We have hired Stephanie French as the CHAMPSS co-coordinator and we are very excited to have her join our team! She is a former high school Spanish teacher and has worked for an international non-profit organization. You will hear her friendly voice and get to know her whenever you need to call the CHAMPSS line. Her phone number is the CHAMPSS number, which is 913-715-8894.

Si habla español, Stephanie puede hablar con Usted.

Thank you to everyone who sent in their CHAMPSS survey! We appreciate your feedback and have included Champy’s answers to many of your questions.

We cleaned up our email, so if you haven’t received emails from us recently and would like to, please email HSA-CHAMPSS@jocogov.org your correct email, and we will include you in our distribution list. We have plans to send an additional newsletter electronically once a year.

Happy Anniversary to us! CHAMPSS has been serving the Johnson County area for 10 years!

***The last five years we have been able to keep the suggested donation at $3.50/meal. In order to sustain our program and meet operational costs, we will be raising the suggested donation to $4.00 on December 1, 2018.

***If your CHAMPSS card has not been used in a year, or you haven’t turned in your annual paperwork, your card will be deactivated. If this happens and you wish to use your card again, please call the office at 913-715-8894.
**Neighborhood Senior Center Meals**

Neighborhood Senior Centers offer nutritional lunches Monday-Friday and breakfast Tuesday, Wednesday and Thursday. Just call the day before and make a reservation by 10am. The following is the link to the meal menus and nutritional information  
https://jocogov.org/dept/human-services/area-agency-aging/nutrition-services/neighborhood-centers

**NEWS FROM CHAMPY**

You can now check your CHAMPSS meal balance where you order meals online! Go to  
https://www.jocogov.org/dept/human-services/area-agency-aging/nutrition-services/champss

Family members may order meals for you as a gift anytime!

**IMPORTANT**

1. Please include an order form with your donation check. Do not write the number of meals on your check. We need your name, CHAMPSS # and the # of meals to place your order.  
2. Please remember to bring your CHAMPSS card to the store.  
3. Be sure to mail in your annual registration form to remain on the program. The state of Kansas requires it. Only the highlighted sections need to be completed.

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**Next year’s survey will only be emailed electronically.** If you haven’t shared your email with us and want to participate, please call us to update your account.

**Did you know these menu options are available to you?**

- For lunch, a chicken or pork quesadilla
- For dinner, a BBQ chicken quarter
- Some new vegetables, such as green bean almondine, corn, fresh steamed vegetables and cold Chop Chop salad (broccoli, cauliflower, carrots, celery with ranch dressing).
- A side salad from the salad bar with the Italian meals (please see descriptions on menu sheet.)
- A half low sodium turkey sandwich with soup
- Updated Chinese meals (see attached flyer)
- *The Fiesta chicken salad is no longer available from Dilusso.*