



2020 Preventive Care Benefits

Womens' Wellness Matters

The following preventive care visits and immunizations are 100 percent covered by your health insurance if rendered by an in-network provider. **Services must be billed with a primary diagnosis of "Preventive Care" to be covered at 100 percent according to the County's plans.** Note: The BlueSaver QHDHP preventive list has been expanded due to recent IRS guidelines. The list now includes certain medications targeted to manage chronic conditions. Please see the MedTrakRx preventive drugs list for more details.

Preventive Care for Women

Alcohol misuse screening and counseling (ages 18 and older)	Hemoglobin/complete blood count (CBC)
Anemia screening	Hepatitis B screening (adolescents and adults)
Aspirin to prevent cardiovascular disease (ages 55-79)	Hepatitis C virus infection screening
Bacteriuria screening (pregnant women between 12 and 16 weeks gestation)	High blood pressure screening (ages 18 and older)
Breast cancer preventive medications for at-risk women	HIV screening
Breast cancer screening (ages 40 and older)	Human papillomavirus (HPV) testing
Breastfeeding support, supplies, and counseling	Intimate partner violence screening
Cervical cancer screening	Lead testing
Chest X-ray	Lung cancer screening for adults age 55-80 who smoke or have quit in the last 15 years
Chlamydial infection screening	Metabolic screening
Cholesterol abnormalities screening for lipid disorders (ages 45 and older)	Obesity screening and counseling (BMI of 30 or higher)
Cholesterol abnormalities screening for coronary heart diseases (ages 20-35)	Osteoporosis women screening (women 65+ who qualify per medical policy)
Colorectal cancer screening (ages 45 and older)	Physical exam
Contraceptive methods and contraceptive counseling (generics covered at 100%)	Preeclampsia prevention (aspirin)
Depression screening (adolescents and adults)	Rh incompatibility screening (first prenatal visit and 24-28 weeks pregnant)
Diabetes screening — Type 2 (with blood pressure greater than 135/80mmHg)	Risk assessment and referral for BRCA testing and associated genetic counseling
Digital Breast Tomosynthesis (DBT), also known as 3D mammograms	Sexually transmitted infections counseling supplementation
Electrocardiogram (EKG)	Skin cancer behavioral counseling* (ages 10-24)
Falls prevention in older adults: exercise or physical therapy and Vitamin D	Syphilis infection screening — Not covered until June 1, 2017
Folic acid supplementation (OTC not covered)	Thyroid stimulating hormone screening
Gestational diabetes mellitus screening (in asymptomatic pregnant women after 24 weeks of gestation)	Tobacco use counseling and interventions (FDA approved prescriptions (including over the counter) are covered at 100% but limited to two 90-day course of treatments)
Glucose screening	Tuberculosis screening (adults with routine diagnosis) — Not covered until June 1, 2017
Gonorrhea screening	Urinalysis
Healthy diet and physical activity counseling to prevent cardiovascular disease	Well-woman office visits (annual exam) including pelvic exams and pap smears
Hearing exams	

Immunizations for Women

Haemophilus influenza type B (Hib) vaccine	Pneumococcal
Hepatitis A&B (catch-up)	Polio vaccine
Human papillomavirus (HPV) (ages 9-26)	Tetanus, diphtheria, pertussis (TD/Tdap)
Influenza virus	Varicella/chicken pox (Catch-up)
Measles, mumps, rubella (catch-up)	Zostavax (ages 60+)
Meningococcal	Shingrix (ages 50+)

Consult your primary care physician to determine which services are appropriate considering your age, gender, and personal health history.

Please review the Benefit Summary for out-of-network coverage. All services received from an out-of-network provider are subject to the out-of-network deductible and coinsurance, except for childhood immunizations, which are paid at 100 percent.