The Alzheimer’s MEDICAL ADVISOR
A Caregiver’s Guide to Common Medical and Behavioral Signs and Symptoms in Persons with Dementia
By Philip D. Sloane, MD, MPH

This book is a resource for caregivers of people with Alzheimer’s disease or a related dementia, who provide support for a variety of medical conditions and dementia-related behaviors. It contains information on more than 50 medical and behavioral conditions that caregivers often address. Each condition is presented in an easy-to-follow, two-page guide that provides basic facts; signs that indicate a possible emergency; practical guidance when confering with health care professionals; and tips on providing relief in the home. Additional sections address how to best manage visits to medical offices, emergency departments, hospitals, nursing homes, and assisted living residences. Also, an entire chapter is devoted to how caregivers can take care of their own health and safety while helping someone with Alzheimer’s disease or a related dementia.

Written by experts from the University of North Carolina at Chapel Hill and Duke University, this book is based on the latest clinical knowledge and scientific research.

ADDRESSES MORE THAN 50 CONDITIONS

- Abdominal Pain
- Abuse & Neglect
- Agitation
- Anger & Aggression
- Anxiety or Worry
- Blood in the Urine
- Bowel Incontinence
- Breathing Problems
- Burns
- Chest Pain
- Chewing & Swallowing
- Confusion & Delirium
- Constipation
- Cough
- Decreased Activity
- Dental Problems
- Depression
- Diabetes Care
- Diarrhea
- Dizziness
- Eye Problems
- Falls & Falling
- Fever
- Foot Problems
- Hallucinations & Delusions
- Head Injury
- Hearing Problems
- Heart Failure
- High Blood Pressure
- Hip Fracture
- Hoarding
- Itching, Picking & Scratching
- Kidney Disease
- Leg & Foot Wounds
- Leg Swelling
- Nosebleeds
- Not Eating or Drinking
- Not Taking Care of Oneself
- Pain with Urination
- Passing Out
- Pressure Ulcers
- Rash
- Resisting Personal Care
- Sexual Behavior Changes
- Skin Injuries
- Sleep Problems—Daytime
- Sleep Problems—Nighttime
- Stroke
- Urine Accidents (Incontinence)
- Urinary Tract Infection (UTI)
- Vision Problems
- Voice & Speaking Problems
- Vomiting
- Wandering

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If you provide care for someone with memory problems or dementia, this book is for you.

Written by experts from the University of North Carolina at Chapel Hill and Duke University, this book is based on the latest clinical knowledge and scientific research on the care of people with Alzheimer’s disease and other dementias. It includes:

- basic facts about Alzheimer’s disease and other dementias
- practical guidance when conferring with doctors and nurses; when visiting hospitals, nursing homes, and assisted living residences; and during the dying process
- practical tips on taking care of yourself while taking care of someone else
- worksheets and checklists to help organize important information
- common medical and behavioral symptoms and conditions

Each condition is addressed in an easy-to-follow, two-page guide that provides:

- basic facts about the medical or behavioral condition
- signs that indicate a possible emergency
- tips on providing relief at home
- other related issues to watch out for
- safety tips for the caregiver

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