Judy Johnson presented a power point entitled **CHAP-CHIP Developing the Plan**. The presentation can be found at [https://www.jocogov.org/dept/health-and-environment/health/chap](https://www.jocogov.org/dept/health-and-environment/health/chap), under the Community Health Assessment and Health Improvement Plan button. It is a refresher of the steps that should be taken to determine good strategic goals and strategies and how to develop action steps that will lead to results.

The group broke out into the three different work groups with assignment of creating 1-2 SMART objectives.

**Summary Notes from Physical Activity and Nutrition group**

**Objective** – Create 1-2 SMART objectives. Although we arrived at a SMART objective toward the end, the bulk of our limited time together focused primarily on brainstorming ideas that could ultimately become objectives. Ideas generated from the brainstorming included:

- **Complete Streets Program**
  - Resolutions passed in Leawood, Roland Park and JOCO
  - Resolutions/initial work in progress in Olathe and Overland Park
- **Create an event focusing on existing JOCO asset such as livable communities/neighborhood**
  - Local food focus (farmer’s markets, etc)
  - Ride/bike to event
- **Use as awareness/kick off type of event possibly to tie-in with Complete Streets effort or other program launch**
- **Safe Routes to Schools**
- **Promote/develop Walking School Bus routes**
- **JOCO Library as host for community forum(s) on whatever objectives/projects we eventually choose**

**General thoughts about chosen project(s) and how to increase chances for effectiveness**

- Focus on one community at a time rather than JOCO as a whole
- Environment/culture makes an impact on chosen project and how it is carried out
- Assess what is already working/not working before making final project decisions
- Assess business/community support and assets before making final project decisions
- Tackle projects in small, manageable pieces
- Piggy back on existing assets/events such as Shawnee Days, Old Settlers, Lenexa Spinach Festival, etc.
- Focus on low/no cost projects when possible
- Consider sustainability and ability to replicate in other communities
Resources for review
General references for further education on topics listed/related to above. Not all inclusive but a starting point for those wanting to explore program ideas.

Safe Routes to Schools - [http://www.saferoutesinfo.org](http://www.saferoutesinfo.org)

Teaching Gardens - [http://www.heart.org/HEARTORG/GettingHealthy/HealthierKids/OurPrograms/American-Heart-Association-Teaching-Gardens_UCM_424713_Article.jsp](http://www.heart.org/HEARTORG/GettingHealthy/HealthierKids/OurPrograms/American-Heart-Association-Teaching-Gardens_UCM_424713_Article.jsp)

KC Healthy Kids - [www.kchealthykids.org](http://www.kchealthykids.org)


Greater KC Food Policy Coalition - [https://www.kchealthykids.org/program/kansas-city-food-policy-coalition/](https://www.kchealthykids.org/program/kansas-city-food-policy-coalition/)

Complete Streets – [www.completestreets.org](http://www.completestreets.org)


**Access to Care Task Group**

<table>
<thead>
<tr>
<th>DATE: AUGUST 15, 2012</th>
<th>JOHNSON COUNTY SUNSET DRIVE BUILDING</th>
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<tbody>
<tr>
<td>ATTENDED</td>
<td>NAME</td>
</tr>
<tr>
<td>X</td>
<td>Nicole Strombom</td>
</tr>
<tr>
<td>X</td>
<td>Joan Cabell</td>
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<tr>
<td>X</td>
<td>Arthur Smith</td>
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<td>X</td>
<td>Lori Bonnstetter</td>
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<td>X</td>
<td>Lauren Davis</td>
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<td>Catherine Satterwhite</td>
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<td>Vince Vandehaar</td>
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<td>X</td>
<td>Deb Whiteman</td>
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<td>X</td>
<td>Andrew Battles</td>
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<td>X</td>
<td>Cindy Galemore</td>
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<tr>
<td>X-new</td>
<td>Randy Lopez</td>
</tr>
</tbody>
</table>

- "X" marks attended participants.
- "new" indicates new participants or updates.
| X  | Stacy Panagakis | De Soto Unified School District | spanagakis@usd232.org |
| X-new | Shari Tedford | Johnson County Health Department | shari.tedford@jocogov.org |
| X-new | Jacque Amspacker | Medical Society/WyJo Care | medicine@msjwc.org |
| X-new | Regina Johnson | Kansas University School of Nursing | rjohnson2@kumc.edu |

### Minutes

- **Breakout Sessions from CHA/CHIP large group to identify strategic issues, create goal statements, identify strategies to achieve goals.**
  - Action plans – What, Who, and How including a timeline
  - Measurable Objective – SMART
  - Establish Accountability

- **Review Survey Results**
  - Surveys emailed to the group after CHA/CHIP meeting.

- **OUTCOMES BASED PLANNING WORKSHEET**
  - Dental
  - Enrollment in entitlement programs
  - Specialty services
  - Communication – access to resources
  - Planning Worksheet to be completed and returned to Deb Whiteman by Monday 1-30-12
    - Dental – Cindy Galemore
    - Enrollment in entitlement programs – Lauren Davis
    - Specialty services – Jacque Amspacker
    - Communication – access to resources – Deb Whiteman

### Actions

- TBA

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**Mental Health/Substance Abuse Work Group Minutes**

**Attendees:** Carol Roeder-Esser, Jamie Katz, Heather Schoonover, Larry Katzif, Diane Hendricks, Kristen Harth, Jennifer Sykes, Amy Tarwater-Gaston, Lougene Marsh, Kevin Kovach, Kimberly Herndon, *Social worker from SMSD?*

**Our Objectives:**

1. Johnson County residents will increase their utilization of Johnson County’s mental health/substance abuse prevention and early intervention resources.

2. Johnson County residents will experience improved awareness and access to Johnson County’s mental health/substance abuse services and resources.
3. Johnson County mental health providers will report an increase in communication and collaboration between area agencies.

**New Strategy Ideas:**
- Jennifer Sykes with the Health Care Foundation (HCF) suggested that we interact with the Regional Healthcare Initiative process at MARC.
- HCF has funding available for mental health issues. We would need to send them a letter of intent by March to apply for these funds.
- Opportunity for continuing education classes at JCCC
- Marillac is open to sponsoring/supporting our efforts
- Regional Prevention Center has several MH/SA programs that are for youth and parents, such as “Guiding Good Choices” and “Strengthening Families”.
- Suggestion to make children and young adults 24 years of age and younger our target population
- Suggestion to make parents another target population

**Questions that were raised:**
- Do we want to focus on autism even if it is not technically a mental disorder? Several members at the table thought that we should. If so, how?
- Do we want to focus on bullying behavior?
- How do we want to focus on reducing the stigma of mental health disorders?
- How do we want to focus on practice and policy changes?
- What is our target group? Is it the same for every objective?
- Are our objectives measurable? How will we measure our success?
- How do we want to begin this process? Focus on one objective or one target population?

*Our next meeting will be on Tuesday, February 28th from 8:30 – 10:30 am at the Sunset Office Building, 11811 S. Sunset Drive Olathe, KS 66062, Room 1055.*