

MENTAL HEALTH CENTER (MHC) ADVISORY BOARD
Monday, January 27, 2020
Olathe
MINUTES

Members Present: Commissioner Becky Fast, Roger Cooper, Gordon Docking, Erin George, Nancy Ingram, Judge Michael Joyce, Michele Lockwood, Marilyn Scafe, Michael Seitz, Fabian Shepard, Anne Timmons, Scott Tschudy, Mike Walrod and Ken Whiteside (absent)

Staff Present: Tim DeWeese and Lacey Ziegler

Guest(s) Present: Joe Conner

Call to Order/Adoption of Agenda/Public Comments –

The meeting was called to order by Mr. Seitz at 5:31 pm.

Public comments – None

Board Member Comments/Concerns –

The following comments were made by the members:

- Erin George mentioned the movie “The Bridge” and recommended all should watch
- Roger Cooper talked about Mental Health First Aid and recommends each to attend. He provided a handout.
- A member talked about PO’s and the trauma they endure. Wants to do more to engage POs.
- Mike Walrod shared about the turn around of a family member and was able to enjoy the holidays.
- Mike Seitz shared information on program that the Blue Valley/Shawnee Mission School Districts created for dads.
- Anne Timmons shared a story about a client at RSI and how staff went above and beyond to get him the necessary treatment.

Commissioner Comments/Concerns –

- Becky Fast talked about 911 Collaboration between Med Act, MNH, etc. Looking at the data and how to coordinate better with MNH.

Meeting Minutes Approval from September 23, 2019 and November 25, 2020

Mr. Seitz entertained a motion to approve the September meeting minutes. Erin George moved to approve the minutes. Gordon Docking seconded and the motion carried.

Mr. Seitz entertained a motion to approve the November meeting Minutes. Erin George moved to approve the minutes. Fabian Shephard seconded and the motion carried.

Strategic Plan: (see handout)

Strengthen our Financial Position –

- Year end fund balance of 4.5%. County Policy requires Mental Health to maintain 8%-12%
- Fee for service revenue is below FY 2019 Budget projections but is comparable to revenue received in FY 2018
- Aged accounts receivables balance/collection is excellent and the amount over 90 days is well below the established target
- Will continue to have more frequent meetings with the budget office
- Conversation concerning Medicaid expansion and what that would mean to Mental Health

Advance Quality Care –

- Asking for 5 additional positions in 2021. The need is 15 to keep pace with growth but only asking for 5 due to the budget. The positions are Kids Team Leader (ABC/PBS), Data Analyst, MNHY-EMC-DHE-Med Act Co-Responder, Prevention Coordinator and After-Hours Clinician.

Enhancing Client Satisfaction –

- Mental Health Justice Team – at the Jails
- Monthly Parent Support Group
- The Parent Project
- Tim showed a video on Attachment and Biobehavioral Catchup (ABC)

Building Community Partnerships –

- Mental Health Justice Team
- Kansas Technical Assistance System Network (TASN) 2020 School Mental Health Initiative
- Project 10/20
- Reclamation Clubhouse (Pathways to Hope)
- Olathe Medical Center – Providing Mental Health Screens
- ACT is collaborating with Judge Foster on the possibility of a Juvenile Drug Court

Capitalizing on Technology – No update

Maximizing Data and Information –

- Lean Six Sigma – Yellow, Green and Black Belt Trainings

Improving Staff Satisfaction –

- County Engagement Survey January 30 – February 20
- County wide Leadership in Action Awards

Director's Report – (see handout)

- Guest host on The Bridge (December 9, 2019)
- UCS Excellence in Community Service Award for #ZeroReasonsWhy Campaign (December 10, 2019)
- Children's Coordinating Council (December 12, 2019)

Mental Health

- Reach Core Partner Grant (\$50,000)
- 911 High Utilizer Task Force
- JCMHC Legislative Reception (January 8, 2020)
- Mental Health First Aid Training for Elected Officials

Other Updates/Calendar of Events - (see handout)

- 2020 School Mental Health Initiative Kickoff Meeting (January 14, 2020)
- DeSoto School District Parent Night (January 15, 2020)
- Blue Valley Schools K-12 Counselors (January 21, 2020)
- Community wide Mental Health Convening (January 22, 2020)
- South Central Mental Health and Counseling Center visit (January 23, 2020)
- MNH All Staff Retreat (January 24, 2020)

Meeting adjourned at 6:58 pm.

The next MHC Advisory Board meeting will begin at 5:30 p.m. Monday, March 30, 2020 at the Olathe offices (1125 W. Spruce, Olathe, KS).

Submitted by:

Lacey Ziegler

Handouts: September Minutes, November Minutes, PowerPoint Presentation

MENTAL HEALTH CENTER (MHC) ADVISORY BOARD
Monday, May 18, 2020
Zoom Meeting
MINUTES

Members Present: Roger Cooper, Gordon Docking, Commissioner Becky Fast, Erin George, Nancy Ingram, Judge Michael Joyce, Michele Lockwood, Marilyn Scafe, Michael Seitz, Fabian Shepard, B. Scott Tschudy, Anne Timmons, Mike Walrod, Ken Whiteside (absent)

Staff Present: Tim DeWeese, Susan Rome, Tanner Fortney, John Bergantine, Debbi Naster

Guest(s) Present: Joe Conner, CMO

Call to Order/Adoption of Agenda/Public Comments –

The meeting was called to order by the Chair, Michael Seitz at 5:12 p.m.

Public comments – None

Chairs' Comments -

Mike congratulated the MHC Leadership Team and staff on their ability to pivot quickly and continue to provide services to the community during the COVID-19 pandemic. Mike asked for a modification to Roberts Rules for today's meeting. He thanked Anne Timmons and Tim DeWeese for their current service on the Overland Park Mental Health Task Force. Mike addressed how great it is that the current advisory board represents all areas of Johnson County.

Board Member Comments/Concerns –

- John Bergantine is grateful to see that JCMHC has adapted well and that the Shawnee office parking lot was made available for people to park their cars at night and sleep and portable bathrooms were made available.
- Judge Michael Joyce has appreciated the daily and weekly emails with updates of what is going on at the MHC. He would like this to continue.
- Anne Timmons gave thanks to Susan Rome for coordinating the quick response for medications that are currently being taken to be provided to those incarcerated.
- Nancy Ingram appreciates that the right people are in the right place to be able to pivot and assist as has been done these past two months.
- Michele Lockwood addressed that some people in the special needs community desperately need social interaction now more than ever. Also, some in the veteran community are struggling with PTSD and how it has intensified with the physical distancing. Both areas will need to be addressed going forward.
- Mike Seitz talked about the K-12 closures in Kansas and how the six Johnson County school districts have done a remarkable job. It is very hard to be both parent and teacher. He shared that Blue Valley reviewed recommended guidelines for students as they structured tele-education. Every district has had its own challenges. Quarantine is not equitable, i.e., not all students have fast internet or internet at all. As for reopening, districts are looking at Education of Kids and Safety. June 7th Blue Valley Rec sports programs will begin, which is a great outlet and opportunity, but there will be significant changes to social distance.

Commissioner Comments/Concerns –

- Commissioner Becky Fast shared that Johnson County moved quickly so numbers of COVID-19 cases have leveled with community transmission. JoCo is testing more this week for those with and w/out symptoms. She said the County's Dashboard is helpful to review current information and provide key indicators on how we have a handle on everything. KU Medical Center has a great podcast that talks about treatment and the pandemic. The fourth wave of the pandemic will be mental health issues, so she sees tremendous needs in the future. She is happy that Tim brought back vacant positions and sends her thanks to him for stepping up and reinventing and innovating to meet the tremendous needs of COVID-19. Regarding the budget, she is concerned about 2022 and the vulnerable population. Lastly, she wants to report how all the Johnson County department directors have repurposed wherever needs were, including working every weekend.
- Mike Seitz asked Commissioner Fast to sends thanks to Chairman Eilert and the entire commission for all their efforts these past two months

Meeting Minutes Approval from January 27, 2020

Mike Seitz entertained a motion to approve the January 27, 2020 meeting minutes. Erin George moved to approve the minutes. Anne Timmons seconded, and the motion carried.

Board Member Appointments

Tim discussed board appointments and how these reappointments occur. He answered the question that you remain on the board unless you choose to resign. He will be reaching out to a few board members whose term is up to see if they wish to remain on the board.

MHC Director's Report and COVID-19 Response Overview (see handout)

Strengthen Our Financial Position-

2020 Financial Projections:

- Fee for service (FFS) revenues are and will be greatly reduced for the remainder of 2020 and into 2021.
- Most service increases are within Emergency Services and are typically not reimbursable.
- All routine, but essential therapeutic and clinical interventions are being provided remotely via telephone and tele-video, in accordance with guidelines provided by the Kansas Department of Aging and Disability Services (KDADS), as well as the Centers for Medicare and Medicaid Services (CMS).
- Intensive community based psychiatric rehabilitation services are limited and the majority of telephonic and tele-video services are not reimbursable, and, if they are, it is a t lower rate.
- Our current projection is somewhere from \$1.2 million to \$1.8 million reduction in FFS revenue in 2020.
- The MHC has been asked to navigate a roughly \$750,000.00 reduction in county support for the 2020 budget.
- Tim will send a budget calendar to all board members.
- COVID-19 Related Funds have been received:
 - \$50,000.00 Reach Healthcare Foundation
 - \$50,000.00 KC Regional COVID-19 Response and Recovery Fund
 - \$11,502.33 CARES Act Provider Relief Fund payment – HHS
 - \$50,000.00 Health Forward Foundation
 - \$95,000.00 UHC Empowering Health Grant to Friends of JCMHC

Advance Quality Care –

Current Clinical Operations:

- Both employees and clients have had to adapt to tele-services, while still providing walk-in services at two mental health centers. About 10 people are being seen a day.
- Emergency Services have helped to keep people out of the hospital and are still meeting urgent needs both by tele-services and face-to-face interaction as required.
- Clinical Operations for residential services made adjustments. (see handout)
- Service Delivery Data is listed on handout, but important to note that while other agencies are seeing a decrease, JCMH is seeing an increase.

Clinical Operations Moving Forward:

- One employee is coming back to the office space each day.
- Emergency crisis counseling is being made available to front line first responders and their families.
- Virtual Parent support groups are now available for current clients and a monthly parent support group open to the community. Participation continues to increase.
- Daily peer support and psychosocial groups for adult clients are now offered on ZOOM.
- Everyone on MHC staff are sharing in the task to reach out to people.
- Residential Consolidation to The Recovery Place (TRP)
 - It was determined after careful review that this program will be more efficiently operated by MH employees at a MH location.
 - This strategic reduction will begin by August 1, 2020 to minimize disruption to school services.
 - The reduction in beds will be countered with the initiation of an ACT Outpatient Program that will focus solely on Johnson County youth and will support the courts to develop a Juvenile Drug Court.
- Homeless outreach available with overnight parking spaces at Shawnee location.
- EVERFI has made available a new Family Portal for social emotional learning, as well as access to a library of 20+ digital courses.

Client and Community Engagement

- There is a host of information and resources on JCMHC website and Facebook page.
- A “Mental Health Moments” weekly email is distributed to more than 2,000 residents.
- A bi-weekly Mental Health Postcard outreach began with a distribution of more than 4,308 residents.
- #ZeroReasonsWhy Community Convening was held using Zoom and Facebook Live.
- May is Mental Health Awareness Month and this year’s campaign is “Break the Stigma.”
- The Johnson County Suicide Prevention Coalition Meeting is now virtual.
- Special editions of It’s Okay if You’re not Okay are available.
- Staff recorded children’s books as a service to families and these are on the Facebook page.
- Friends of Johnson County Mental Health Center
 - May 8th socially connected concert with Una Walkenhorst was on Facebook page.
 - #ApartNotAlone campaign began with a contest of people showing acts of kindness through media, pictures, artwork, etc.

Questions for Director –

- Nancy wanted to know if there are more opportunities for funds from CARES Act. Tim responded that the State of Kansas did not pursue CCBH so federal money was not available to Kansas mental health agencies. We did receive \$11,000.
- Anne asked if there will still be an ACT program. Tim responded yes and that we will be addressing the true needs of the community with a downside of fewer beds.
- Anne also asked about “more contact with people for less amount of time.” Tim explained that JCMHC is paid in increments of 15 minutes. This is why mental health appointments should be “fee for service” as in the medical health field.
- Anne commented that video support groups are a great way to engage people who might otherwise be intimidated about an in-person group.

Proposal by Chair –

Mike Seitz proposed (1) that the Advisory Board have a special meeting before Tim submits the budget around July 15 or (2) that the executive board of this advisory board act on behalf of the entire board to give feedback to CMO and BOCC. Mike Walrod agreed for expediency. Erin George suggested combining both proposals. Anne Timmons and Nancy Ingram would like to participate in another meeting of the board before next official meeting end of July. Most everyone agrees to another meeting. Both Joe Connor and Commissioner Fast agree that board members should participate as much as they would like. Wednesday, August 12th at 7:00 p.m. will be public comments on the budget. The BOCC meeting will be the next morning on Thursday, August 13th at 9:30 a.m.

Wednesday, August 12th Public Comments at 7:00 p.m. Thursday Aug. 13th BOCC review, public comments at 9:30 a.m.

Proposes allowing the executive board of this committee to act on behalf of the board to give feedback to CMO and BOCC.

Mike W. agrees for expediently.

Erin wants to know if we can combine both proposals.

Anne and Nancy would love to be a part.

Most everyone agrees to another meeting.

Would appreciate Joe and Commissioner’s feedbacks. Both agreed for as much participation as you would like.

Tanner and Susan, any questions?

Meeting adjourned at 6:28 pm.

The next MHC Advisory Board meeting will begin at 5:00 p.m. Monday, July 27, 2020 by Zoom Meeting or 5:30 p.m. at the Olathe offices (1125 W. Spruce, Olathe, KS).

Submitted by:

Debbi Naster

Handouts: January 27th Agenda and Minutes, May 18th Agenda, Director’s PowerPoint Presentation

MENTAL HEALTH CENTER (MHC) ADVISORY BOARD
Monday, July 27, 2020
Zoom Meeting
MINUTES

Members Present: Roger Cooper, Gordon Docking, Commissioner Becky Fast, Erin George, Nancy Ingram, Judge Michael Joyce, Michele Lockwood, Marilyn Scafe, Michael Seitz, Fabian Shepard, B. Scott Tschudy, Anne Timmons, Mike Walrod, Ken Whiteside (absent)

Staff Present: Tim DeWeese, Susan Rome, Tanner Fortney, John Bergantine, Debbi Naster

Guest(s) Present: Joe Conner, CMO

Call to Order/Adoption of Agenda/Public Comments

The meeting was called to order by the Chair, Michael Seitz at 5:05 p.m.

Call to Order/Introductions

The Chair, Mike Seitz, requested that we begin with Board Member updates and comments.

Board Member Comments

- Erin George received a postcard and appreciated the supportive message written on it. She also shared that after having a medical emergency and staying overnight at the hospital, she received a call from JCMHC the next morning to check on her. It was so appreciated.
- Scott Tschudy says he is back in the office and feeling more productive than working from home. He'd rather be home, of course, but more productive in the office.
- Mike Seitz says people working from home seem to be starting earlier and working later, maybe taking breaks, but overall working harder and longer.
- Anne Timmons has two kids at home with two different dynamics. One wants to be on-line and one wants to be at school. Blue Valley is giving the option. Anne is a Congregational Caregiver for the Recovery community at COR and calls are really ramping up.
- Gordon Docking saw Tim on KSHB last night and he is pleased with how Tim has had a presence in the community during this pandemic. This is good for the agency and good for Johnson Countians and the whole metro area.
- Mike Seitz thanked Tim for recognizing the JCMHC staff for all they have been doing. He also said the issues surrounding the Blue Valley School Board, where they are asked to give a philosophy and direction and sorting through hundreds of community emails with tremendous polarization has been challenging. Everyone has an opinion and it has hard to have a handle on the pulse of the public when you get so much information. On a personal note, his son had an issue and spent some time in the hospital. He is actively pursuing rehabilitation. Mike reminded us we are all touched by mental health issues. We collectively must sit back and take a breath
- Anne gave feedback that Blue Valley has done a remarkable job so far in communicating and giving choices.
- Gordon Docking is pleased with Commissioner Fast's leadership to the community.
- Mike Seitz agreed that the empathy, civility, understanding, and respect for other opinions is necessary and Commissioner Fast exhibits these qualities.
- Nancy Ingram agreed with the importance of respect and civility. She shared that JCCC is feeling support from the community.

- Ken Whiteside is the public service representative on the Advisory Board. Ken shared that he stays in contact with Police/Fire. The first responders report it is business as usual, just a different strategy. He said they are holding their own. They have really rallied around their resiliency support groups in their departments. The level of stress is rising, however.

Commissioner Comments/Concerns

Commissioner Becky Fast shared it has been difficult to meet the needs of an entire community. The good news is that the revenue is not at the 22-23 million shortfall they thought, but now 15 million. She was worried the MHC gains would be wiped away. She is hopeful that in the fall, the county's COVID numbers will not go up. Johnson County has seen some hopeful signs that numbers are down due to requiring masks. Seventy-five percent of library workers have terminated positions and retired due to vulnerable family members. Commissioner Fast is proud of the Mental Health staff for all their extra efforts regarding the budget, and the daily changes have had to make to accommodate.

Meeting Minutes Approval from May 18, 2020

Mike Seitz entertained a motion to approve the May 18, 2020 meeting minutes. Erin George moved to approve the minutes. Nancy Ingram seconded, and the motion carried.

MHC Director's Report:

Our Financial Position

Tanner provided an update with the visual of the 2021 Budget. He presented to the BOCC for the Mental Health Center's budget presentation. There appeared to be an understanding and support overall from the BOCC. Tanner explained the un-funded positions are not off the books officially but are called "de-funded;" and we can bring them back without BOCC approval, if money should be available.

The last few years we have been trying to replace our M.D.'s with APRNs due to struggling to be competitive with other organizations. We are about \$25,000-\$50,000 less than other organizations. This alone, saved us \$87,000. And, the elimination of the Tele-Health contract saved \$138,000.

Regarding additional resources, we had requested additional County Tax support to partially cover personnel costs and for EHR license upgrade. Both were funded by BOCC in our initial request.

The Public Hearing for the 2021 Budget will be held on Wednesday, August 12, 2020 at 7:00 p.m. If you are interested in speaking, contact Lynda Sader, Deputy County Clerk.

- Mike S. asked if we could have asked for \$200,000 more.
- Commissioner Fast replied she was disappointed that we had to cut six positions.
- Anne said she was expecting worse.
- Tanner said there will be some additional merit increases for the hard work of staff.
- Tim said he has been most proud the last 18 weeks of the MNH staff by the way they redesigned themselves to meet the needs of the clients. There is a wide gamete among staff about issues, but we have found a happy medium to meet the needs of most staff. We never closed, just shifted from traditional ways.

Mental Health

Quality Care:

Current Clinical Operations

We have clients who are doing well and others not so much so. Overdose deaths have increased, and we are seeing just as many deaths from alcohol and other drugs other than heroin. We need to reach those who are may not as comfortable with tele-video. We are finding more parent support, but more kids struggling. We have developed a 3-tiered system to access necessary care: (1) immediate care (within 48 hours), (2) face-to-face appointment (within 10 days), and (3) face-to-face (within 30 days.) The presentation sheet goes into more detail.

Another area the department has focused on is the civil unrest we are experiencing and the lack of civility, compassion, and empathy that some in our society are showing to another.

Maximizing Data and Information -

- We are having approximately 1000 contacts a week.
- Mental health evaluations have increased, which is where local E.R. or law enforcement are calling us to come to them for support.
- Tim has great staffing concerns for emergency services.
- 7 vacancies are being held vacant.
- 18 positions are being filled, but it is difficult to find people right now. In the past we discussed the work-force shortages in mental health, but because of the pandemic has compounded everything.
- 5 positions are being held back in the Eliminated area (6 are defunded) in case we need them.
- We have some MNH employees helping out DHE for six weeks ½ here and ½ there.
- 150 Meals on Wheels meals are being delivered by our staff to assist.

Employee Engagement -

- Some of our staff experienced racism after the George Floyd murder.
- We have a diverse workforce and we want to be culturally sensitive by implementing “Building Blocks.” These five steps will help us do so. (See Agenda Presentation for more detail.)
- #ZeroReasonsWhy playbook was distributed. This book is a roadmap for any community that wants to support suicide education and prevention. All 26 community mental health centers will receive this playbook.
- We also just completed this year’s orientation. 70 students participated in a 2-day orientation.
- Commissioner Fast recommended encouraging those students and in future trainings to pursue a career in the area of social work and/or healthcare since they are so passionate about this topic.

Questions for Director

None

Proposal by Chair

Mike Seitz thanked all the board member for their passion and making the meetings fun and added that Tim does such a great job preparing for the meetings and running the department.

Meeting adjourned at 6:20 pm.

The next MHC Advisory Board meeting will begin at 5:00 p.m. Monday, September 28, 2020 by Zoom Meeting or 5:30 p.m. at the Olathe offices (1125 W. Spruce, Olathe, KS).

Submitted by:

Debbi Naster

Handouts: May 18' 2020 DRAFT Minutes, July 27' 2020 Agenda, Minutes, and Director's Power Point Presentation

MENTAL HEALTH CENTER (MHC) ADVISORY BOARD
Monday, September 28, 2020
Zoom Meeting
MINUTES

Members Present: Roger Cooper, Gordon Docking, Commissioner Becky Fast, Erin George, Nancy Ingram, Judge Michael Joyce, Michele Lockwood, Michael Seitz, Fabian Shepard, B. Scott Tschudy, Anne Timmons, Mike Walrod (absent)

Staff Present: Tim DeWeese, Susan Rome, Tanner Fortney, John Bergantine, Debbi Naster

Guest(s) Present: Joe Conner, CMO, Harry and Mary Bognich (League of Women Voters), Kiersten Adkins (Pathway to Hope)

Call to Order/Adoption of Agenda/Public Comments

The meeting was called to order by the Chair, Mike Seitz at 5:03 p.m.

Mike entertained a motion to adopt today's agenda. Judge Michael Joyce moved to approve the agenda. Erin George seconded, and the motion carried.

Call to Order/Introductions

- Tim introduced guests Harry and Mary Bognich from the League of Women Voters and Kiersten Adkins from Pathway to Hope.
- Kiersten thanked Tim for the invitation to the meeting and for the members' service to this Board. She said that as the Executive Director of Pathways to Hope, she has been tremendously busy dealing with the current crisis. Where she used to get two suicide assessments a month, she has seen a 500% increase in assessments during the pandemic this year. These are mostly people who had a previous diagnosis. She does not know of any assessments who have completed suicide. Reclamation Clubhouse is open and is giving those with mental illness a face to face community. Kiersten is so grateful for the staff of JCMHC. Both Mike and Tim thanked Kiersten for what Pathway to Hope is doing as well.
- Mike S. requested that we begin with Board Member updates and comments.

Board Member Comments

- Erin shared she was appointed to the Governor's Task Force for Modernization and Reform. Her platform is how to access services and hospital beds. Tim shared that Erin was Speaker Ron Rykman's choice. Tim will work with staff here to make focus groups happen.
- Gordon said he thankful every day for JCPRD and for Heritage Park Golf Course. This is where he and his wife and son Blake enjoy have enjoyed getting out during this pandemic.
- Anne is active in her church where there is a great need for help with suicide prevention. Also, Kevin and Anne worked with BV Schools to implement the START (Stand Together and Rethink Technology) program. 1,000 people signed up. There will be a free screening this Saturday at 8:30 p.m. of "The Social Dilemma." Tim shared about the START program with all the school districts, and has done several sessions with Tracy Foster, the Executive Director of START.
- Judge Joyce spoke about the Care and Treatment program for those who are a danger of themselves or others. The necessary elements for petitioning include Mental Illness and/or Substance Abuse. There were 110 in 2019, and in the last 6 months of 2020, 142. The new Courthouse is set to open January 4, 2021, but we will know more as time progresses.

- Mike W. shared his twins in 4th grade and a son in 2nd grade have managed well and become closer during the pandemic because they have each other to play with. Having the kids in sports in the summer also helped. School challenges keep things changing, but the kids have been “troopers,” and the family is taking it day to day.
- Mike S. said the return of the school year has put tremendous stress on patrons, students, staff, school board, and peripherals. He never thought being on the school board, he would need police protection or be physically threatened. Blue Valley will go back to hybrid mode on the 5th of October for middle and high school and elementary will begin full time in house. A big thank you to Tim for coming to the inaugural meeting of the Blue Valley Health and Wellbeing BOE Advisory Committee. Mike said the way JCMHC has been positive has produced remarkable results for the district.
- Gordon also acknowledged how incredible Tim’s proactiveness has been in putting many messages out to the public. Nancy agreed.

Commissioner Comments/Concerns

- Commissioner Becky Fast shared she was able to speak of the wonderful work being done here in Johnson County at the 2020 Annual Conference for Behavioral Health. She was a part of a government panel. She learned about how services are delivered in rural areas. It was a great collaborative discussion.
- Commissioner Fast had a family reach out to her in crisis with a child who has autism. She was happy with the way our agency handled it quickly and efficiently.
- She reported the mask order continues in the county and she is wondering how we will navigate flu season on top of the pandemic.
- Election Offices will have ballot drop boxes and advanced voting locations. The election office is reporting that 90% of residents might vote! They are preparing well ahead.

Meeting Minutes Approval from July 27, 2020

Mike S. entertained a motion to approve the July 27, 2020 meeting minutes. Erin moved to approve the minutes. Michele Lockwood seconded, and the motion carried.

MHC Director’s Report:

- We had two resignations to the Advisory Board (Ken and Marilyn) and now have two openings.
- Tim has been appointed to the following:
 - National Judicial Task Force to Examine State Courts’ Response to Mental Illness
 - National Judicial Task Force – Criminal Justice Workgroup
 - National Association of Counties (NACo) Justice and Public Safety Policy Steering Committee
 - Mental Health Strike Team
 - Overland Park Mental Health Task Force
- 2 staff members, Rob MacDougall and Sierra Wright were selected to join the Governor’s Behavioral Health Services Planning Council’s Justice Involved Youth and Adult Subcommittee
- IMAGO is a web-based option to engage clients during telehealth appointments, and then allows them to access it later and have worksheets to work on after appointments. We are the first community mental health center in the nation to adopt this program. Case managers felt the need for structure and direction which this program provides.

Our Financial Position

- In the first 9 months of 2020 we have received over a million in funds due to COVID-19. We are in a good place right now. Tim continues to worry about the growing need for mental health services. He thought the pandemic would bring on a tsunami of mental health issues, but now realizes it has been slowly building the past 6 months and needs are growing rapidly.
- Joe C. said there will be no negative benefits to JCMHC since the Commissioners have set and approved the budget for 2021.
- JCMHC may have an increase in fund balance.
- Tanner said TFM reported we will also be receiving another \$ 300,000.00 from extra Cares money for payroll.

Quality Care:

- Staff will continue to use tele-video and in-person appointments.
- As pandemic has gone on, we are seeing more people face to face, reopened nurses' clinic, and also adopted some lobby management operations.
- Tanner shared that Executive Leadership decided to open up the nurse's clinic on 9-14-20 for medications and the walk-in clinic for people who need services.
- Appointments are scheduled through the customer care center and they tell clients the protocol for coming into the office. Then, a reminder call goes out with additional information. When they come to Olathe or Shawnee, they call the call center and front desk checks them in and they remain in their car, or if they are dropped off, they can walk in but try to keep those numbers to a minimum. Once prescriber, nurse, or doctor are reached, then we have client come in, check temperature, etc. Physical distance is emphasized, removing chairs, etc. and all has gone remarkably well.
- Staff is also working on implementing "QLess," which is the same company DMV uses to automate scheduling. We received pricing information to see if this might be easier for clients but could possibly be used for clinical and medical appointments in the future. This provides flexibility to clients and helps operations flow smoothly.
- Commissioner Fast asked about those without digital access. Tanner replied this would just be an option. We would still have staff available for phone scheduling.
- Tim said we are looking for funds from Friends to provide Smart Phones and Hot Spots for those with phones.
- Michele Lockwood suggested approaching T-Mobile and Tim said we have reached out to all mobile carriers for phones and hot spot assistance.

Building Community Partnerships -

- Tim and staff have been in communication and/or meeting with most school districts, either boards or superintendents.
- Anne asked questions about Mental Health First Aid.
- Mike S. said if anyone on the board has any roadblocks, please reach out to Tim or Mike for assistance. Please continue to give feedback at these meetings and between meetings.
- Anne asked about ACT. Tim said it's doing well. It moved because of single bed occupancy. We are staying full. We did have the first positive COVID and it was managed without spreading. On October 1st a juvenile drug court will begin, and ACT will provide outpatient services. So far, we have 40 referrals. We will quickly meet our capacity and then will reallocate our resources if necessary. Intensive outpatient program – can call it this. Will not be billing outpatient fees. Can get individual work, case management, and group therapy. IOPs without being an intensive outpatient program. Don't like to say IOP because of the

expectations and requirements. May get there eventually. Did let CARF know and the state did a licensing visit. They came on Monday and we passed with flying colors. We do serve kids across Kansas. After COVID will have 10 beds. Tanner said we will bill as CTSD not IOP. We may not make money, but we will definitely break even.

- Nancy asked about 3-year program of ZRW. Can we include JCCC at some point? Can we expand if we have trained students coming to the college? Tim will reach out to our contacts there.
- Rotary International wants to give up to \$100,000 to Friends. They have heard from parents who want training on how to converse with young people about suicide issues. Veterans organizations also want to focus on ZRW for veterans.
- Nancy said she is so proud to be appointed to serve on this board and is thankful for this opportunity to serve with a group making such a contribution to our community.
- Tim discussed the co-responder expansion. Both O.P. and Olathe are looking at a new model where Behavioral Health Units where co-responders ride in the patrol car, rather than currently riding in their own vehicles, slowing down response time. Olathe has a pilot program starting. This is an evolution with the next phase being looking at for MedAct, Fire, and health issues. 911 operators would help in dispatching mental health responders instead of police.
- Tim said we need to double down on partnerships in our community. In the next few weeks, an offer will be made to all school superintendents, in addition to EAP in schools.
- Tim reminded everyone that we are still sending out the weekly Mental Health Moments by email.
- Postcards to clients are going to be sent out again. Mike W. wants to know how the distribution works. Right now, it is our internal client list, but could move on to general public. We could have people sign up as they did for emails.
- Nancy wants to know after 6 superintendents are reached, can we work with each of their PIOs to get addresses and emails to send more postcards.
- Tim discussed suicide prevention efforts.
- Seventy students went through ZRW training and will be ambassadors in the community.
- See more partnerships

Questions for Director

None

Proposal by Chair

It is an honor to serve with everyone on the board and to work with such a wonderful director.

Meeting adjourned at 6:17 pm.

The next MHC Advisory Board meeting will begin at 5:00 p.m. Monday, November 23, 2020 hopefully at the Olathe offices (1125 W. Spruce, Olathe, KS) or will Zoom again.

Submitted by:

Debbi Naster

Handouts: July 27 DRAFT Minutes, September 28, 2020 Agenda