









MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Menu A - Home-Delivered Meals</b> <b>**Menu B - Senior Centers Only**</b> <b>This will include all side meal components as listed</b></p>	<p><b>Suggested meal donation • \$3.00</b></p> <p> This meal is high in sodium</p> <p>See back of menu for nutrition information.</p> <p></p>	<p><b>1</b></p> <p><b>A:</b> Fish Nuggets <b>B:</b> BBQ Chicken Corn Casserole Green Beans Wheat Bread Butterscotch Pudding *Diet - Vanilla Pudding</p>	<p><b>2</b></p> <p><b>A:</b> Beef Enchilada Pie <b>B:</b> Chicken Quesadilla Casserole Black Beans Steamed Cauliflower Cinnamon Sugar Cookie *Diet - Graham Crackers</p> <p></p>	<p><b>3</b></p> <p><b>Labor Day!</b> <b>A:</b> Chipotle BBQ Diced Chicken <b>B:</b> Mustard BBQ Shredded Pork Tossed Salad Ranch Beans Whole Grain Hamburger Bun Scalloped Apples</p>
<p><b>6</b></p> <p><b>LABOR DAY HOLIDAY!</b></p> <p><b>ALL CENTERS CLOSED</b></p> <p><b>NO MEAL DELIVERY</b></p> <p></p>	<p><b>7</b></p> <p><b>A:</b> Hamburger Patty <b>B:</b> Shredded BBQ Pork Lettuce/Tomato/Onion Baked Beans Whole Grain Hamburger Bun Hot Spiced Peaches</p>	<p><b>8</b></p> <p><b>Birthday Day!</b></p> <p><b>A:</b> Oven Fried Chicken <b>B:</b> Roast Beef with Gravy Whipped Potatoes with Gravy Green Peas with Onions Wheat Roll Brownie and Sherbet *Diet-Brownie and Sherbet</p> <p></p>	<p><b>9</b></p> <p><b>A:</b> Sloppy Joe <b>B:</b> Breaded Chicken Patty Sliced Beets Green Beans Whole Grain Hamburger Bun Fresh Fruit</p>	<p><b>10</b></p> <p><b>A:</b> Potato Crusted Fish <b>B:</b> Liver and Onions Macaroni and Cheese Caribbean Vegetables Wheat Bread Lime Gelatin *Diet - Gelatin</p>
<p><b>13</b></p> <p><b>A:</b> Fajita Chicken <b>B:</b> Pork Carnitas Pinto Beans Mexican Rice with Corn Flour Tortilla Fresh Fruit</p>	<p><b>14</b></p> <p><b>A:</b> Tomato Swiss Steak <b>B:</b> Creamy Paprika Chicken Garlic Parmesan Potatoes Green Beans Wheat Bread Fruited Orange Gelatin *Diet - Fruited Gelatin</p>	<p><b>15</b></p> <p><b>A:</b> Turkey Breast with Gravy <b>B:</b> Onion Pork Loin Sweet Potato Casserole Green Peas Wheat Roll Chocolate Chip Cookie *Diet - Vanilla Wafers</p> <p></p>	<p><b>16</b></p> <p><b>A:</b> Cheeseburger Macaroni <b>B:</b> Tuna Tetrazzini Stewed Tomatoes Broccoli Texas Bread Fresh Fruit</p>	<p><b>17</b></p> <p><b>A:</b> Honey Mustard Chicken Tenders <b>B:</b> Beef with Peppered Gravy Roasted Potatoes Capri Vegetables Wheat Bread Oatmeal Cream Cookie</p>
<p><b>20</b></p> <p><b>A:</b> Meatloaf with Tomato Gravy <b>B:</b> Parmesan Fish Baked Potato Half Ranchero Vegetables Multigrain Bread Fudge Cream cookie</p>	<p><b>21</b></p> <p><b>A:</b> Chicken Alfredo <b>B:</b> Beef Pepper Casserole Cauliflower Green Beans Wheat Bread Rice Krispy Treat</p>	<p><b>22</b></p> <p><b>A:</b> Western Baked Beef <b>B:</b> Creamy Dill Chicken Whipped Potatoes Broccoli with Red Peppers Wheat Bread Tropical Fruit</p>	<p><b>23</b></p> <p><b>A:</b> Chicken Salad <b>B:</b> Tuna Salad Lemon Orzo Pasta Salad Beet Salad Club Crackers Fresh Fruit</p>	<p><b>24</b></p> <p><b>A:</b> Swedish Meatballs <b>B:</b> Smoked Sausage Delmonico Potatoes Glazed Carrots Multigrain Bread Strawberry Swirl Pudding *Diet - Vanilla Pudding</p> <p></p>
<p><b>27</b></p> <p><b>A:</b> Baked Chicken with Gravy <b>B:</b> Beef Burgundy Macaroni and Cheese Green Peas Multigrain Bread Fresh Fruit</p>	<p><b>28</b></p> <p><b>A:</b> Creole Beef Steak <b>B:</b> Creamy Cajun Pork Loin Northern Beans Catalina Vegetables Wheat Bread Graham Crackers</p>	<p><b>29</b></p> <p><b>A:</b> Turkey Rice Casserole <b>B:</b> Sausage and Spanish Rice Chuckwagon Corn Spring Vegetables Wheat Bread Chocolate Pudding *Diet - Chocolate Pudding</p>	<p><b>30</b></p> <p><b>A:</b> Chicken Parmesan <b>B:</b> Eggplant Parmesan Rotini Pasta Italian Green Beans Breadstick Raisins</p>	<p></p>