



What to Expect

1. What is RSI?

Rainbow Services, Inc. (RSI) is a crisis stabilization program formed through the partnership of Wyandot Center, Johnson County Mental Health Center, and Heartland Regional Alcohol and Drug Assessment Center (HRADAC). These three agencies partnered with the Kansas Department for Aging and Disability Services to develop this program, utilizing the examples of successful crisis stabilization centers developed across the country, including Texas and Arizona.

RSI is a voluntary treatment program, as such it is not a locked facility. An individual can decide to discharge at any point in time and staff do not have the ability to physically stop anyone from leaving. If there is concern for an individual's safety, every attempt will be made to encourage an individual to stay or to assist with efforts to connect them to a higher level of care.

2. Finding RSI

We are located at **1301 N. 47th St., KCK 66102**, just west of I-635 on State Avenue. RSI shares a building with Wyandot Center's Adult and Crisis Services. Please enter the building through the Crisis door, the entrance closest to the first small parking lot you come to. Feel free to park here if space is available. **Phone # 913.956.5620**

2. Arrival / What to Bring

Inform Customer Care staff that you would like to be assessed for RSI. Individuals presenting for Wyandot Center's Crisis Clinic also present at this desk, however all law enforcement and Johnson County referrals should automatically be referred for RSI triage.

If anticipating admission, please bring a few changes of clothes and all the medications you are currently taking. ALL personal hygiene items will be provided. Your phone, wallet/ purse, and valuables will be secured for you during your stay. You will have access to a shared phone on the unit. You may bring your cigarettes as smoking is permitted outside during scheduled smoke breaks, traditional cigarettes only.

3. Triage

You will be escorted into a small room off the lobby to talk with a Triage Coordinator and nurse from RSI. You may invite family or friends to join you or wait for you in the lobby at this time. Basic information will be obtained regarding your current crisis situation, preceding events,

treatment history, supports available, and treatment goals. Nursing staff will obtain your vitals, to include: blood pressure, pulse, oxygen, temperature, and respirations. A blood alcohol content (BAC) is obtained on everyone that presents to RSI, regardless of whether or not alcohol is a presenting clinical factor. If the presentation or medical history indicates a need, a blood sugar may also be obtained.

RSI staff have the ability to order and process drug urinalysis (UA) tests onsite. These are utilized if an individual is uncertain what they have been using or the information is needed to help inform treatment decisions. The information obtained from the UA is used for the purpose of treatment and client education, not to inform a legal process.

4. Admission

Depending on your presentation, you will either admit through the Sobering Unit or the Observation Unit. The Sobering Unit will set you up with a mattress, on the floor for your safety. Stays on this unit are typically less than 4-6 hours. While on the unit, your vital signs will continue to be monitored and you will have an opportunity to discuss treatment options with HRADAC staff. This could include transferring to Observation if mental health needs are present, transferring to the Adult Detox Unit at Johnson County, or whatever plan client and staff agree on. HRADAC staff provide an outreach contact to every individual that discharges directly from the sobering unit to offer another opportunity for treatment intervention / support.

The Observation Unit consists of leather recliners in a large, peaceful room set up to provide an opportunity to allow you to rest in a safe, supportive environment. While in Observation, you will have an opportunity to attend one of the 4 psychosocial groups offered during the day – but it is not a requirement. You will meet with our prescriber to further discuss your mental health symptoms and review current needs. Stays in Observation will not exceed 23 hours. If you and the treatment team determine that you would benefit from staying longer at RSI, you may be presented with an opportunity to transfer to the Stabilization Unit.

Stabilization consists of 8 rooms, 2 double and 6 single. Here you will be assigned to a bed and the expectation on Stabilization is that you attend and participate in all psychosocial groups offered. It is also expected that you talk with treatment staff about your care needs and follow treatment recommendations, including taking medications as prescribed.

5. Care Coordination / Discharge Planning

All disciplines at RSI meet together each weekday morning to review client needs and work together to identify the best plan of care. The goal is to stabilize the immediate behavioral health crisis, as well as, make the initial connections to outpatient providers. In many instances, this may include re-establishing or strengthening existing treatment relationships. Most stays average 3-5 days, however the maximum stay is 10 days. The length of stay is determined based on the acuity of symptoms and the length of time needed to stabilize through psychiatric intervention.