

Project SEARCH Intern Self Preparation Assessment TO BE COMPLETED AND TURNED IN WITH PROJECT SEARCH APPLICATION



Dear Project SEARCH Applicant:

Please fill out this checklist. If you need help, please ask a family member or support staff. Fill out each section with the best information about yourself and your skills. That will help us learn more about you. If someone else helps you, ask them to write down the answers in your own words.

The Project SEARCH Staff

Name:	Birthday:
Home Phone:	Cell Phone:
Email Address:	
Home Address:	

Check all that apply

Commitment to Community Employment:

- I want to get a job
- My family supports my goal of competitive community employment
- I have an original Social Security Card
- I have a State ID or a Driver's license as a picture ID
- I can pass a pre-employment drug screen
- I can pass a criminal background check
- I can be contacted through an answering machine or voice mail which has a business like greeting
- I have a business like email address that I can check at least weekly
- I receive SSI and/or SSDI or other forms of public assistance
- I have had a benefits analysis and/or I understand the impact of earned income on my benefits

Attendance (check one of the following)

- I have had no absences or tardies within the past school/ employment year
- I have had 1-5 absences or tardies within the past school/ employment year
- I have had 5-10 absences or tardies within the past school/ employment year
- I have had 10 or more absences or tardies within the past school/ employment year
- I have a medical condition that requires frequent hospital stays/ excessive doctor/ clinic visits (more than 20)

If yes to 10 or more days:

Reasons why I have missed so much school/work: _____

Independent Daily Living and Self Care Skills

I am independent in daily and self-care skills- On a scale of 1-5 (1 being not very good/competent and 5 being very good/ competent) How competent are you in each of these areas:

	(-) Not Very Good/ Competent			(+) Very Good/Competent	
Cooking and nutrition	1	2	3	4	5
Budgeting	1	2	3	4	5
Handling Money/ making change	1	2	3	4	5
Taking Medication	1	2	3	4	5
Using the restroom	1	2	3	4	5
Daily Shower/ Bath	1	2	3	4	5
Appropriate amount of sleep for schedule	1	2	3	4	5

I need help with the following: (from a parent/guardian/caretaker)

	(-) I need a lot of help			(+) I don't need much help	
Cooking and nutrition	1	2	3	4	5
Budgeting	1	2	3	4	5
Handling Money/ making change	1	2	3	4	5
Taking Medication	1	2	3	4	5
Using the restroom	1	2	3	4	5
Daily Shower/ Bath	1	2	3	4	5
Appropriate amount of sleep for schedule	1	2	3	4	5

I am able to stay independently, without supervision, at home and work: Yes No

Appearance and Professional Presentation

I arrive at school and/or work daily with:

- Clean and combed hair
- Clean clothing and underwear
- Brushed teeth/oral hygiene
- I wear appropriate clothing for the weather
- I follow my school/work dress code

I am willing to follow the designated dress code of my employer including rules on:

- Appropriate clothing
- Shoes
- Facial hair
- Facial and body piercings
- Tattoos
- Jewelry
- Fingernail polish and length

Transportation

- I have reliable transportation to get to work
- I have my own car, driver's license and insurance
- I know how to use public transportation
- I'm willing to learn to use public transportation
- I use public transportation and can make my own ride appointments
- I use public transportation and another person schedules my ride appointments
- I have a family member/ care provider who is willing to provide on-going transportation
- Other transportation options _____

Appropriate Social and Behavior Skills

- I do not engage in flirting, inappropriate touching or public displays of affection such as holding hands, hugging or kissing
- I do not swear or use profanity in a school or work setting
- I show respect to my peers and co-workers
- I work cooperatively with others
- I accept correction and criticism without a negative reaction
- I have lost my temper in a school or work environment

I have displayed aggressive behavior in a school or work setting:

- Screaming or yelling
- Hitting/ Punching
- Spitting
- Kicking
- Fighting

Interpersonal Communication

- I respond when someone speaks or asks questions
- I make eye contact
- I use an appropriate tone of voice
- I engage in appropriate conversation in a school or work environment

I use appropriate body language in a school or work environment:

- No inappropriate hand gestures
- Sitting appropriately in a chair/ posture
- Respecting personal space

I use a cell phone and electronic equipment appropriately according to the school or business policy including: refraining from talking and answering the phone, texting, and listening to music

Verbal Communication

- I am easily understood by others
- I sometimes have trouble getting my message across to others
- I use adaptive equipment to communicate
- I am willing to learn to use adaptive equipment to communicate if appropriate
- I use an interpreter and/or use sign language to communicate
- I talk about the same topics over and over again

Recreational Activities

I participate in organized group activities:

- Sports _____
- Band
- Choir
- Theater
- Scouts
- Church group
- Community recreation/ Special Olympics
- Other

- I like to exercise on my own (walking, running, biking, etc.)
I exercise _____ times each week for at least 30 minutes each time

I like sit-down activities such as

- Computer or electronic games
- Watching television
- Reading
- Scrap booking
- Other _____

I have the following hobbies: _____

Physical Limitations

- I have difficulty walking

I need to use the following to help me walk/navigate

- Cane
- Walker
- Wheelchair
- Scooter
- Other _____

- I have limited use of my arms and or hands

- I have other physical limitations that may affect employment: _____

Production Rate and Work Quality

- At school or work, I get all my tasks finished on time and I turn things in by the due date
- At school or work, it is difficult to get all my tasks finished on time or turned in by the due date
- At school or work, I get most of the tasks correct
- At school, on chores or on my job my work is organized and neat

Employability Skills

- I get to school, work or other appointments on time and independently
- After lunch or break, I get back to class or work on time
- I know how to tell, and keep track of time
- I stay on task until it is finished
- If I am interrupted I can return to the task and finish it
- I can access the necessary information to fill out a paper application
- I have experience filling out an on-line application
- I know how to answer common interview questions
- I can tell my boss or co-workers ways that I learn best or tools that help me be a good worker

Please list ways that help you learn best or the tools you use to be successful at school or on the job:

Prior Work Experience

I have had a paying job(s) in my community. The places I worked were/are: _____

I have worked at my school doing: _____

I have volunteered at: _____

I do these chores at home on a regular basis: _____

I have never worked or volunteered

Please attach resume if you have one

Academic Skills

My favorite subjects in high school were/ are: _____

I like to read books for pleasure. The last book I read was: _____

I use a calculator when I do math problems or for everyday use

I like to read the newspaper and magazines for news, job hunting and other information

I like to write or keep a diary/journal

Computer/Electronic Skills

I have basic keyboarding skills and use correct typing techniques

I have basic keyboarding skills and use only two fingers (hunt and peck)

I can use Microsoft Word to create letters and other documents

I can use Microsoft Excel to create spreadsheets and other documents

I can use Microsoft Publisher to create cards, newsletters, flyers and other documents

I can use email correctly

I can access the internet to get information, find services such as map quest and use various search engines

I use a computer to play games, watch TV shows, listen to on-line streaming music, etc.

I have no computer skills

I use a cell phone to talk to others

I use a cell phone for texting

Community Supports

Who else helps to support you in your life? (E.g. DVR Counselor, Case Manager, support staff, etc.)

Name	Title	Phone Number

Problem Solving and Conflict Resolution

Please give us some examples of how you would solve these problems. *If someone writes the answers for you, have them do it on your own words.*

I missed my bus ride when I was going someplace. To get to where I was going I would do the following:

I was vacuuming and the vacuum quit working or got clogged. In order to finish my task I would do the following:

I lost my house key. In order to get in my house I would do the following:

I was using my computer and it stopped working. I would try to:

My parents or staff were not home. It was dinner time and I was hungry. What would I do?

Someone teased me or was mean to me. I would react by:

Thank you for taking the time to finish this information and checklist! We appreciate it!