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### **JCDHE updates quarantine protocol**

**(JOHNSON COUNTY, KANSAS – December 3, 2020)** The Johnson County Department of Health and Environment (JCDHE) is updating its quarantine recommendations for individuals who are close contacts of positive COVID-19 cases. These recommendations follow the recently announced CDC quarantine protocol. The Kansas Department of Health and Environment announced yesterday that counties in Kansas can choose to adopt the CDC’s revised guidance on the length of quarantines.

For those individuals identified as a close contact, the new recommendations include:

- If close contacts get a PCR COVID-19 test on day 5 or later after being exposed to a COVID-19 case, and they are negative and have no symptoms, they must quarantine for 7 full days and may return to activities on day 8.
- If close contacts do not get tested after being exposed to a COVID-19 case, and they have no symptoms, they must quarantine for 10 full days and may return to activities on day 11.
- Due to high risk situations, residents in long-term care facilities, assisted living facilities and prisons are not eligible for the shortened quarantine period.

**All close contacts should self-monitor for the entire 14 days from exposure and seek testing if symptoms develop.**

“Quarantining and testing are important components in the understanding and controlling of the virus in our community. Even if someone does not have symptoms, we still recommend anyone exposed to COVID-19 to consistently and correctly wear a mask, keep distance from those not in your household and wash hands frequently” states Dr. Sanmi Areola, JCDHE director.

For more information, including additional data about COVID-19 in Johnson County, visit [www.jocogov.org/coronavirus](http://www.jocogov.org/coronavirus).

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Video statement by Dr. Sanmi Areola about updated quarantine guidelines:

<https://wetransfer.com/downloads/d41ff175469c521e7749d26e2822ac3320201203151004/37c2dcc429440aa3703c6bae48cfb5b220201203151005/d356bb>