

Improving Staff Satisfaction

- **Mental Health Center (MNH) 2020 Turnover Data**

We had 67 separations in 2020 resulting in a turnover rate of 19.17%. This is the highest rate within the last four years.

- **Everyone A Leader (EAL)**

The Mental Health Center kicked-off our Spring session of EAL for MNH staff in addition to staff from the Corrections Department and the Medical Examiner's Office. EAL is a pragmatic interactive set of workshops designed to equip employees at all levels with the methods and tools needed to lead from where they are. The result is people thinking and taking action together

Director's Report

- **Certified Community Behavioral Health Clinics (CCBHCs)**

Thanks to bipartisan leadership in the U.S. Congress, CCBHCs are leading a bold shift to increase access to high-quality mental health and addiction treatment which is making a difference in the lives of thousands of individuals and communities across the nation. CCBHCs receive an enhanced Medicaid payment through a daily or monthly Prospective Payment System (PPS) rate that is clinic-specific and reimburses the expected cost of demonstration services. The rate is intended to reimburse CCBHCs their expected cost of care. The Centers for Medicare & Medicaid Services (CMS) provides technical assistance to states on how to determine the PPS rates.

- **2021 Kansas State Legislative Priorities and Recommendations**

Testimony Provided: (See Attached)

- HB 2159
- HB 2160
- HB 2208
- SB 138

Calendar of Events

2021 Advisory Board Meeting Schedule

Time: 5:30 pm to 7:00 pm - Advisory Board Meeting

Schedule:	May 24 th	Via Zoom
	July 26 th	TBD
	September 27 th	TBD
	November 22 nd	TBD