Johnson County Suicide Prevention

- November 17, 2015
Dedication

To those who have lost their lives by suicide,
To those who struggle with thoughts of suicide,
To those who have made an attempt on their lives,
To those caring for someone who struggles,
To those left behind after a death by suicide,
To those in recovery, and
To all those who work tirelessly to prevent suicide and suicide attempts in our nation.

We believe that we can and we will make a difference.

From the National Strategy for Suicide Prevention (2012)
In 2013.....

The nation lost 41,149 people to suicide

There were 425 total Kansas deaths by suicide

Johnson County lost 87 people to suicide & overdose

**Johnson County includes approximately 20% of the total population of the state of Kansas**
Kansas Suicide Rates

- Over 3 times as many people die by suicide in Kansas annually than by homicide; the total deaths to suicide reflect a total of 8,512 years of potential life lost (YPLL) before age 65.

- Suicide is the second leading cause of death for the 15-24 and 25-44 age-group; the fourth leading cause of death for the 5-14 age-group and the fifth leading cause of death for the 45-64 age-group.

- Three most common methods of suicide were firearms (237 deaths), suffocation (123 deaths), and poisoning (65 deaths).

http://www.kansassuicideprevention.org/data/
Johnson County
Suicide/Overdose Deaths by Year

*Data from JoCo Coroner
**2015 Data from January-October
Johnson County
Suicide/Overdose by Age Range 2015

<table>
<thead>
<tr>
<th>Age Range</th>
<th>Count</th>
</tr>
</thead>
<tbody>
<tr>
<td>0-20</td>
<td>4</td>
</tr>
<tr>
<td>21-40</td>
<td>24</td>
</tr>
<tr>
<td>41-60</td>
<td>29</td>
</tr>
<tr>
<td>61-80</td>
<td>13</td>
</tr>
<tr>
<td>81-100</td>
<td>0</td>
</tr>
<tr>
<td>Unidentified</td>
<td>4</td>
</tr>
</tbody>
</table>

*Data from JoCo Coroner
**2015 Data from January-October
Johnson County
Suicides by Gender 2015

*Data from JoCo Coroner
**2015 Data from January-October
Johnson County
Cause of Death 2013 and 2014

**Cause of Death-2013**

- Homicide: 376
- Motor Vehicle: 127
- Natural: 1,221
- Other: 87
- Suicide/OD: 10
- Not Identified: 1

*N=630

**Cause of Death-2014**

- Homicide: 362
- Motor Vehicle: 127
- Natural: 1,022
- Other: 127
- Suicide/OD: 7

*N=612
Fast Facts…

150 People who attended the first community event three years ago

3 The number of years the coalition has been working on prevention efforts

5 The number of local ASIST trainers

2 Number of proclamations with BOCC

3 The number of priority goals & workgroups

$2,000 the amount of money the coalition received through KYSP in 2015

146 people trained in ASIST

∞ The amount of people Facebook posts reached

477 Survey responses to training needs assessment
Johnson County Suicide Prevention Coalition

2013
- Key Leader Event
- Focus Groups formed
- Received funding from KYSP
- Suicide Prevention Panel
- Electronic survey to gauge training needs
- Annual Report Out

2014
- First school event
- Bill Geis training
- TOT in Salina for ASIST
- Three ASIST trainings completed
- Suicide prevention week/day observed
- BOCC proclamation
- Annual Report Out

2015
- Four ASIST trainings completed
- Second school event occurred
- Received funding through KYSP
- Prevention Campaign created
- BOCC proclamation
- Suicide Prevention Week/day observed
- Annual report out
Strategic Goals
From the National Strategy for Suicide Prevention

• Implement research-informed communication efforts designed to prevent suicide by changing knowledge, attitudes, and behaviors.

• Provide training to community and clinical service providers on the prevention of suicide and related behaviors.

• Promote suicide prevention as a core component of health care services.
I Choose to Live is a student written, student performed presentation designed to educate high school students about the negative impacts of depression and suicide.

It portrays three different scenarios of students who are dealing with issues that could possibly lead to suicide ideation (student selected term!).

The 20 minute performance is followed up by classroom discussions guided by student prepared questions as well as a pledge signing opportunity.
First began in September 2014 to put posters and uplifting messages around school.
Each of us has been affected by the reaches of suicide.
Our experiences and work on this project have cemented our belief that suicide doesn’t just have one victim.
At the core of suicide prevention is the awareness and understanding of it.
We mention “Talk, Listen, Act”, as an effective way to get the conversation going.
We can’t continue to overlook suicides. This video was meant to emphasize that not even one suicide is ok.
Pictures/Video Link
Adult Suicide Prevention Video

Shawn Reynolds-Olathe Police Department

• Inspired by the students at St. Thomas Aquinas and their production of a suicide prevention video targeting youth
• Designed to target the adult population ages 45-65
• Will become part of the “not even one” campaign
• Available for any use you so desire and it can be freely shared with anyone or any group who might find it beneficial
• So share it with anyone and everyone
• Free copies have been made available by the Suicide Prevention Coalition and are available on the USB flash drives provided at each of the tables
  – Open it with Windows Media Player
Network Provider Form

Shawn Reynolds - Olathe Police Department

- Save Lives

- Provide Continuity of Care

- Increase Communication

- Close the Gap
Suicide Awareness Campaign

Steve Willsie-Cenpatico

• Received $2000 grant from KYSP
• Worked with Cenpatico on the creation of the campaign
• Conducted three youth focus groups which allowed us to fine tune ideas
• Distributed over 2000 posters, 500 post cards & 10,000 magnets to schools & other locations in JoCo
Suicide prevention campaign targeting high school students. Contact Prevention Services 913-715-7880 to request materials.
Suicide Prevention Week

Rennie McKinney-Shawnee Mission Medical Center
Small workgroup created
- Suicide Prevention Flyer distributed
- Sept 8\textsuperscript{th}: Facebook Boost
  - $100 to boost
  - Over 215 likes and 150+ shared
  - 17,838 people reached
- Sept 10\textsuperscript{th}: Proclamation to Board of County Commissioners
- Radio Interviews
Facebook Posts

Johnson County Mental Health Center
Published by Jenny Sears Rodriguez 9/18/2021 - September 9 - Edited 9/16 - October 16

Suicide is preventable. Help is available. 1-800-273-TALK (8255)
#EndSuicide #zerosuicide #preventsuicide

BE KIND.
FOR EVERYONE YOU MEET IS FIGHTING A BATTLE YOU KNOW NOTHING ABOUT.

803 likes, comments, and shares
1 Like, 7 on post
4 Comments, 0 on post
33 Shares, 33 on post
73 Post Clicks
24 Photo Views, 0 Link Clicks, 49 Other Clicks

Negative feedback:
1 Hide Post
0 Report as Spam
1 Hide All Posts
0 Unlike Page

2,357 People Reached

Boost Post

JOHNSON COUNTY
KANSAS
Facebook Posts

Johnson County Mental Health Center added 4 new photos
— with Megan Clark at Johnson County, KS Government.
Published by Jenny Sears Rodriguez on September 10, Olathe, KS. Edited.

Suicide Prevention Week was recognized during the Johnson County Board of County Commissioners meeting today. Thank you to Deputy Chief Reynolds, Olathe Police Department, Major McLaughlin, City of Merriam, Kansas PD, Kevin McGuire, JCMHC & Megan Clark, JCMHC for being present and receiving this proclamation.

Reach: 2,637
Likes, Comments & Shares: 56
33 On Shares
12 On Post
5 On Shares

Shares: 4
1 On Post
3 On Shares

Post Clicks: 236
58 Photo Views
178 Other Clicks
0 Link Clicks

Negative Feedback:
1 Hide Post
0 Report as Spam
0 Hide All Posts
0 Unlike Page
Today marks the beginning of Suicide Prevention Week! This is the dedication from the 2012 National Strategy for Suicide Prevention. Suicide is preventable. Help is available. 1-800-273-TALK (8255) #EndSuicide #zerosuicide #preventsuicide

Dedication

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To those who struggle with thoughts of suicide,
To those who have made an attempt on their lives,
To those caring for someone who struggles,
To those left behind after a death by suicide,
To those in recovery,
And to all those who work tirelessly to prevent suicide and suicide attempts in our nation.

We believe that we can and we will make a difference.
Facebook Posts

Suicide is preventable. Help is available. 1-800-273-TALK (8255)
www.jocogov.org/suicideprevention
#EndSuicide #zerosuicide #preventsuicide

Can really hurt
Help is available 1 800 273 TALK suicide prevention lifeline

17,838 people reached
580 Likes, Comments & Shares
- 407 Likes
- 23 Comments
- 150 Shares
- 440 Post Clicks
- 179 Photo Views
- 4 Link Clicks
- 257 Other Clicks
192 On Shares
18 On Shares
150 On Post
5 On Post
0 On Shares
6 Hide Post
2 Hide All Posts
0 Report as Spam
0 Unlike Page
Sherrie Balmer-Marillac

• To better identify the coalition, we decided on this logo to help further spread our mission within the community
• Logo has been included on campaign materials and on the JoCo MHC website
• Thank you to Jennifer Sutton, intern with Marillac, for helping us with the creation of our new logo
January School Event

Joe Kordalski-DeSoto Schools

• Over 100 people in attendance
• Representation from all districts
• Olathe Public Schools sponsored the event

• Presentations Included:
  – Olathe School District-Lesson’s learned
  – Marillac-Self harm
  – Sherrie Balmer- Phone apps
Kevin Hines

Megan Clark - Johnson County Mental Health Center
• Hosted global speaker, Kevin Hines in August
• Over 100 people were in attendance
• Great presentation on living mentally well

• Thanks to our sponsors:
Applied Suicide Intervention Skills Training (ASIST)

Megan Clark - Johnson County Mental Health Center

- Two-day workshop for caregivers who want to feel more comfortable, confident and competent in helping to prevent the immediate risk of suicide.

- Training takes participants through a model to learn how to provide suicide first aid to someone in crisis.

- With seven trainings provided - 146 community members have been trained in ASIST.
  - Those trained have included law enforcement, clergy, school professionals, parents, hospital staff, etc.

- This past year, another person was trained to be a trainer. Locally we have five people trained to be trainers in ASIST.

- Will continue to provide this training locally.
ASIST
(Applied Suicide Intervention Skills Training)

• When: January 14/15, 2016: 8:30am-4:30pm (both days)
• Location: Youth & Family Services
• Cost: $100
• To register, contact Jenny Rodriguez 913.715.7880
Johnson County
Suicide Prevention Coalition

• Meets monthly on the fourth Thursday
  – December 10th 2-3:30pm
  – January 2016-regular meetings resume

• 3:00-4:30pm at Johnson County Mental Health Center
  - 1125 W. Spruce in Olathe

• Open to the community

• Please contact Prevention Services at 913-715-7880 or
  megan.clark@jocogov.org for more information
Thank you for your participation!

Please fill out feedback form provided on table.

If you are interested in being on the coalition distribution list, please fill out your information on the notecards provided.

For more information please contact Megan Clark at
megan.clark@jocogov.org or
913-715-7880

www.jocogov.org/suicideprevention
www.facebook.com/Jocomnh