



# CHAMPSS

## Newsletter

Fall 2018

Number 9

### Johnson County Area Agency on Aging-Nutrition Program

11811 S. Sunset Drive  
Suite 1300  
Olathe, KS 66061

913-715-8894  
Fax: 913-715-8828

Email:  
[HSA-CHAMPSS@jocogov.org](mailto:HSA-CHAMPSS@jocogov.org)

Website: [www.jocogov.org](http://www.jocogov.org)

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### CURRENT LOCATIONS

13400 W 87<sup>th</sup> St. Parkway, Lenexa  
6655 Martway St, Mission  
18101 W. 119<sup>th</sup> St, Olathe  
8501 W 95<sup>th</sup> St, Overland Park  
7620 State Line Rd, Prairie Village  
13550 W. 63<sup>rd</sup> St. Shawnee

**! REORDER FORMS CAN BE FOUND AT THE STORES !**

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### Donations in excess of \$4.00

benefit those who are unable to contribute.

No one is denied service due to inability to donate.

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### MEAL HOURS ARE:

Breakfast: 8a.m. to 11a.m.

Lunch/Dinner: 11a.m. to 7p.m.

- We have hired Stephanie French as the CHAMPSS co-coordinator and we are very excited to have her join our team! She is a former high school Spanish teacher and has worked for an international non-profit organization. You will hear her friendly voice and get to know her whenever you need to call the CHAMPSS line. Her phone number is the CHAMPSS number, which is [913-715-8894](tel:913-715-8894).
- Si habla español, Stephanie puede hablar con Usted.
- Thank you to everyone who sent in their CHAMPSS survey! We appreciate your feedback and have included Champy's answers to many of your questions.
- We cleaned up our email, so if you haven't received emails from us recently and would like to, please email [HSA-CHAMPSS@jocogov.org](mailto:HSA-CHAMPSS@jocogov.org) your correct email, and we will include you in our distribution list. We have plans to send an additional newsletter electronically once a year.

***Happy Anniversary to us! CHAMPSS has been serving the Johnson County area for 10 years!***

### FYI...

\*\*\*The last five years we have been able to keep the suggested donation at \$3.50/meal. In order to sustain our program and meet operational costs, we will be raising the suggested donation to \$4.00 on December 1, 2018.

\*\*\*If your CHAMPSS card has not been used in a year, or you haven't turned in your annual paperwork, your card will be deactivated. If this happens and you wish to use your card again, please call the office at 913-715-8894.

## Neighborhood Senior Center Meals

Neighborhood Senior Centers offer nutritional lunches Monday-Friday and breakfast Tuesday, Wednesday and Thursday. Just call the day before and make a reservation by 10am. The following is the link to the meal menus and nutritional information

<https://jocogov.org/dept/human-services/area-agency-aging/nutrition-services/neighborhood-centers>



### NEWS FROM CHAMPY

You can now check your CHAMPSS meal balance where you order meals online! Go to <https://www.jocogov.org/dept/human-services/area-agency-aging/nutrition-services/champss>

**Family members may order meals for you as a gift anytime!**



**1.** Please include an order form with your donation check. Do not write the number of meals on your check. We need your name, CHAMPSS # and the # of meals to place your order. **2.** Please remember to bring your CHAMPSS card to the store. **3.** Be sure to mail in your annual registration form to remain on the program. The state of Kansas requires it. Only the highlighted sections need to be completed.  
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**Next year's survey will only be emailed electronically.** If you haven't shared your email with us and want to participate, please call us to update your account.

### Did you know these menu options are available to you?

- For lunch, a chicken or pork quesadilla
- For dinner, a BBQ chicken quarter
- Some new vegetables, such as green bean almondine, corn, fresh steamed vegetables and cold Chop Chop salad (broccoli, cauliflower, carrots, celery with ranch dressing).
- A side salad from the salad bar with the Italian meals (please see descriptions on menu sheet.)
- A half low sodium turkey sandwich with soup
- Updated Chinese meals (see attached flyer)
- \*The Fiesta chicken salad is no longer available from Dilusso.