



2019 Preventive Care Benefits

Womens' Wellness Matters

The following preventive care visits and immunizations are 100 percent covered by your health insurance if rendered by an in-network provider. **Services must be billed with a primary diagnosis of "Preventive Care" to be covered at 100 percent according to the County's plans.**

Preventive Care for Women

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| <ul style="list-style-type: none"> Alcohol misuse screening and counseling (ages 18 and older) Anemia screening Aspirin to prevent cardiovascular disease (ages 55 to 79) Bacteriuria screening (pregnant women between 12 and 16 weeks gestation) Breast cancer preventive medications for at-risk women Breast cancer screening (ages 40 and older) Breastfeeding support, supplies, and counseling Cervical cancer screening Chest X-ray Chlamydial infection screening Cholesterol abnormalities screening for lipid disorders (ages 45 and older) Cholesterol abnormalities screening for coronary heart diseases (ages 20-35) Colorectal cancer screening (ages 45 and older) Contraceptive methods and contraceptive counseling (generics covered at 100%) Depression screening (adolescents and adults) Diabetes screening—type 2 (with blood pressure greater than 135/80mmHg) Digital Breast Tomosynthesis (DBT), also known as 3D mammograms Electrocardiogram (EKG) Falls prevention in older adults: exercise or physical therapy and Vitamin D Folic acid supplementation (OTC not covered) Gestational diabetes mellitus screening (24-28 weeks pregnant or at high risk) Glucose screening Gonorrhea screening Healthy diet and physical activity counseling to prevent cardiovascular disease Hearing exams | <ul style="list-style-type: none"> Hemoglobin/complete blood count (CBC) Hepatitis B screening (adolescents and adults) Hepatitis C virus infection screening High blood pressure screening (ages 18 and older) HIV screening Human papillomavirus (HPV) testing Intimate partner violence screening Lung cancer screening for adults age 55-80 who smoke or have quit in the last 15 years Metabolic screening Obesity screening and counseling (BMI of 30 or higher) Osteoporosis women screening (women 65+ who qualify per medical policy) Physical exam Preeclampsia prevention (aspirin) Rh incompatibility screening (first prenatal visit and 24-28 weeks pregnant) Risk assessment and referral for BRCA testing and associated genetic counseling Sexually transmitted infections counseling supplementation Skin cancer behavioral counseling* (ages 10–24) Syphilis infection screening—Not covered until June 1, 2017 Thyroid stimulating hormone screening Tobacco use counseling and interventions (FDA approved prescriptions (including over the counter) are covered at 100% but limited to two 90 day course of treatments) Tuberculosis screening (adults with routine diagnosis)—Not covered until June 1, 2017 Urinalysis Well-woman office visits (annual exam) including pelvic exams and pap smears |
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Immunizations for Women

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| <ul style="list-style-type: none"> Haemophilus Influenza Type b (Hib) vaccine Hepatitis A&B (Catch-up) Human Papillomavirus (HPV) (Ages 9-26) Influenza Virus Measles, Mumps, Rubella (Catch-up) Meningococcal | <ul style="list-style-type: none"> Pneumococcal Polio vaccine Tetanus, Diphtheria, Pertussis (TD/Tdap) Varicella/Chicken Pox (Catch-up) Zostavax (Ages 60+) Shingrix (Ages 50+) |
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Consult your primary care physician to determine which services are appropriate considering your age, gender, and personal health history.

Please review the Benefit Summary for out-of-network coverage. All services received from an out-of-network provider are subject to the out-of-network deductible and coinsurance, except for childhood immunizations, which are paid at 100 percent.