

COMMISSION ON AGING

Meeting Minutes

January 8, 2020

→ Room 1055 ←

Sunset Drive Office Building, 11811 S. Sunset Drive, Olathe, 66061

MINUTES

- Karen Weber, Chair, asked if there were any corrections needed to the November minutes. Chuck Nigro stated that the **of** on last line of paragraph 1 on page 3 needs to be changed to **for**.

The Chair called for a motion to approve the minutes with one correction. Chuck made the motion to approve minutes as corrected. Paula Hurt seconded the motion. Motion passed.

BOARD OF COUNTY COMMISSIONERS LIAISON – COMMISSIONER HANZLICK

- Board of County Commissioners (BOCC) first meeting of new year will be on January 9, 2020 and plan on discussing priorities for year.
- In December, the board approved pursuing a Community for all Ages initiative.
- On January 30, will meet and discuss budget process and priorities for the year. The board plans to continue to be an advocate for vulnerable populations which include aging. The nutrition central kitchen issue will be part of that. Board will discuss census that starts on April 2, 2020 and what the plan is on getting the word out on the process to areas that are hard to reach and addressing concerns by citizens. The census is critical for federal funding and representation in legislature.
 - Chris Osborn, Evergreen Living Innovations, asked how nursing home/assisted living residents were going to receive the census. Commissioner stated she believed they were going to go to facility but would reference the handbook that was received and let know.
 - Chuck Nigro stated that the census is very important and data impacts redistricting for how many representatives in area. Asked how homeless would be tracked for census. Commissioner stated have a committee that is working on how best to track.
 - Commissioner stated that in the previous census the most undercounted group were children under 4. Children between 13 and 17 were the most overcounted.

DIRECTOR OF HUMAN SERVICES (HSD) – DEBBIE COLLINS

- Internal auditors are doing a performance audit, mainly focusing on Housing. The department has not been internally audited since Debbie has been Director. Debbie has spent a lot of time explaining how federal funds that Human Services receive are passed on to other organizations.

➤ Budget preparation is underway and request for additional resources are due by January 10, 2020. We will be requesting additional resources for Aging department.

- Increase in county funding for Senior Care Act (SCA) program.
- Expansion of In-Home Mental Health Counseling.
- Joint project with Transit for micro-transit options in rural areas.
- Capital Improvement Program (CIP) request for central kitchen.

What is due on the 10th is just our department work product that will go to budget office to be reviewed to make sure all the numbers are correct and then request will move forward for review.

- Pam Shernuk asked for clarification on how the recommendations from the COA were different from these requests.

Dan Goodman, Area Agency on Aging (AAA) Director, stated that the SCA request was changed from \$400,000 to \$270,000 due to recommendation from county manager office. Jay Leak, Deputy AAA Director, stated that the request is for SCA supplemental money.

- Gary Scott, Silver Haired Legislature, asked about using school buses that were not full for transportation in rural areas.

Commissioner Hanzlick stated that a model that utilizes school buses was one of many looked at but due to small Transit department the county is not able to pursue at this time. But it is something that is being explored across the country.

Debbie stated that there are some micro-transit programs available in certain areas but there are none available in rural areas. This would be a pilot program and if successful would continue to expand. Transit has a vehicle that could be dedicated to this pilot and would just need a coordinator and driver. These openings would be for current vacant positions so no additional employee request, just funding for positions.

Commissioner Hanzlick went over the history of the transportation department and how there is only one person in that department at this time.

Commissioner Hanzlick stated that she recommended the department go for the full \$400,000 request for SCA and have documentation to backup request.

➤ Human Services has taken over Olathe Home Program. This will provide additional resources in the city of Olathe.

- Pam Shernuk asked why there is so much pushback from commissioners for funding a new central kitchen in the new county building being proposed at Sunset Drive location. Commissioner Hanzlick stated she was unsure why that was happening. Debbie stated she had been given the explanation that it was not a good fit for the new building.

Committee continued to discuss transportation issue and models that have been reviewed. Commissioner Hanzlick stated that in an upcoming BOCC meeting there will be an opportunity for the public to have input into transportation issues. Commissioner will let committee know when that date is set.

DIRECTOR OF AREA AGENCY ON AGING (AAA) – DAN GOODMAN

- The committee had requested a presentation on what services were provided by the AAA. Four people from various programs are here today to provide a summary of what those services are.
- Angela Pelger, Aging Program Manager, discussed the SCA assessment process. An assessment must be done before services can be provided. Clients must meet a level of care score of 26 for SCA In-Home Services such as Homemaker, Respite and Attendant Care which are the main services provided for that program. Clients also must provide information on income and assets for co-pay determination. An example is a client who has a monthly gross income of \$1,441 and has \$20,000 in assets would have a co-pay of around 40%.
 - Care plans usually consist of a couple of hours of services per week depending on needs. The overall care plan cost limit is \$1,445, which is an amount set by the state and has remained the same amount for the last 27 years.
 - Case Management is provided to some clients. They are a point person for care and have quarterly visits with client. This is usually provided for clients that have no family support or have a large need for coordination of community services.
 - All clients are contacted quarterly by phone to make sure care plan is accurate and working for them.
 - Agency also has Older Americans Act (OAA) funding for In-Home services but different qualifications for that program. This is for clients that are unable to pay the co-pay for services due to large medical expenses or not yet 65.
 - Caregiver services are provided under OAA. This is for the actual caregiver providing services to client such as child providing service to parent. It is to provide relief to the caregiver so they can continue providing that service to client.
 - If client comes to a point where it is no longer safe for the client to live at home or caregiver can no longer provide services, then a Client Assessment Referral and Evaluation (CARE) is done for pre-admission screening to nursing home. CARE is federally required, and its purpose is two-fold: it screens for mental health issues and developmental disabilities and it provides level of care score.
 - Commission Hanzlick asked what was meant by nursing home. Angela stated that it is a broad term and means where a person is going for long term permanent care. Does not apply to assisted living facilities. Karen Weber asked if CARE assessment is required for Home and Community-Based Services (HCBS) Medicaid. No, that is a functional assessment and it is separate. Karen asked how COA can help get plan of care cost of \$1,445 increased. Dan suggested advocacy to raise the Plan of Care cost issue targeting KDADS in order to change the state policy. John Smith asked question about Long-Term Care insurance and Angela referred to Insurance Commissioner.
 - Nancy Tanquary, Nutrition Program Manager, discussed the two different types of nutrition programs: congregate and home-delivered. Both are federal entitlement programs so there is no means testing and there is no income requirement.
 - Congregate program has two types: traditional, where you eat at one of the six nutrition locations and the CHAMPSS (Choosing Healthy Appetizing Meal Plan Solutions for Seniors) program.

- There are six CHAMPSS locations at various Hy-Vees throughout the county. Individuals can eat anytime Monday-Sunday from 8:00 a.m. to 7:00 p.m. Participants can choose which meal they want to eat.
- The six traditional congregate sites are located at various community centers throughout the county.
- Home-Delivered program is the largest program. The client must not be able to drive to be on this program. A noon meal is provided Monday-Friday and an additional breakfast meal is provided Tuesday-Thursday. Frozen meals are provided on Friday for clients that do not have any family support or have an additional need for extra meals. During assessment for AAA programs, it is determined if additional meals are needed.
- Clients are assessed annually, and the program is funded through the Older Americans Act (OAA).

Pam Shernuk asked what percent of the budget is from client donations. Nancy stated last year congregate had \$140,000 and home-delivered had \$150,000 in donations.

Commissioner Hanzlick asked if waiting list for programs. Nancy stated that currently Olathe has a waiting list and Merriam has had in past. Approximately 250,000 meals are served annually through Nutrition program.

- Jay Leak, AAA Deputy Director, talked about OAA programs provided by AAA.
 - Information Specialists provide information on community programs by phone, send out brochures, write articles and go out to speak in community,
 - IID-Health Promotions has Flexercise program through the Arthritis Foundation and HomeMeds that provides a review of medications by pharmacist.
 - AAA provides some funding for Best Times, a quarterly publication for county residents 60 and older.
 - IIIB-Community Services provide legal services through Kansas Legal.
 - Counseling and Interpreting/Translating is a small part of this program also.

Chuck Nigro asked how new residents find out about Best Times. Jay stated that resident can request to be added to mailing list or once become a registered voter for the county will automatically be added to the list.

Commissioner Hanzlick discussed her recent experience with legal assistance and with SHICK (Senior Health Insurance Counseling for Kansans). Dan stated that SHICK is no longer a part of the AAA.

- Dan Goodman, AAA Director talked about how the ADRC (Aging and Disability Resource Center) is not a building or department, it's a service line to call for:
 - Information – broad overview of what services are available
 - Assessment – provided for HCBS Frail Elderly Waiver and Physical Disabilities and Traumatic Brain injuries
 - Options Counseling – more detailed discussion about services provided and needs of individual.

Approximately 11,000 people were served last year through this program.

Commissioner Hanzlick asked where mental health counseling falls and Dan stated handled under Angela's group.

- AAA is funded approximately –
 - 60-65% Federal
 - 13-15% State
 - 7% County
 - 10% Program Income
 - Total budget last year was for \$4.4 million
- The ADRC was finally approved for 3 years with the possibility of two, one-year extensions. This contract is much better than the previous agreement.

COMMITTEE REPORTS

- Legislative Committee: Pam Shernuk, Chair, stated hasn't met recently and just wanted to provide update:
 - December 9, 2019 – Karen and Pam sent a joint letter to County Commissioners, County Manager and Commissioner Eilert regarding county budget concerns
 - December 10, 2019 – sent letter to Dan to be included with master service plan submitted to BOCC
 - November 18, 2019 – sent a letter to legislators per Stephanie Clayton's recommendation regarding additional SCA statewide funding. Did not receive a response from Senator Denning but Representative Ryckman responded and agreed there was an issue and asked to be reminded about it when session started. He also was forwarding information to head of Children and Seniors Legislative Committee.
 - Pam wanted to let committee know that the article Commissioner Klika had published in Shawnee Mission Post back in the fall was co-wrote by her. Paula Hurt asked, please send copies to the COA board on any information submitted on behalf of the COA, that may not have already been sent.
 - John Smith asked if there was a way to monitor bills, Pam said there is a website to follow. Dan stated he would update committee when receives information.
 - Susan Maier, CMO, stated that she attends meeting on Friday during session and if have anything coming up to just let her know.

REPORT FROM THE CHAIR - KAREN WEBER

- Karen had lunch with newest member Andrea Leavitt who was unable to make today's meeting due to prior engagement.
- Karen thanked Rusty Ryan for all his work. Kim Mann will be new chair for Outreach.
- Karen, Dan and Debbie attended Meals on Wheels meeting at MARC (Mid-America Regional Council) and there were two presenters from large Meals on Wheels program that talked about their programs and the different delivery systems they use.
- Gina Ortiz has resigned from Commission on Aging.

OLD BUSINESS

- None at this time

NEW BUSINESS

- None at this time

OPEN FORUM

- None at this time

MEETING ADJOURNED

- COA Meeting adjourned at 11:02 a.m.

Next Meeting

Wednesday, February 12, 2020

SDOB Room 1055

Sunset Drive Office Building, 11811 S. Sunset Drive, Olathe, 66061

Ridgeview Dr. & Sunset Dr. entrance

Area Agency on Aging - 913-715-8860 ♦ HSD Office - 913-715-8800