

Menu Descriptions

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Menu A: Apricot Mustard Chicken-Lightly glazed chicken topped with a sweet apricot sauce. Ingredients: chicken thigh, apricots, brown sugar, lemon juice, brown mustard, worcestershire, garlic</p> <p>Menu B: Honey Glazed Ham-A perfect piece of honey ham drizzled with a light, sweet honey glaze. Ingredients: ham, honey, lemon juice</p>	<p>Menu A: Meatloaf w/ Brown Gravy-A comfort food favorite. Beef meatloaf with brown gravy. Ingredients: beef meatloaf, brown gravy</p> <p>Menu B: Pork Loin w/ Brown Gravy-Perfectly sliced pork tenderloin served with a brown gravy. Ingredients: pork loin, brown gravy mix</p>	<p>Menu A: Cranberry Dijon Chicken-Chicken thigh with a savory cranberry dijon sauce. Ingredients: chicken, dijon mustard, cranberry sauce, onions, ketchup, brown sugar, worcestershire sauce, vinegar</p> <p>Menu B: Salisbury Steak-A tender Salisbury steak topped with a beef gravy, green peppers, and sauteed onions. Ingredients: salisbury steak, brown gravy mix, onions, green peppers, mushrooms</p>	<p>Menu A: Sloppy Joe-A favorite! Ground beef cooked in tomato sauce. Ingredients: ground beef, diced tomatoes, tomato paste, onions, green peppers, worcestershire sauce, taco seasoning, garlic & chili powder, basil leaves.</p> <p>Menu B: Breaded Chicken Patty-A tender chicken patty with a crispy crust. Ingredients-Chicken Patty</p>	<p>Menu A: Eggplant Parmesan-Breaded eggplant smothered in a tomato sauce with parmesan cheese. Ingredients: eggplant, tomato sauce, tomatoes, parmesan cheese</p> <p>Menu B: Veal Parmesan-Breaded veal smothered in mozzarella cheese and marinara sauce. Ingredients: veal, red & green peppers, tomatoes, tomato sauce, parmesan & mozzarella cheese</p>
<p>Menu A: Marinara Meatball Sub-Flavorful beef meatballs topped with a tomato marinara sauce. Ingredients: beef meatballs, marinara sauce, diced tomatoes</p> <p>Menu B: Polish Sausage w/ Sauerkraut-Smoked polish sausage with sauerkraut. Ingredients: polish sausage, sauerkraut</p>	<p>Menu A: Turkey Ham and Beans-A hearty and flavorful soup with turkey ham and beans. Ingredients: turkey ham, great northern beans, ham soup base, celery, onions</p> <p>Menu B: Stuffed Cabbage Casserole-A new take on a cabbage roll. Ingredients: white rice, ground beef, onions, garlic, tomato sauce, apple cider vinegar, brown sugar, green cabbage</p>	<p>Menu A: Oven Fried Chicken-Chicken topped with cornflakes and baked until crispy. Ingredients: chicken leg quarter, cornflakes, garlic powder, onion powder, pepper, paprika, poultry seasoning</p> <p>Menu B: Roast Beef w/ Brown Gravy-An American traditional favorite. Ingredients: Sliced Roast Beef, brown gravy mix</p>	<p>Menu A: Country Fried Steak w/ Gravy-A classic southern dish with a breaded beef patty smothered in a home-style cream gravy. Ingredients: chicken fried beef patty, biscuit gravy</p> <p>Menu B: Honey Dijon Chicken-A perfectly baked chicken thigh served with a honey dijon sauce. Ingredients: chicken thigh, orange juice, honey, dijon mustard, soy sauce</p>	<p>Menu A: Lemon Pepper Fish-A delicious wedge of battered pollock baked with tangy lemon-pepper seasoning. Ingredients: battered pollock, parsley, lemon pepper seasoning</p> <p>Menu B: Pecan Crusted Chicken-A crispy layer of pecans and breadcrumbs over a chicken breast. Ingredients: grilled chicken breast, egg, canola oil, pecan pieces, italian breadcrumbs</p>
<p>Menu A: Meatballs w/ Marsala Sauce-Delicious meatballs smothered in marsala sauce with egg noodles. Ingredients: turkey meatballs, chicken soup base, lemon juice, mushrooms, parsley, marsala wine</p> <p>Menu B: Beef Tips w/ Gravy-This delicious classic pairs beef stew meat with egg noodles. Ingredients: onions, celery, beef stew meat, brown gravy mix, garlic powder</p>	<p>Menu A: Chicken Enchilada Bake-A casserole with chicken, beans, tortillas, and cheese. Ingredients: pinto beans, chicken, corn, onions, green peppers, chili & garlic powder, whole wheat tortillas, cheddar cheese</p> <p>Menu B: Santa Fe Beef Chili-A mouthwatering chili made with spices, beans, and ground beef. Ingredients: black & pinto beans, corn, ground beef, tomatoes, tomato sauce, onions, taco seasoning, ranch dressing mix</p>	<p>Menu A: Hamburger Patty-An All-American flame broiled beef hamburger patty served with a whole grain bun.</p> <p>Menu B: Sliced Turkey & Swiss Cheese-Tender, juicy turkey with sliced swiss cheese. Ingredients: turkey, swiss cheese</p>	<p>Menu A: Creamy Garlic Chicken-A tender chicken thigh served with a creamy garlic sauce. Ingredients: margarine, garlic powder, milk, chicken soup, chicken thigh</p> <p>Menu B: Tuscan Pork Roast-Juicy roast flavored with garlic and rosemary. Ingredients: pork loin, tomatoes, tomato sauce, onions, rosemary, oregano, basil, garlic, garbanzo beans, parmesan & monterey jack cheese</p>	<p>Menu A: Potato Crusted Fish-A flavorful cod patty breaded and baked until golden brown. Ingredients: cod patty, potato flakes</p> <p>Menu B: BBQ Beef Brisket-Tender beef brisket served with barbecue sauce. Ingredients: beef brisket, vinegar, tomato paste, ketchup, chili & garlic powder, liquid smoke, onions, celery, brown sugar, yellow mustard, red</p>
<p>Menu A: Chicken Tortilla Soup-A flavorful chicken soup. Ingredients: black beans, chicken soup base, chicken, onions, corn, tomatoes, green chiles, garlic, oregano, chili powder, cilantro, lemon juice</p> <p>Menu B: Turkey Ham and Beans-A hearty and flavorful soup with turkey ham and beans. Ingredients: turkey ham, great northern beans, ham soup base, celery, onions</p>	<p>Menu A: Beef Pot Roast w/ Gravy-A classic favorite with tender beef, onions, celery, and brown gravy. Ingredients: beef, onions, celery, brown gravy mix</p> <p>Menu B: Balsamic Brown Sugar Chicken-A chicken breast with a sweet and tangy balsamic brown sugar sauce. Ingredients: chicken, brown sugar, balsamic vinegar, soy sauce</p>	<p>Menu A: Creamy Paprika Chicken-A chicken thigh served with a rich and creamy chicken sauce. Ingredients: onions, paprika, chicken soup base, chicken thigh, mushroom soup, sour cream, parsley</p> <p>Menu B: Beef Burgundy-Beef simmered in a sweet and savory burgundy sauce. Ingredients: beef, onions, carrots, garlic, thyme, burgundy cooking wine, tomato paste, diced tomatoes, mushrooms</p>	<p>Menu A: Green Pepper Casserole-Beef and rice with sauteed green pepper and onions. Ingredients: onions, green peppers, ground beef, tomatoes, white rice, worcestershire sauce, cheddar cheese</p> <p>Menu B: Chicken & Dumplings-Hearty combination of tender chicken and dumplings cooked with a creamy gravy. Ingredients: flour tortilla, gravy mix, chicken, celery, onions</p>	<p>Menu A: Spinach Lasagna-Ingredients: onions, mushrooms, garlic, basil, oregano, parsley, tomatoes, tomato paste, spinach, cottage cheese, eggs, nutmeg, garlic powder, parsley, lasagna pasta, mozzarella & parmesan</p> <p>Menu B: Beef Ziti-A cheesy beef pasta dish. Ingredients: ground beef, tomato paste, onions, basil, oregano, green peppers, penne pasta, mozzarella & parmesan cheeses</p>
<p>Menu A: Beef Chili with Beans-A Chili made with spices, beans, and ground beef. Ingredients: kidney beans, ground beef, diced tomatoes, onions, chili & garlic powder, cayenne pepper, cumin, tomato paste</p> <p>Menu B: Cajun Chicken and Sausage Pasta-A zesty mix of chicken, sausage, pasta, and vegetables. Ingredients: polish sausage, celery, onions, green peppers, diced tomatoes, garlic powder, basil, thyme, oregano, paprika, pasta, chicken</p>	<p>Menu A: Creamy Pesto Chicken-Flavorful chicken with a creamy pesto sauce. Ingredients: chicken thigh, olive oil, lemon juice, parsley, garlic, basil, milk</p> <p>Menu B: Roast Beef w/ Brown Gravy-An American traditional favorite with sliced roast beef and gravy. Ingredients: roast beef, brown gravy mix</p>	<p>Menu A: Beef Spaghetti-Pasta noodles combined with ground beef, cheese, and italian seasoning. Ingredients: ground beef, spaghetti, onions, green peppers, tomatoes, tomato paste, garlic powder, basil, worcestershire sauce, thyme, oregano, cheddar cheese.</p> <p>Menu B: Chicken Parmesan-A breaded chicken patty smothered in marinara sauce and cheese. Ingredients: breaded chicken patty, tomato sauce, diced tomatoes, parmesan & mozzarella cheese</p>	<p>Menu A: Florida Glazed Chicken-A juicy chicken thigh glazed with a sweet and savory sauce. Ingredients: chicken thigh, orange juice, soy sauce, pepper, garlic powder, ginger</p> <p>Menu B: Beef Jardinine-A flame broiled beef patty served with a savory brown gravy mix. Ingredients: beef patty, onions, green peppers, carrots, green peas, brown gravy mix</p>	<p>Menu A: Tilapia w/ Lemon Caper Sauce-A wedge of perfectly baked fish served with a velvety lemon caper sauce. Ingredients: tilapia, lemon juice, capers, margarine, paprika, garlic powder, parsley</p> <p>Menu B: Dijon Herb Pork Loin-Herb rubbed sliced pork tenderloin served with a dijon mustard sauce. Ingredients: rosemary, thyme, garlic, lemon juice, pork loin, chicken soup base, red wine vinegar, dijon mustard, parsley, chives, basil</p>

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<p>Menu A: Sliced Turkey Breast w/ Gravy-A delicious cutlet of turkey served with brown gravy. Ingredients: turkey breast, brown gravy mix</p>	<p>Menu A: Fajita Chicken-Seasoned chicken cooked with peppers and onions. Ingredients: onions, green pepper, fajita chicken, red peppers</p>	<p>Menu A: Cranberry Orange Chicken-A juicy chicken thigh served with a tangy, sweet cranberry orange sauce. Ingredients: mandarin oranges, cranberry sauce, sugar, cinnamon, chicken</p>	<p>Menu A: Beef & Broccoli-Tender beef and broccoli in a soy sauce. Ingredients: beef, soy sauce, beef soup base, olive oil, broccoli</p>	<p>Menu A: Baked Fish w/ Creamy Dill Sauce- A wedge of perfectly baked Swai fish with a creamy dill sauce. Ingredients: Swai fish, sour cream, dill, margarine</p>
<p>Menu B: Liver and Onions-A dish with caramelized onions and sliced liver smothered in brown gravy. Ingredients: brown gravy mix, beef liver, garlic powder, onions</p>	<p>Menu B: Pork Carnitas-Tender pulled pork served with a tortilla and mild picante sauce.</p>	<p>Menu B: Mushroom Chopped Steak-A savory Salisbury steak topped with beef gravy, peppers, and mushrooms. Ingredients: beef, brown gravy mix, mushrooms, red peppers, green peppers, garlic powder, parsley</p>	<p>Menu B: Chicken Ratatouille-A classic French dish served with chicken and summer vegetables. Ingredients: diced chicken, zucchini, green peppers, onion, garlic, basil, parsley, tomatoes, eggplant, mushrooms</p>	<p>Menu B: Oven Fried Chicken-A juicy chicken breast topped with cornflakes and baked until crispy. Ingredients: chicken breast, cornflakes, garlic powder, onion powder, pepper, paprika, poultry seasoning</p>