

JOHNSON COUNTY  
SUICIDE PREVENTION  
MAY 7, 2013

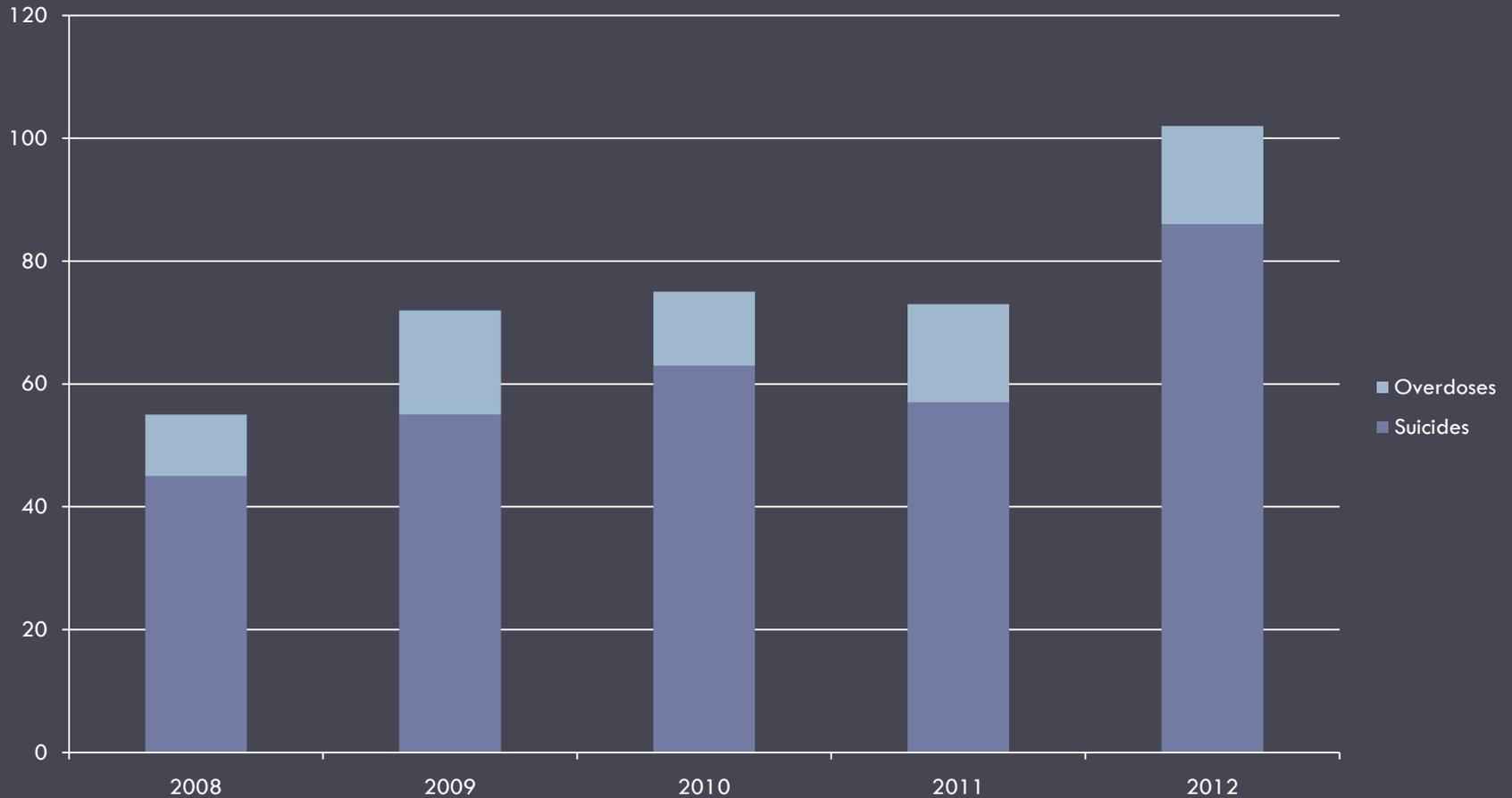
Presented by: Johnson County Mental Health Center

# Suicide Data

- 91% increase in suicides in Johnson County between 2008 and 2012. Death by suicide rose from 45 to 86.
- Suicide is the 10th leading cause of death, claiming more than twice as many lives each year as does homicide.
- Every 13.7 minutes someone in the United States dies by suicide.
- For every person who dies by suicide, more than 30 others attempt suicide.

# Suicides & Overdoses by Year in Johnson County

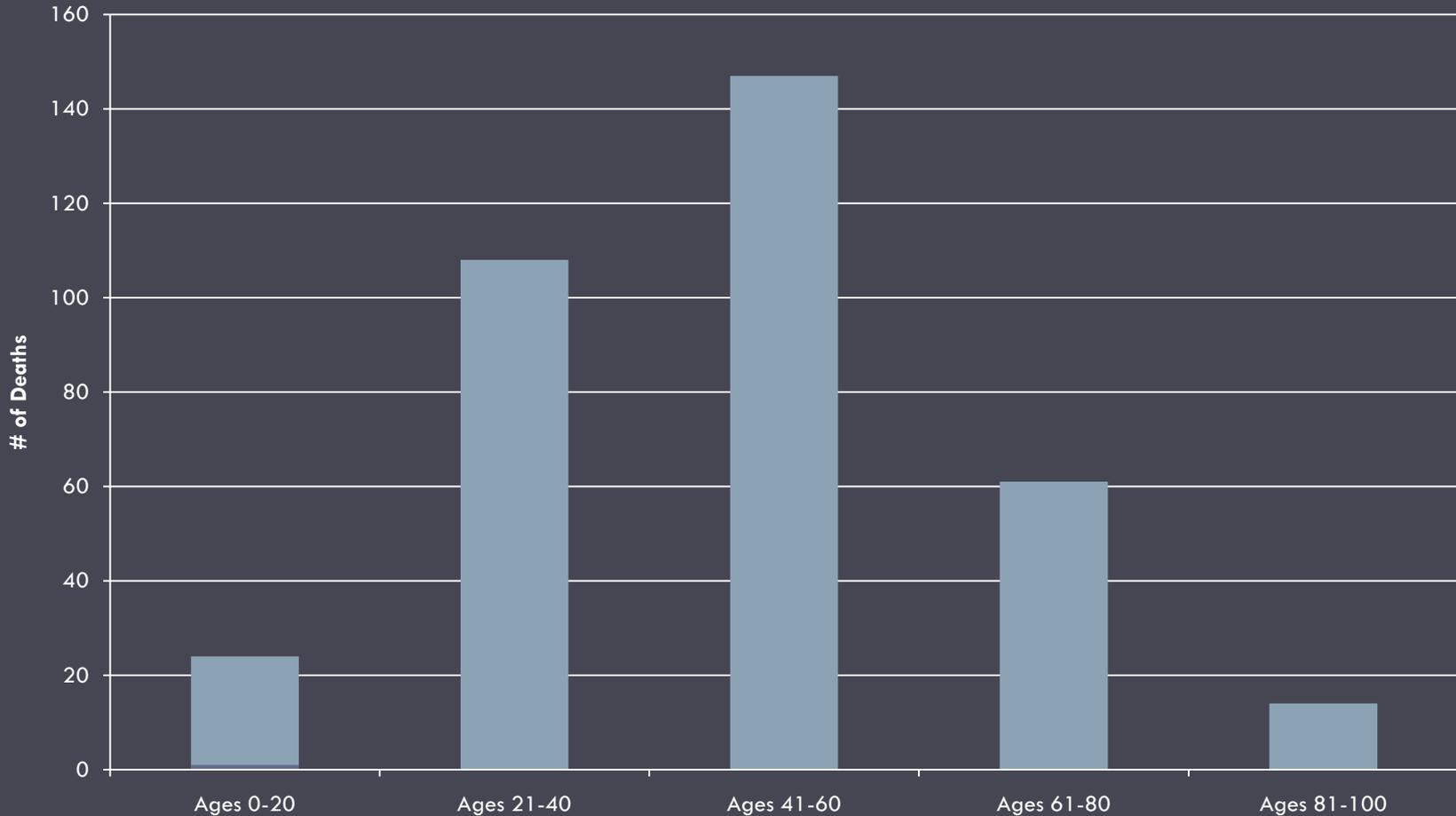
From 2008-2012



\*\*Deaths as reported from Johnson County Coroner's Office

# Suicides & Overdoses by Age in Johnson County

From 2009-2013



\*2013 data includes January-April

\*\*Deaths as reported from Johnson County Coroner's Office

# Johnson County Youth and Suicide

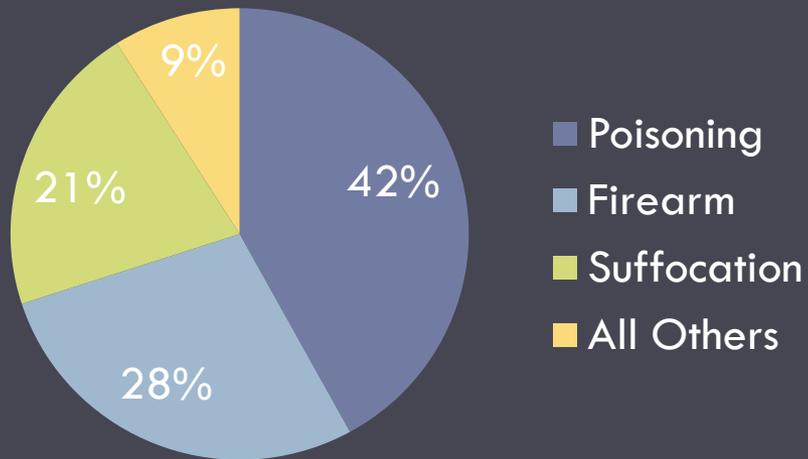
- In 2011, 10% of Johnson County high school males and 13.6% of females seriously considered attempting suicide in the past 12 months
- In 2011, 6% of Johnson County high school males and 5.7% of females attempted suicide at least once

Source: Kansas High School Youth Risk Behavior Survey, 2011

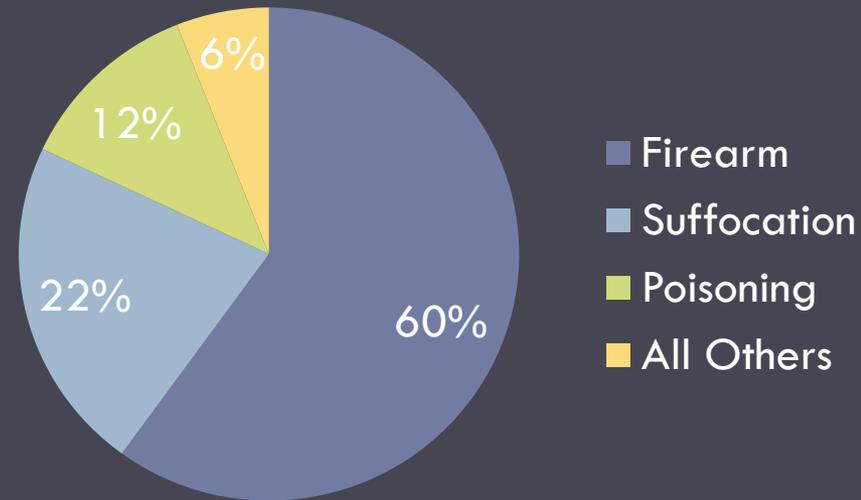
# Cause of Suicide Deaths by Gender

## Kansas 2006-2010

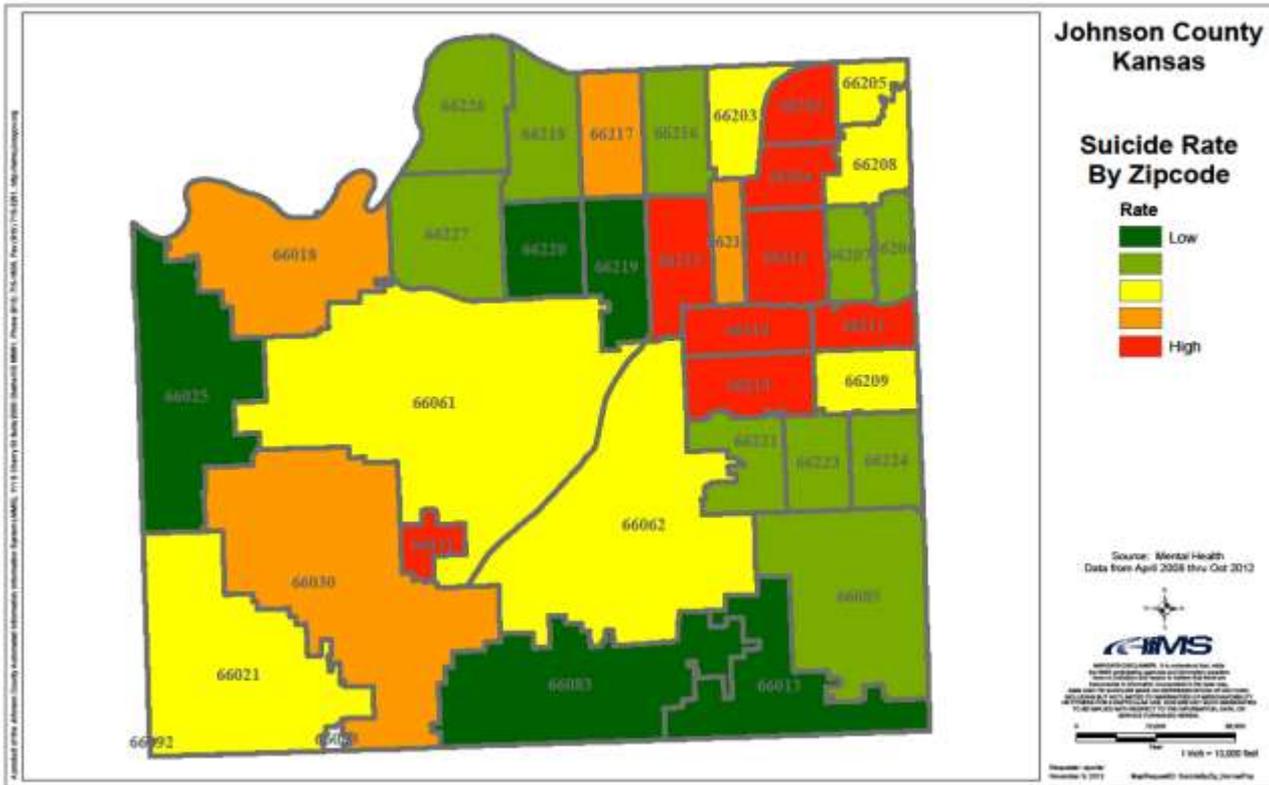
### Females



### Males



# Suicide Rate by Zipcode



- 66202-Mission
- 66204-Overland Park
- 66215-Lenexa
- 66212-Overland Park
- 66210-Overland Park
- 66211-Leawood
- 66213-Overland Park
- 66031-New Century

# Summary of Past Events-Summit

- Suicide Prevention Summit-November 13, 2012 at Heartland Community Church in Olathe
  - 150 people in attendance representing diverse sectors
  - Roundtable group discussion gathering participant feedback
  - Information gathered:
    - *Have you seen an increase in suicide attempts/death by suicide? If so, how has that increase affected the individuals you serve or services you provide?*
    - *What, if any, changes has your organization or others in the community, made to be more responsive to suicide? What are you currently doing in your field to address suicide?*
    - *Do you feel your organization has proper training to address suicide risk? What training opportunities do you know of in our community?*
    - *What do you feel are the resources and or gaps in our community on suicide education/ prevention/ intervention?*
    - *Where do we go from here? What are some first steps in preventing suicide in Johnson County?*

# Summary of Past Events-Focus Groups

- Focus Groups
  - Monday, March 25<sup>th</sup>: 18 attendees
  - Tuesday, March 26<sup>th</sup>: 15 attendees
- Reviewed Comprehensive Notes
- 2012 National Strategy for Suicide Prevention
  - A report of the U.S. Surgeon General and the National Action Alliance for Suicide Prevention
  - Thirteen goals with corresponding objectives
  - Focus groups narrowed down to top three priority goals for our community

# Suicide Prevention Goals

## **Strategic Direction 1: Healthy and Empowered Individuals, Families, and Communities**

- Goal 2: Implement research-informed communication efforts designed to prevent suicide by changing knowledge, attitudes, and behaviors.

## **Strategic Direction 2: Clinical and Preventative Services**

- Goal 7: Provide training to community and clinical service providers on the prevention of suicide and related behaviors.

## **Strategic Direction 3: Treatment and Support Services**

- Goal 8: Promote suicide prevention as a core component of health care services.

# Goal #2-Communication Efforts

- **Goal #2-Implement research informed communication efforts designed to prevent suicide by changing knowledge, attitudes, and behaviors**
  - ▣ Develop, implement, and evaluate communication efforts designed to reach defined segments of the population
  - ▣ Reach policymakers with dedicated communication efforts
  - ▣ Increase communication efforts conducted online that promote positive messages and support safe crisis intervention strategies
  - ▣ Increase knowledge of the warning signs for suicide and of how to connect individuals in crisis with assistance and care

# Goal #7 – Training

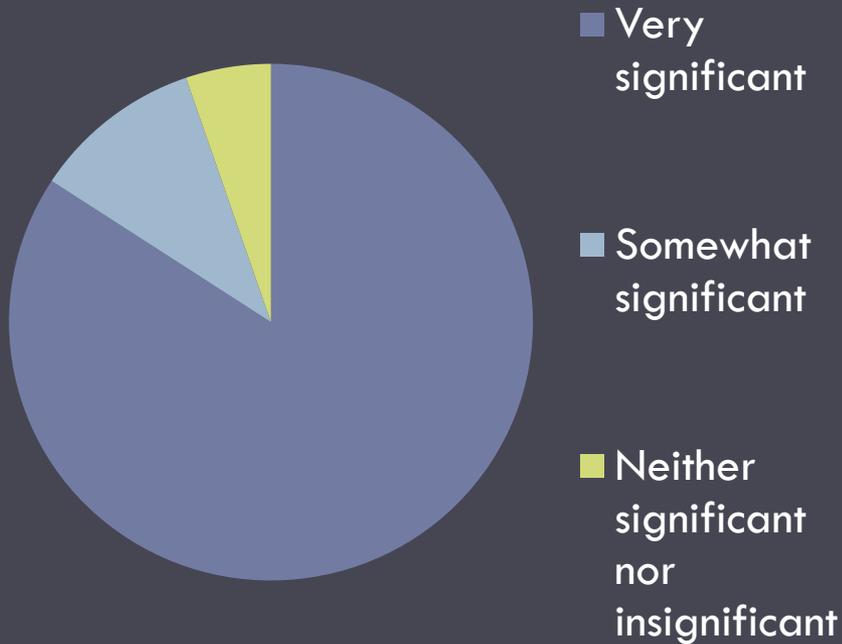
- **Goal #7-Provide training to community and clinical service providers-prevention of suicide**
  - Provide training on suicide prevention to community groups who have a role in the prevention of suicide related behaviors
  - Provide training to MH and SA providers on recognition, assessment, management of at risk behavior and delivery of effective clinical care for people with suicide risk
  - Develop and promote the adoption of core education and training guidelines on the prevention of suicide and related behaviors by all health professions, including graduate and continuing education
  - Develop and implement protocols and programs for clinicians and clinical supervisors, first responders, crisis staff and others on how to implement effective strategies for communicating and collaboratively managing suicide risk

# Goal #8 – Health Care Services

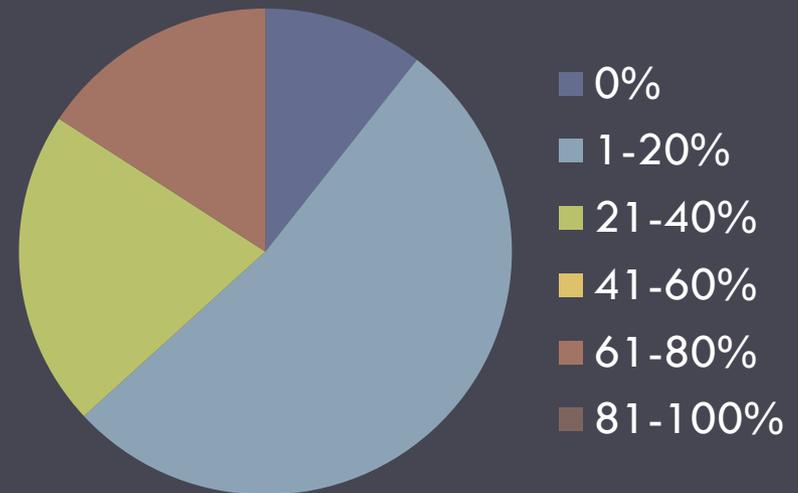
- **Goal #8-Promote suicide prevention as a core component of health care services**
  - Develop and implement protocols for delivering services for individuals with suicide risk in the most collaborative, responsive, and least restrictive settings
  - Promote continuity of care and the safety and well being of all patients treated for suicide risk in emergency departments or hospital inpatient
  - Encourage health care delivery systems to incorporate suicide prevention and appropriate responses to suicide attempts as indicators of continuous quality improvement efforts
  - Coordinate services among suicide prevention and intervention programs, health care systems, and accredited local crisis centers

# Evaluation Results Focus Groups

In your work, how significant is suicide prevention?

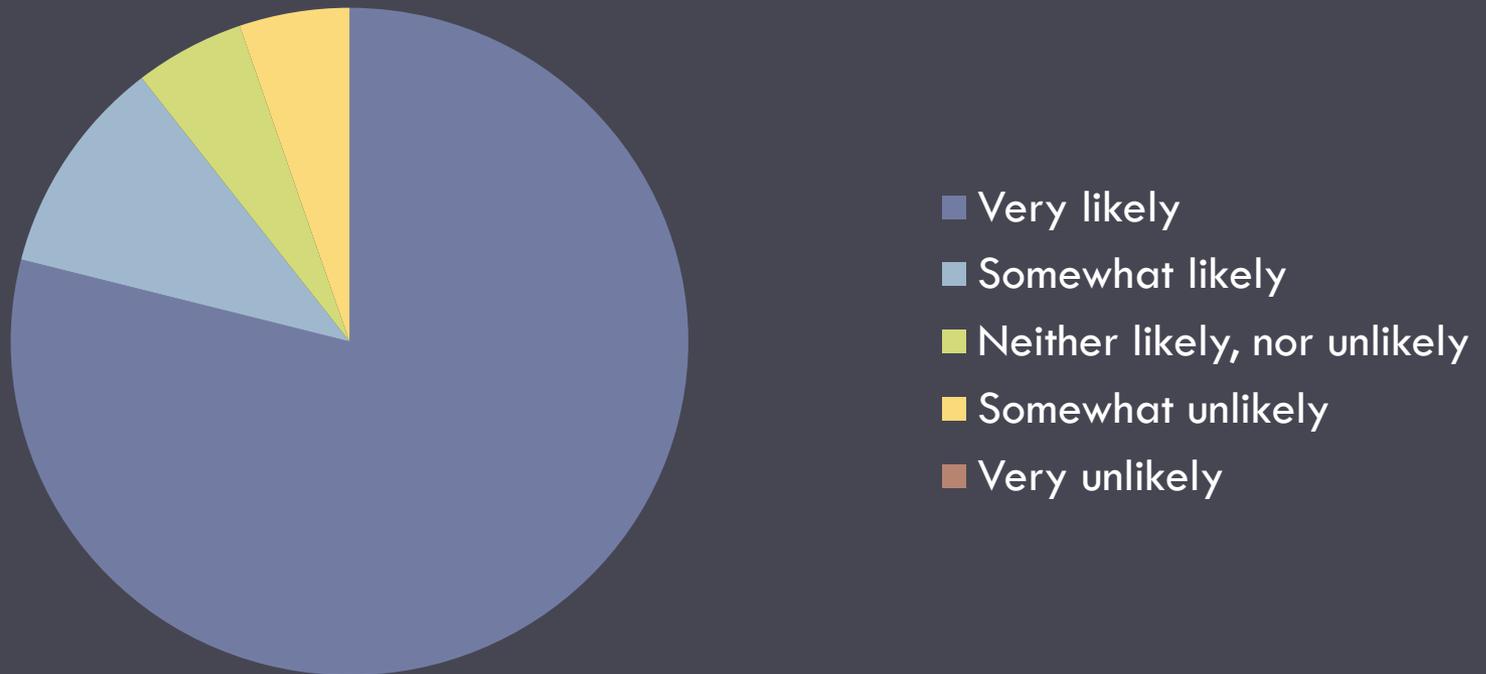


In a typical month, what percentage of your job is dedicated to suicide prevention?



# Evaluation Results Focus Groups

**How likely do you see yourself continuing to work with Johnson County Mental Health Center on suicide prevention in the future?**



# Discussion Questions

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- Response to work up to this point
- Feedback on three priority areas
- Vision for suicide prevention in Johnson County

# Next Steps

- Complete feedback worksheet
  - Gauge community commitment to next steps
- Vision for the future
  - Three workgroups
    - Research-informed communication efforts
    - Training to community and clinical service providers
    - Suicide prevention as a core component of health care services
  - Identify workgroup leaders and members
  - Workgroups create strategic plans to reduce suicide rates in Johnson County

# Questions?

Thank you for your commitment to reducing  
suicide in our community!