



# 2020 Preventive Care Benefits

## Men's Wellness Matters

The following preventive care visits and immunizations are 100 percent covered by your health insurance if rendered by an in-network provider. **Services must be billed with a primary diagnosis of "Preventive Care" to be covered at 100 percent according to the County's plans.** Note: The BlueSaver QHDHP preventive list has been expanded due to recent IRS guidelines. The list now includes certain medications targeted to manage chronic conditions. Please see the MedTrakRx preventive drugs list for more details.

### Preventive Care for Men

Abdominal aortic aneurysm screening (65-75 who have never smoked)	Hepatitis C virus infection screening
Alcohol misuse screening and counseling (ages 18 and older)	High blood pressure screening (ages 18 and older)
Aspirin to prevent cardiovascular disease (ages 45-79)	HIV screening
Chest X-ray	Human papillomavirus (HPV) testing
Chlamydia trachomatis testing	Lead testing
Cholesterol abnormalities screening for lipid disorders (ages 45 and older)	Lung cancer screening for adults age 55-80 who smoke or have quit in the last 15 years
Cholesterol abnormalities screening for coronary heart diseases (ages 20-35)	Metabolic screening
Colorectal cancer screening (ages 45 and older)	Obesity screening and counseling (BMI of 30 or higher)
Depression screening (adolescents and adults)	Physical exam
Diabetes screening — Type 2 (with blood pressure greater than 135/80mmHg)	Prostate exam and prostate specific antigen (PSA) tests
Electrocardiogram (EKG)	Skin cancer behavioral counseling (ages 10-24)
Falls prevention in older adults: exercise or physical therapy and Vitamin D supplementation	Sexually transmitted infections counseling
Glucose screening	Syphilis infection screening — Not covered until June 1, 2017
Gonorrhea screening	Thyroid stimulating hormone screening
Healthy diet and physical activity counseling to prevent cardiovascular disease	Tobacco use counseling
Hearing exams	Tuberculosis screening (adults with routine diagnosis) — Not covered until June 1, 2017
Hemoglobin/complete blood count (CBC)	Urinalysis
Hepatitis B screening (adolescents and adults)	

### Immunizations for Men

Haemophilus influenza type B (Hib) vaccine	Pneumococcal
Hepatitis A&B (catch-up)	Polio vaccine
Human papillomavirus (HPV) (ages 9-26)	Tetanus, diphtheria, pertussis (TD/Tdap)
Influenza virus	Varicella/chicken pox (catch-up)
Measles, mumps, rubella (catch-up)	Zostavax (ages 60+)
Meningococcal	Shingrix (ages 50+)

Consult your primary care physician to determine which services are appropriate considering your age, gender, and personal health history.

Please review the Benefit Summary for out-of-network coverage. All services received from an out-of-network provider are subject to the out-of-network deductible and coinsurance, except for childhood immunizations, which are paid at 100 percent.